

WORKSHOP ON CARDIOPULMONARY RESUSCITATION (CPR)

On October 4, 2024, a workshop on **Cardiopulmonary Resuscitation (CPR)** was conducted for the students of Class IX and XI. The session was hosted by **Wg Cdr G. Vardraj**, who brought a wealth of knowledge and experience to the topic.

The workshop was designed to be interactive, encouraging students to participate actively throughout the session. Wg Cdr Vardraj shared the fundamentals of CPR, emphasizing its critical importance in emergency situations. Through engaging discussions and demonstrations, students learned not only the techniques of CPR but also the confidence to act in real-life scenarios.

Overall, the session was highly enriching, leaving students informed and inspired about the life-saving skills they had acquired.





