BREAK THE SILENCE - SAY NO TO BULLYING

EVENT: Speak Up, Stand Strong – Anti-Bullying Session
DATE: 23 October 2026
CONDUCTED FOR: Class 4B

As part of the Anti-Bullying Campaign, a counselling session on *Bullying and Self-Safeguarding* was conducted for Class IV-B on 23 October. The students watched *Chuppi Todo*, a short film by UNESCO New Delhi in collaboration with CBSE.

The session helped students recognise different forms of bullying and understand their impact on mental health and academic performance. It also encouraged them to speak up, seek help from trusted adults, and contribute towards creating a safe, respectful and supportive school environment.



