

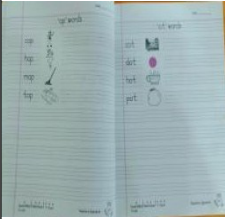
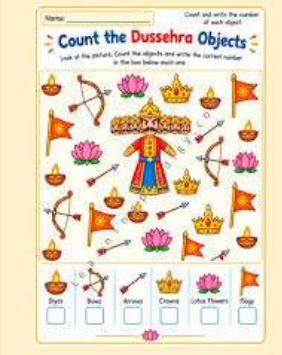
TIME TABLE (KINDERGARTEN)

THEME: FESTIVALS

DAYS	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains	Positive Habits	Physical Development	Language & Literacy Development		Numeracy	Aesthetic Development	Socio-Emotional Development
MONDAY (05.10.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Gratitude Sharing Singing	TAEKWONDO Students will participate in basic taekwondo exercises and improve balance ,coordination, and self discipline 	WORD OF THE DAY FESTIVAL Meaning : <i>A special day when people celebrate their culture and have fun.</i> ENGLISH <u>L-1</u> <i>Introduction of 'o' sound words 'ob' , 'od' and 'og' words with the help of their sounds eg: job,rod,dog etc.</i> 	L U N C H B R E A K	BACKWARD COUNTING FUN Students will receive number flashcards and, as their numbers are called, they will come forward and arrange themselves in descending order. Once the line is complete, they will loudly revise the backward counting together, adding a fun twist by moving forward and backward while counting. 	THE TEN HEADS OF RAVANA Students will create the ten heads of Ravana in their scrap files with the help of their teacher. They will also learn about the significance of the ten heads and understand what they represent, such as different negative qualities that one should overcome.  Happy Dusseera	MENTAL HEALTH WEEK <u>MY WELL-BEING PLEDGE</u> Students will take a Well-Being Pledge in the classroom with the guidance of their teacher. The pledge will encourage them to take care of their mind and body, speak kindly to themselves and others, express their feelings, help their friends, develop good habits, and seek help from trusted adults whenever needed. Through this activity, students will learn the importance of self-care, kindness, emotional expression, empathy, and positive thinking.

TUESDAY (06.10.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	DANDIYA DANCE FUN Students will participate in a joyful Dandiya dance session and learn simple, age-appropriate Dandiya steps along with their teacher. They will practise the steps with their peers to the beats of festive Dandiya songs, building rhythm, coordination, confidence, and teamwork while enjoying the spirit of Navratri together. 	WORD OF THE DAY GIFT Meaning : <i>Something that you give to someone,present.</i> HINDI L-2 Introduction of vyanjan 'र'and 'य' with its related objects. ➤ रथ, रस्सी, राजा, रानी, रात ➤ यज्ञ,योग,यात्रा  	L U N C H B R E A K	SAVE IT OR SPEND IT The teacher will divide the class into four groups and each group will be given a few paper coins. Then, the teacher will present simple everyday situations, such as, "You have 5 coins and want to buy a pencil for 2 coins. Will you spend the coins or save them?" 	CLAY DIYA CREATIONS Students will make beautiful diyas using clay. By molding they will express their creativity while enhancing their fine motor skills. 	MENTAL HEALTH WEEK- STORY SESSION MIMI'S CLOUDY DAY Students will be engaged in an interactive storytelling session using colourful puppets and different characters. Mimi feels sad and upset when her colourful tower falls down. With Bobo's support, she learns to pause, breathe, express her feelings, and ask for help . Together, they try again and successfully rebuild the tower. Students will learn that all feelings are okay and it is important to talk about them. They will learn simple ways to manage big emotions, seeking help when needed, and understanding that mistakes and setbacks are a part of learning and trying again .
-----------------------	------------------------------	---	---	---	---	---	--	--

WEDNESDAY (07.10.26)	Free Play (Settling Time)	Welcome	MENTAL HEALTH WEEK	WORD OF THE DAY BLESSING Meaning :	L U N C H B R E A K	ROCKET COUNTDOWN	HOPE YOU STAY HAPPY	CELEBRATE WITH CARE – SAY NO TO NOISE POLLUTION
		Cleanliness Checkup	YOGA FOR MENTAL WELL-BEING To observe Mental Health Week , students will participate in a fun yoga session involving simple yoga poses and deep-breathing exercises along with their teacher. Yoga will help children relax their minds, improve focus, manage emotions, reduce stress, and feel calm and happy , promoting overall mental well-being.	A thing that you are grateful for/that brings happiness Sight Words in Our Daily Life Students will be introduced to simple sight words such as <i>I, am, is, the, my, and, to</i> through fun flashcards, pictures, and familiar sentences. They will identify the words and practise using them in simple sentences related to their daily life , such as “I am happy” or “This is my bag.” Through repetition and interactive activities, students will understand what sight words are, where they are used, and how they help us read and speak easily.		The teacher will turn backward counting into a rocket-launch game. Children will stand or sit and pretend to be astronauts. The teacher starts with a number, such as 10, and the children count backwards together: 10, 9, 8, 7...1, 0! On each number, they can slowly bend down or move their hands like a rocket preparing for launch. When they reach 0, everyone says “Blast off!” and jumps up.	To celebrate Mental Health Week , students will complete a face picture in their Art & Craft file by drawing an expression that shows how they are feeling today —happy, sad, excited, worried, calm, or any other emotion. Through this creative activity, children will identify and express their feelings while learning that every emotion is important and okay.	Students will understand the harmful effects of noise pollution during Dussehra and other festivities through an engaging story, followed by a discussion. They will learn how loud noises affect children, elderly people, animals, and the environment , and explore ways to celebrate peacefully using diyas, rangoli, decorations, music at a safe volume, and eco-friendly celebrations.
		Prayer & Group Singing						

THURSDAY (08.10.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	MOVE, GROOVE & STAY ACTIVE An aerobics session will be conducted where students will move and groove to fun, energetic songs while trying simple new exercises along with their teacher. The activity will help children develop physical strength, coordination, flexibility, and stamina while keeping them active. It will also refresh their mind and body, making exercise a joyful and enjoyable experience. 	WORD OF THE DAY CELEBRATE <i>Meaning : To enjoy a special day or event with happiness.</i> ENGLISH L-1 <i>Introduction of 'o' sound words 'ot', 'op' and words with the help of their sounds eg: pot, top, mop, cot etc.</i> 	DUSSEHRA I SPY – LOOK, FIND & COUNT Students will explore a colourful Dussehra festival scene and become little “Festival Detectives”! They will carefully observe the picture, spot different objects, and count them—bows and arrows, glowing diyas, people watching the Ramlila, sweets, and other festive elements. The teacher will ask simple “I Spy” questions to encourage children to observe, identify, count, and describe what they see, making picture comprehension fun and interactive. 	MY ROYAL CROWN Students will be given a paper strip to create a crown inspired by the traditional crown worn by Lord Rama. They will decorate their crowns by drawing and colouring different shapes and patterns creatively. At the end, children will wear their handmade crowns and enjoy pretend play as kings, queens, or royal characters, encouraging creativity, imagination, and self-expression. 	MENTAL HEALTH WEEK- MINDFUL LISTENING GAME Students will participate in fun mindful listening games to develop their focus and attention. They will listen carefully to different sounds, instructions, and cues. Children will practise staying quiet, calm, and attentive while listening. ACTIVE LISTENING 
------------------------	---------------------------------	---	--	--	---	---	--

FRIDAY (09.10.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	MENTAL HEALTH WEEK- FREEZE THE FEELING Students will participate in the fun “Freeze the Feeling” game to explore and express different emotions. They will act out feelings such as happy, sad, excited, or surprised through facial expressions and body movements. When the teacher says “Freeze,” children will pause and hold their expressions. 	WORD OF THE DAY DECORATE <i>Meaning :</i> <i>To make something look beautiful.</i> HINDI L-2 Introduction of vyanjan 'ल' with its related objects. ➤ लड्डू, लड़का, लड़की ➤ लहसुन, लकड़ी  PAPER CRUMBLING Students will be given a large outline of the Hindi vyanjan 'ल' along with a picture of a laddu. They will decorate the laddu using orange paper balls while repeatedly saying “ल से लड्डू” to reinforce the sound, recognition, and vocabulary associated with the vyanjan 'ल'.	L U N C H B R E A K	COUNT AND COLOUR RAVANA'S TEN HEADS Students will colour a Dussehra-themed worksheet depicting Lord Rama defeating Ravana and will count Ravana's ten heads while colouring them beautifully. Along with the activity, children will revise number names from 1 to 10, strengthening their numeracy skills in a fun festive context. 	ASSEMBLY (FESTIVAL) Celebrating Festivals Together A special Assembly on ‘Festivals’ will be conducted where students will sing festive songs and dance to the tunes of different celebrations. Children will learn about and celebrate festivals from different faiths and cultures, such as Diwali, Gurpurab, Eid, Christmas, and other festivals. Through music, dance, and joyful participation, students will understand the importance of respecting all religions and celebrating diversity. The activity will reinforce the message that different cultures and traditions come together to make India beautiful—“Unity in Diversity.” 
------------------------------	--	---	---	--	---	--	--