

## Workshop

### 'Identifying Behavioral & Cognitive Issues in Children'

A teachers' workshop on Identifying Behavioral & Cognitive Issues in Children was conducted on Friday, 7 March 2025 at The Air Force School, Subroto Park. The session was led by Ms. Neelam Srivastava, an esteemed expert in child psychology and education. The workshop aimed to equip teachers with the knowledge and skills to recognize early signs of behavioral and cognitive difficulties in students, enabling timely intervention and support.

Ms. Srivastava began the workshop by emphasizing the crucial role teachers play in identifying and addressing learning and behavioural challenges in children. She explained the difference between behavioral and cognitive issues, providing real-life examples to help teachers understand how these challenges manifest in the classroom.

Key topics covered included:

- Common Behavioural Issues: Attention Deficit Hyperactivity Disorder (ADHD), Oppositional Defiant Disorder (ODD), anxiety, and emotional dysregulation.
- Cognitive Challenges: Learning disabilities such as dyslexia, dyscalculia, and executive functioning deficits.
- Effective Intervention Techniques: Classroom strategies, positive reinforcement, and collaboration with parents and specialists.

The workshop was highly engaging, with interactive case studies and group discussions. Teachers shared their experiences and concerns, seeking practical solutions to challenges they encounter in their classrooms. Ms. Srivastava provided valuable insights and demonstrated simple assessment techniques that educators can use to identify students needing additional support.

