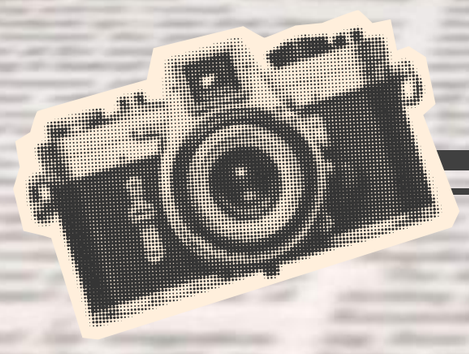
VOLUME 1
ISSUE 3

Credence Blooms

SEPTEMBER 2026

WHAT'S IN MY HAPPINESS BAG?

IF YOU COULD FILL A BAG WITH HAPPINESS, WHAT WOULD YOU PACK?







family

Friends



TOYS



Food



FUN





Happy Together

VOLUME 1
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Credence Blooms

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TO OUR WONDERFUL YOUNG LEARNERS AND FAMILIES.....







Welcome to the third edition of Credence Blooms – Early Years Wellbeing Journal!

As we begin Term 2, we are delighted to welcome our young learners back with a theme that celebrates the little things that bring joy to their lives – "What's in My Happiness Bag?"

If happiness could fit inside a bag, what would you pack? Perhaps a warm hug from Mum and Dad, time with friends, a favourite toy, a special story, a delicious treat, a happy memory, or simply something that makes you smile!

Through this edition, our young learners have shared the people, places, activities, memories, and little things that make them feel happy, loved, safe, and special. Each contribution is a beautiful reminder that happiness can look different for every child and can often be found in the simplest moments.

At Credence High School, we believe that encouraging children to recognise and express what brings them joy supports their emotional awareness, self-expression, gratitude, and overall wellbeing. Credence Blooms provides our learners with a space to celebrate their individuality while strengthening the connection between home and school.

We extend our heartfelt appreciation to our young learners, parents, and teachers for bringing this edition to life through their creativity and enthusiastic participation.

As we step into a new term, may we all remember to carry our own little "Happiness Bag" with us – filled with smiles, kindness, friendships, love, and moments that make each day brighter.

Here's to a happy and fulfilling Term 2!

With warm wishes,

Department of Inclusion & Wellbeing – Early Years

Credence High School





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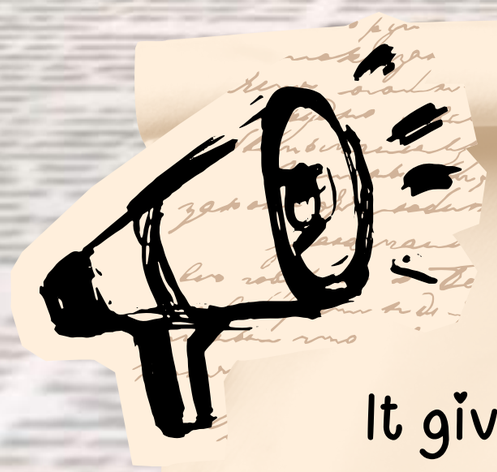
FROM SUPERVISOR'S DESK...





Dear Parents and Young Learners,

It gives me great pleasure to present the third edition of Credence Blooms – Early Years Wellbeing Journal, based on the joyful theme, "What's in My Happiness Bag?"

Through this edition, our young learners have beautifully shared the people, moments, and little things that bring happiness to their lives. Encouraging children to recognise and express what makes them happy helps nurture their emotional wellbeing, confidence, and gratitude.

I sincerely appreciate our young learners, parents, teachers, and the Department of Inclusion & Wellbeing for their enthusiastic participation and support.



Wishing everyone a happy and fulfilling Term 2 filled with kindness, learning, friendships, and lots of smiles!

Warm wishes,
Ms. Dhanalaxmi
Early Years Supervisor
Credence High School





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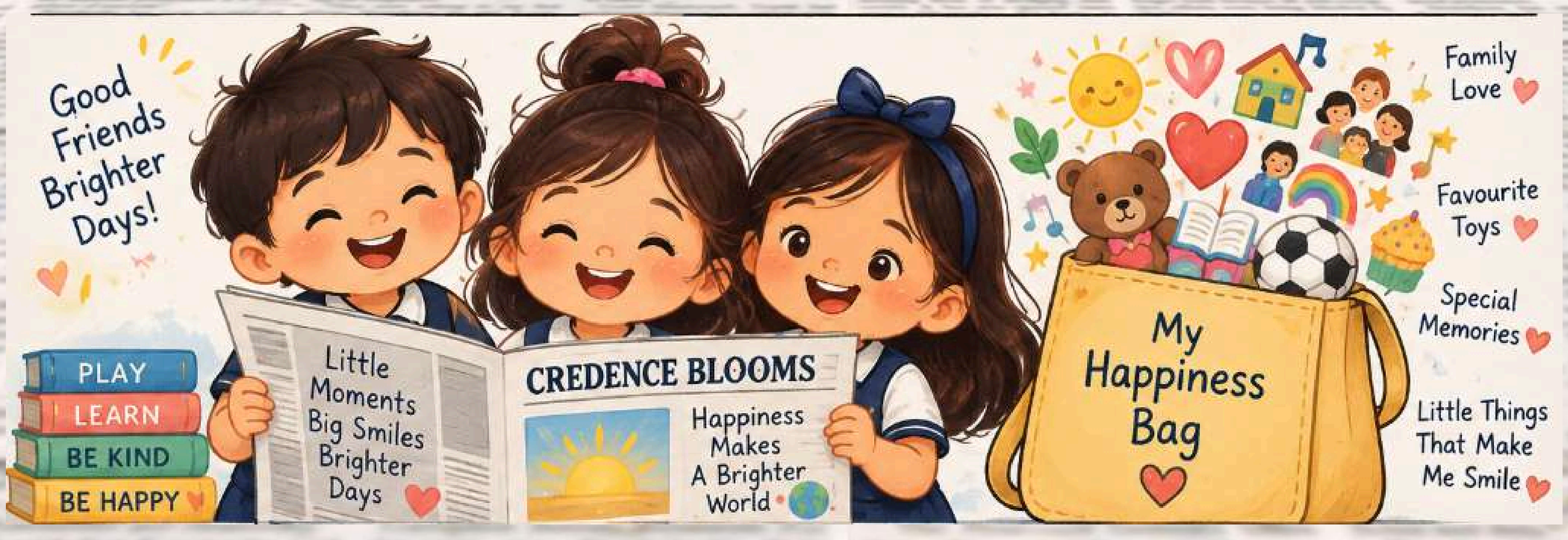
LITTLE MOMENTS... BIG SMILES... BEAUTIFUL MEMORIES...



EXCLUSIVE: OUR LITTLE LEARNERS REVEAL WHAT'S INSIDE THEIR HAPPINESS BAGS!





BREAKING NEWS

BREAKING NEWS

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BREAKING NEWS

PRE KG

BREAKING NEWS



Alfred
PRE KG A



Tanya Prakash
PRE KG A



Swarg
PRE KG B



Prisha Saanivi
PRE KG B



Aaryan
PRE KG B



Niranj
PRE KGA



Zehra
PRE KG B

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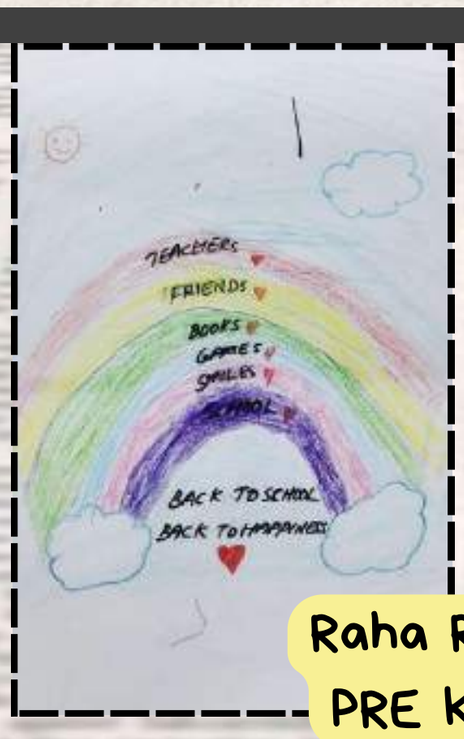
BREAKING NEWS

PRE KG

BREAKING NEWS



Taksh
PRE KG C



Raha Rahul
PRE KG C



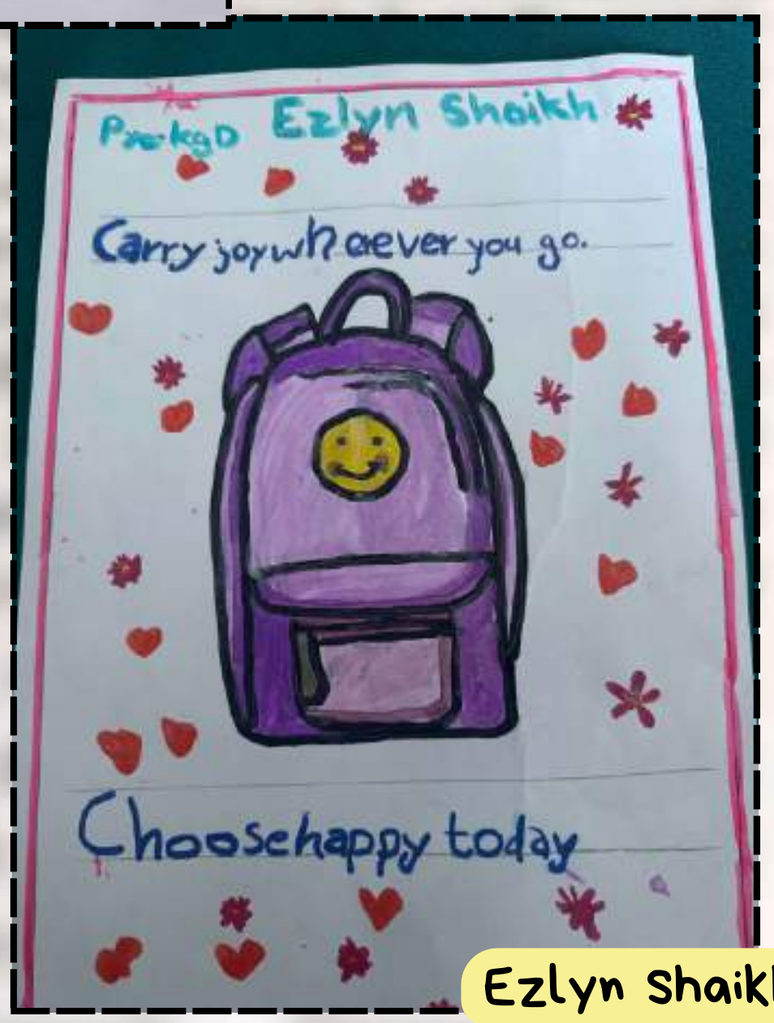
SB Sthevaan Beryl
PRE KG D



Alishba
PRE KG C



Araham
PRE KG C



Ezlyn Shaikh
PRE KG D



Saatvik
PRE KG D



Sivabhadra
PRE KG D

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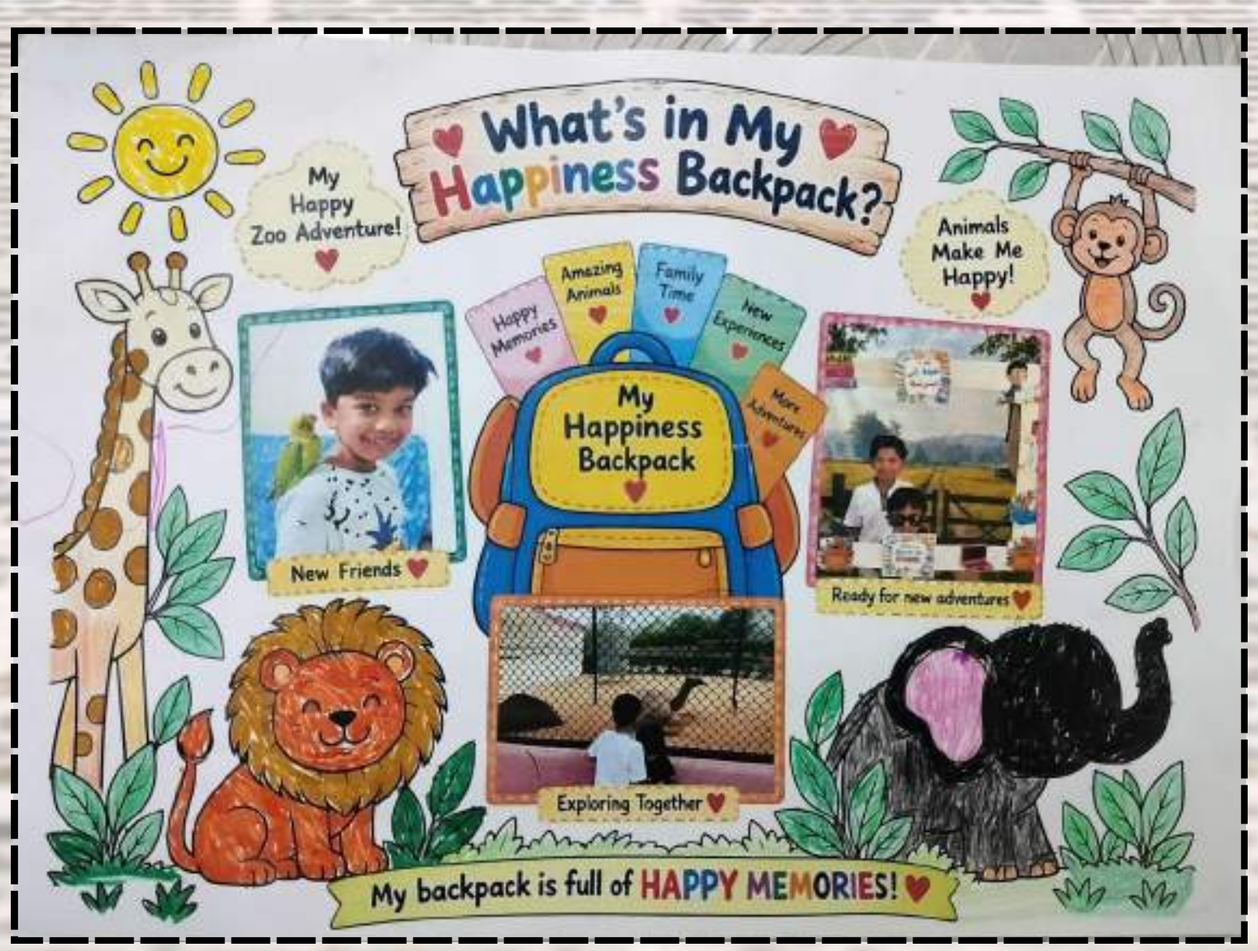
BREAKING NEWS

KG 1

BREAKING NEWS



Vamika Nyrah
KG 1B



Yuvaan Jijesh
KG 1A



Hayah
KG 1A



Fiza Shamhul
KG 1A



Iza Rijo
KG 1A



Yashvi Gupta
KG 1B

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KG 1

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Manishka P.S
KG 1B



Rithuvika
KG 1B



Taksh Sharma
KG 1C



Mishka Verma
KG 1C



Vamika Arjun
KG 1D



Shri ram
KG 1E

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KG 1

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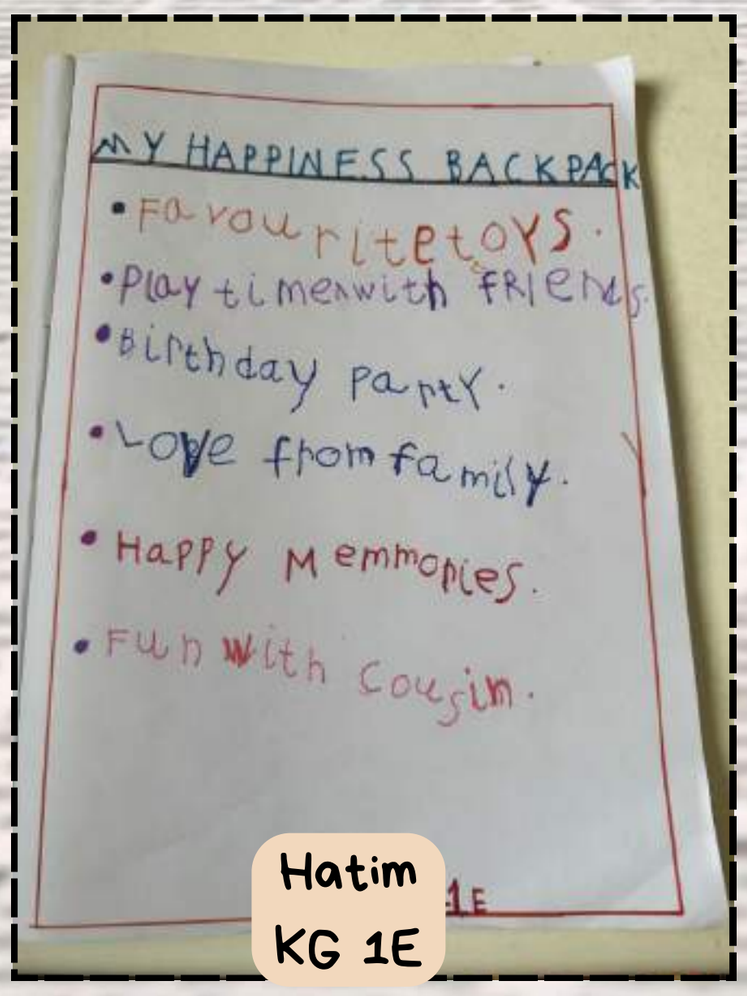

Hatim
KG 1E



Dhanshika
KG 1F



Aadhiran Thangapandi
KG 1F



Vedhanvi
KG 1F



Aaradhya Singh
KG 1F





Shazwa Tahzib
KG 1G





Jayden Ajay
KG 1G

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Aahil
KG 1G



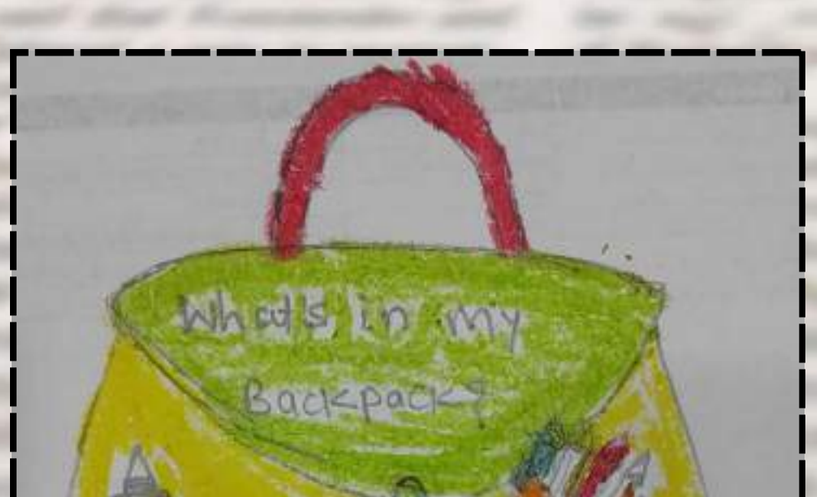
Musa Naeem khan
KG 1H



Adhvik Singhal
KG 1H



Aanya Kafle
KG 1H



Arvee Pawar
KG 1I



Neiza Tanwar
KG 1H



Advaith Urlana
KG 1H

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KG 1

BREAKING NEWS



Ethan
KG 1|



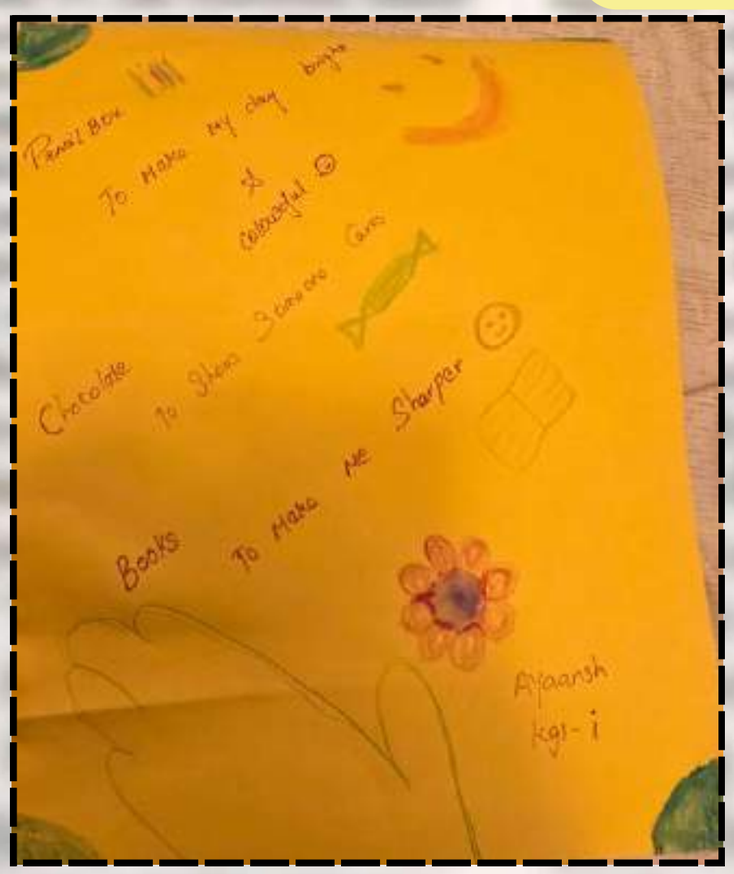
Takshvi Nagdeo
KG 1 |



Thea Mangal
KG 1 |



Shiv Nath
KG 1 |



Ayaansh
KG 1|



Fathima
KG1 |

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BREAKING NEWS

KG 2

BREAKING NEWS



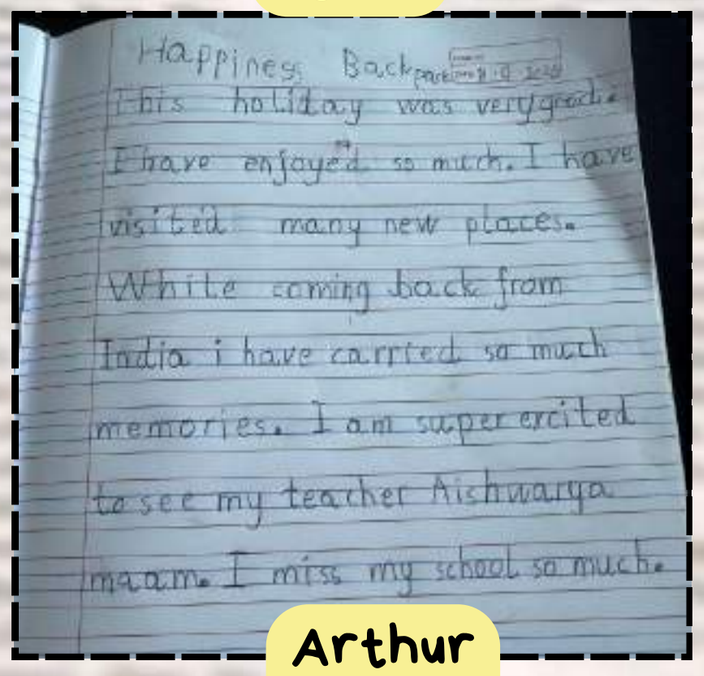
Evan Kannan
KG 2A



Nirvaan
KG 2A



Sirshtika Prabakaran
KG 2A



Arthur
KG 2A



Heeya
KG2B



Chinmay Nanda
KG 2A



Dishaansh Verma
KG 2B



Mohamed Hanaf
KG2B



Ivaanka
KG 2C

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KG 2

BREAKING NEWS



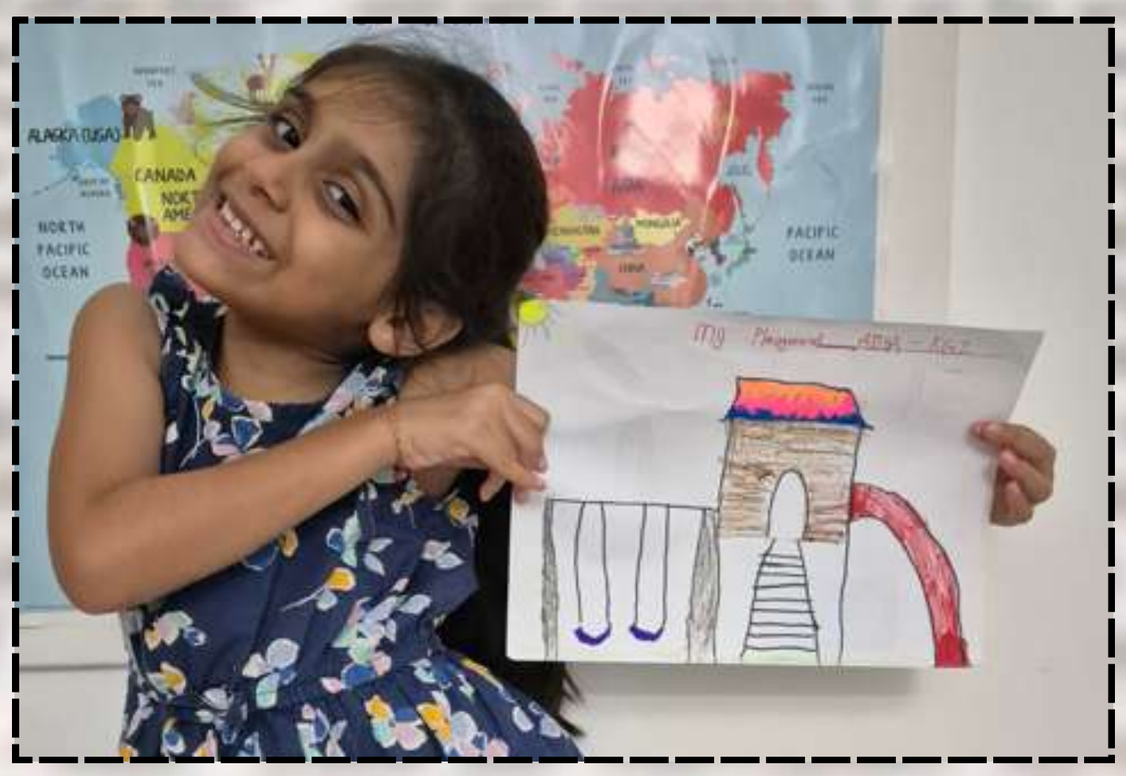
Anmay Aneesh
KG 2D



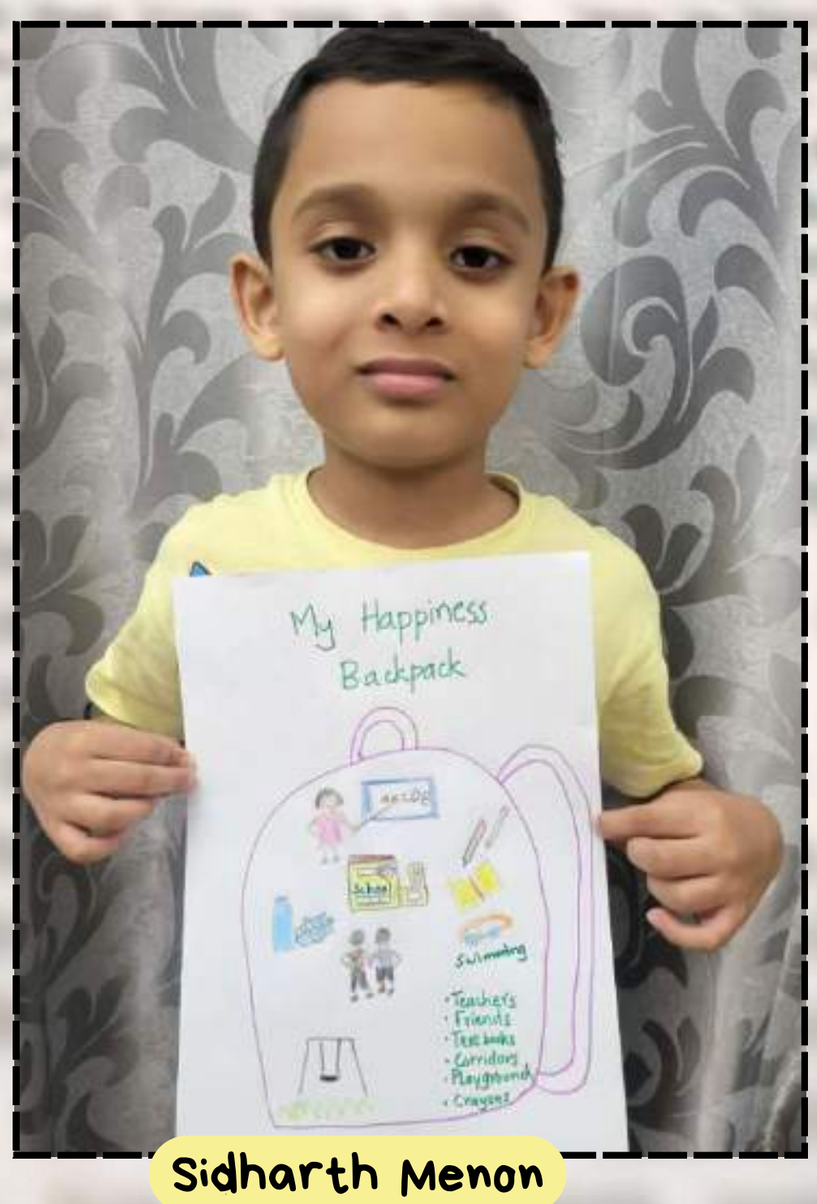
Rudransh
KG 2D



Viraaj
KG 2E



Aisha Jhaveri
KG 2E



Sidharth Menon
KG 2F

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KG 2

BREAKING NEWS



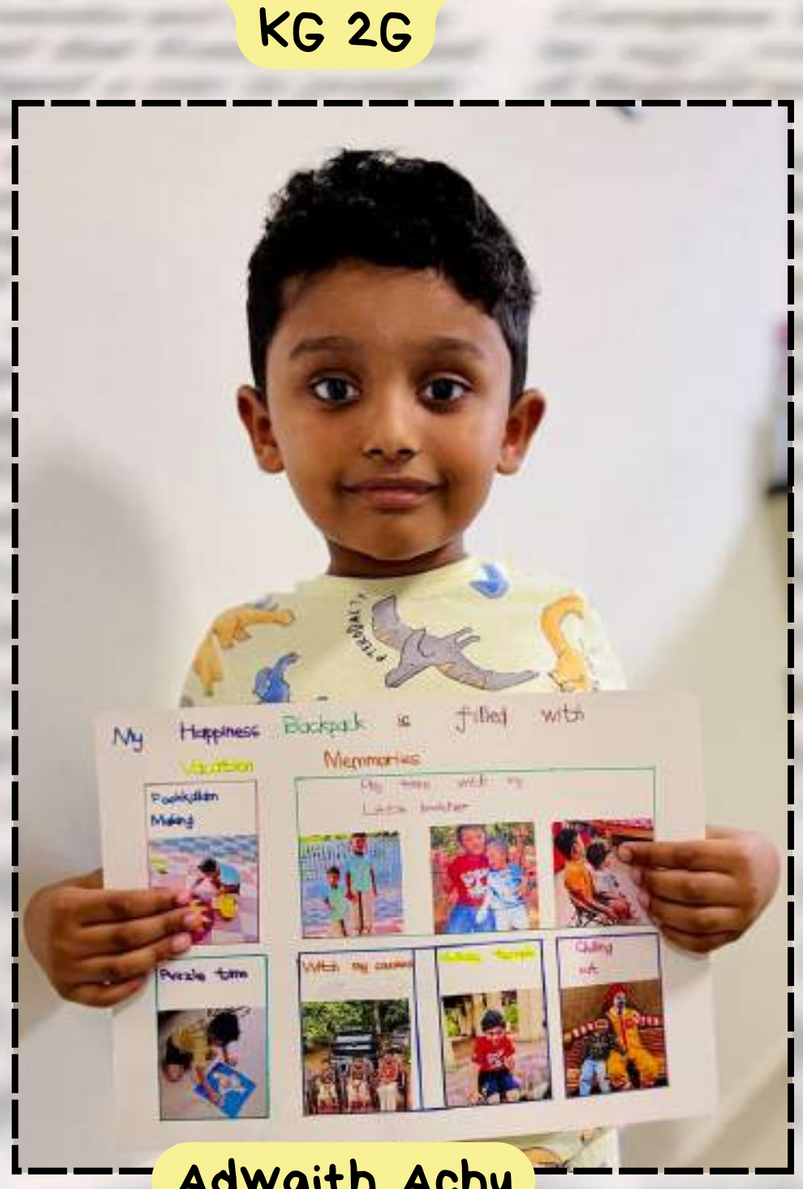
Rudra Tikoo
KG 2G



Anmay Harsha Kumar
KG 2G



Aadhya Yerramilli
KG 2G



Adwaith Achu
KG 2G



Devmi Kunhi
KG 2G



Linah
KG2H



Mirha
KG 2G

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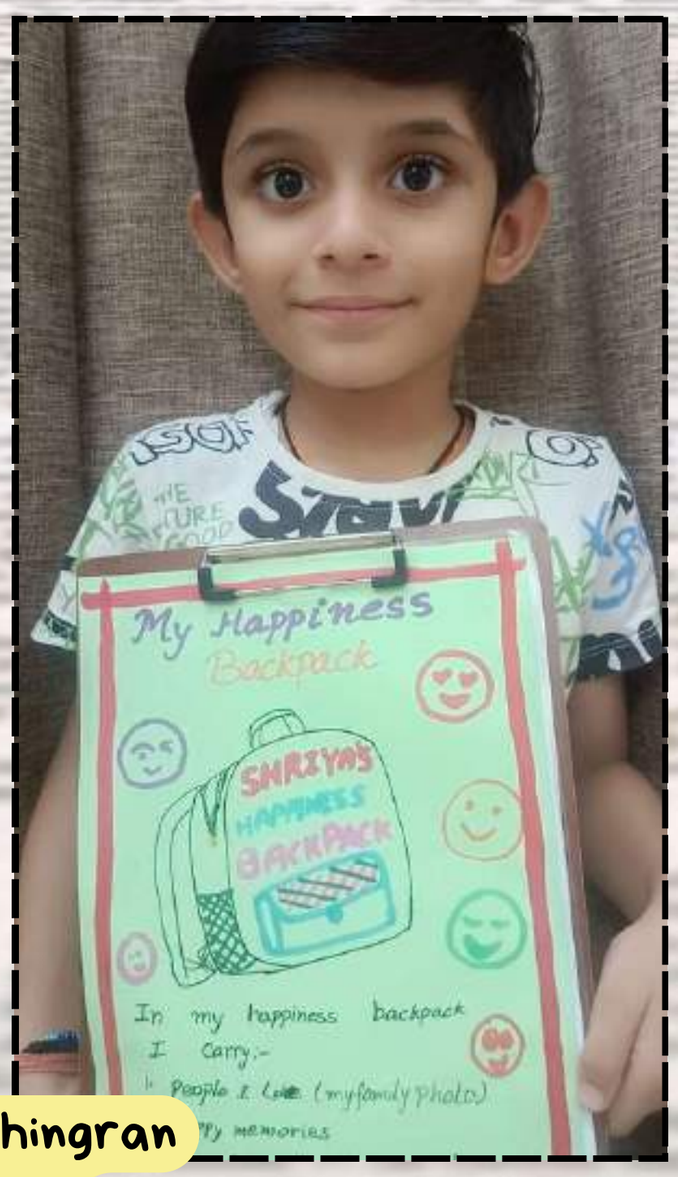
KG 2

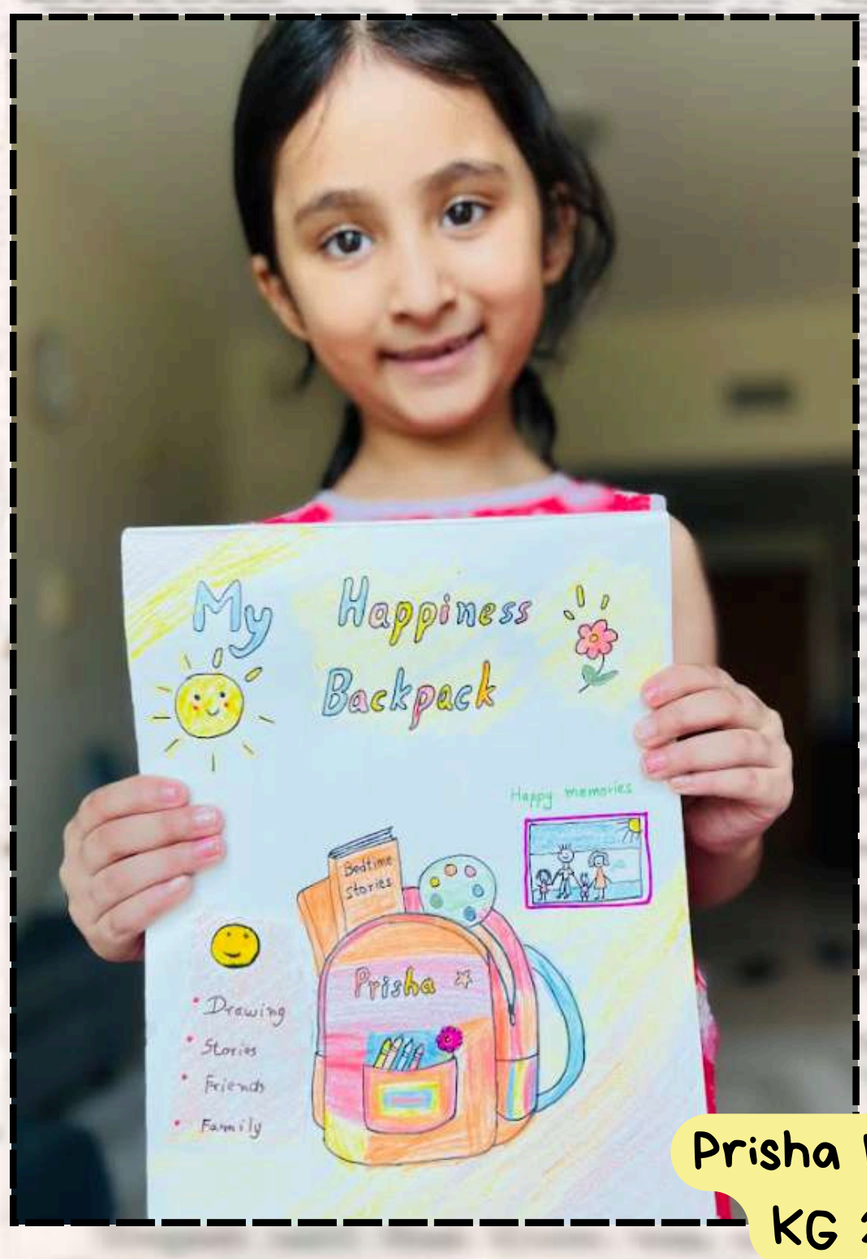
BREAKING NEWS



Zayan
KG 2H



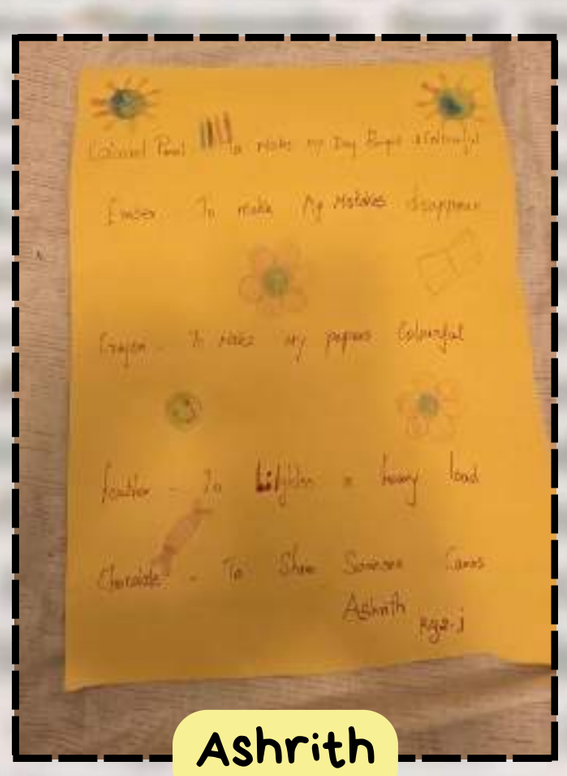
Shriyan Jhingran
KG 2H



Prisha Bisht
KG 2I



Miha Chikne
KG 2 I



Ashrith
KG 2J



Nedhya
KG2J



Hyzin KG 2J

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GRADE 1

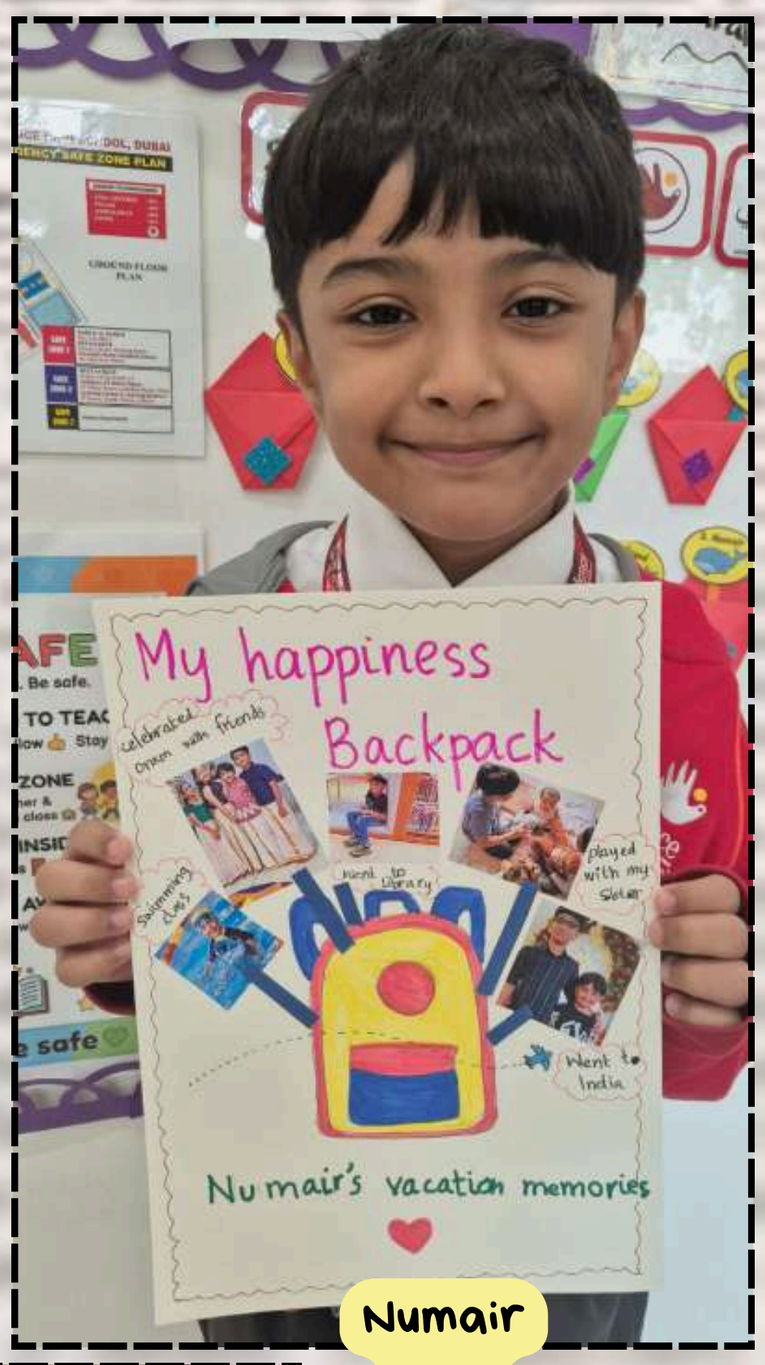
BREAKING NEWS



Aditi Sarah
1A



Kyan Hamged
1A



Numair
1 B



Satvika
1A



Sivajith. S.M
1 A



Insiya Murtaza
1B



Hareem Fatima
1 A



Zayed
1B

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GRADE 1

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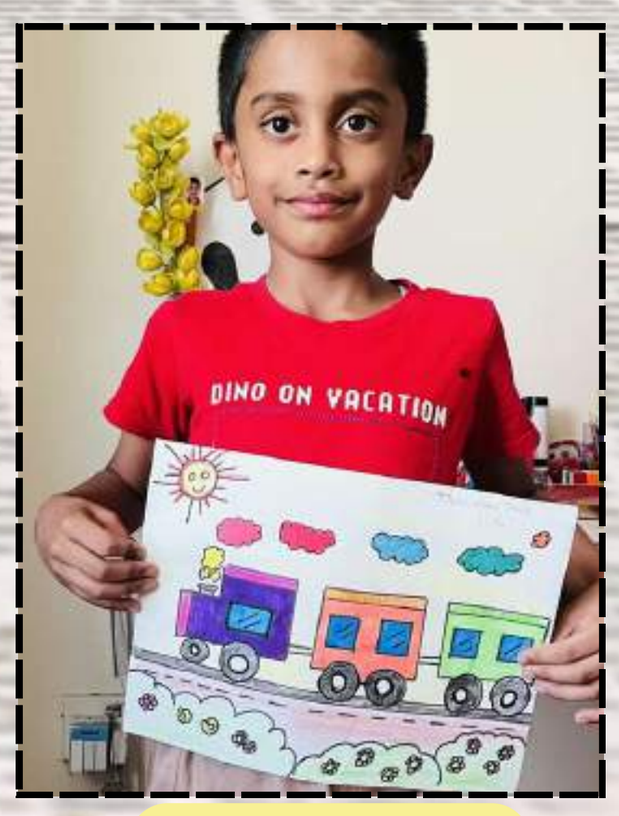
Ziyana Farzin
1C



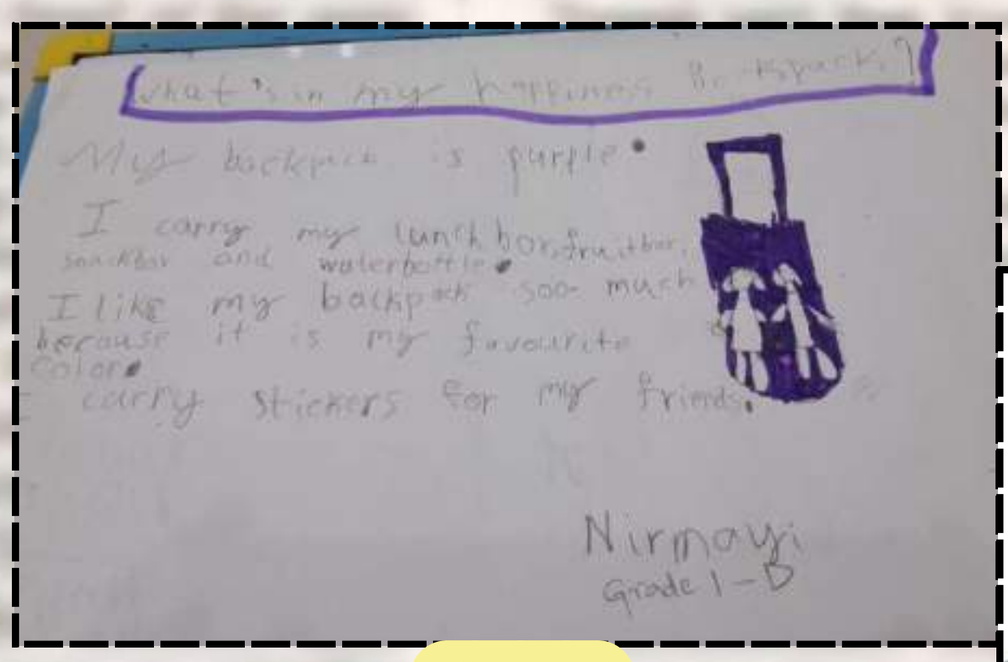
Upasana
1C



Thakshan Yash
1C



Haeksha Ann Bianka
1D



Nirmayi
1D



Jayed Mir
1D

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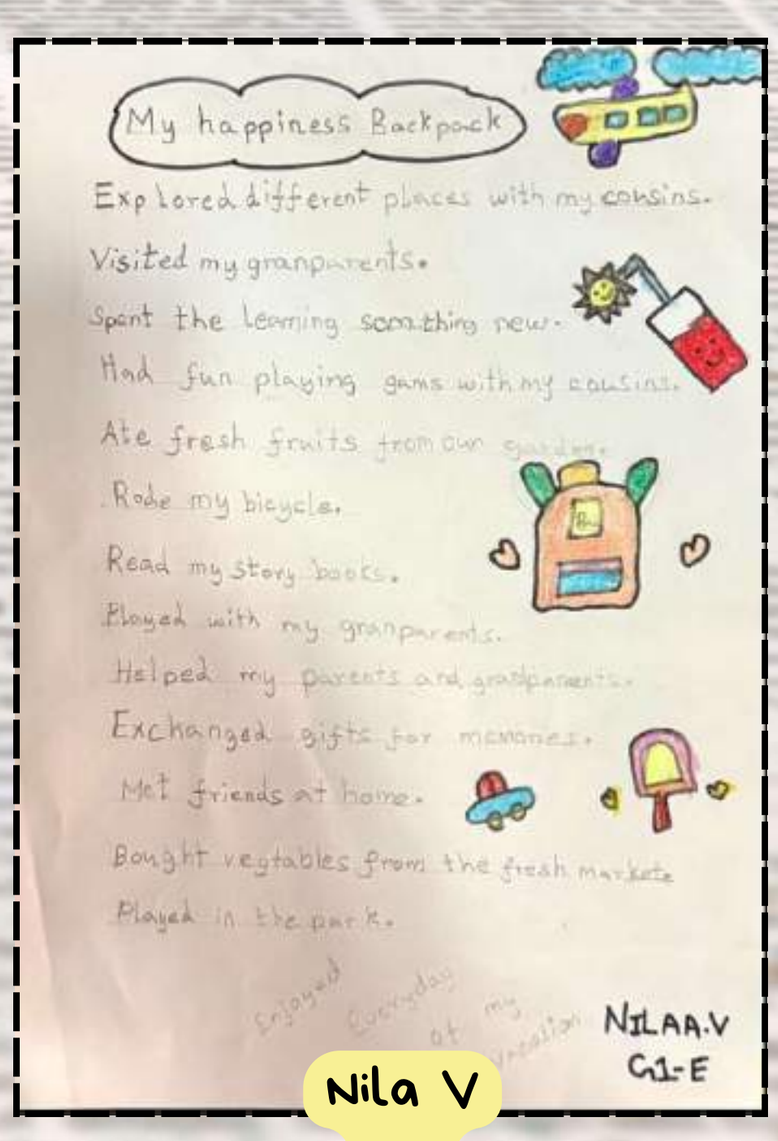
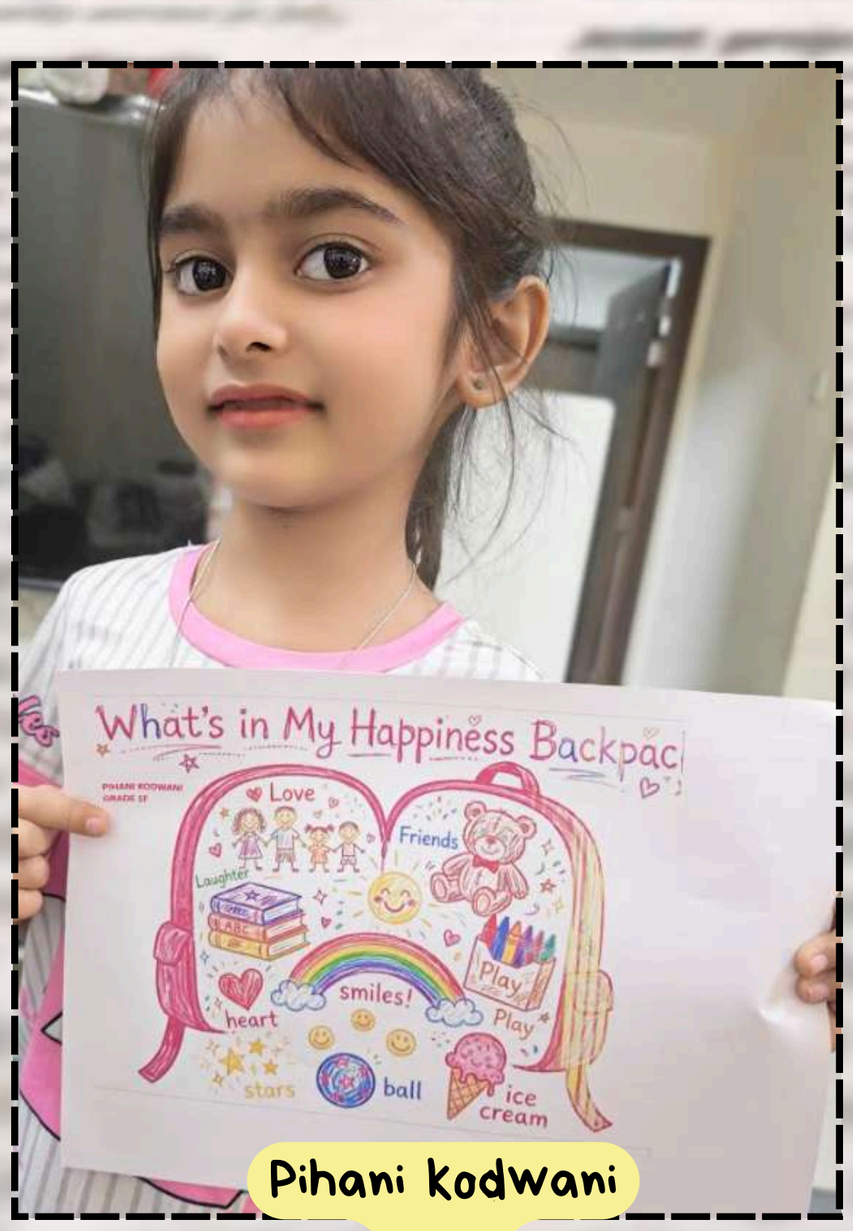
Aanvi
1E



Divit Singh
1E



Nila V
1E



Pihani kodwani
1 F



Jennifer Rose
1G



Devika M Menon
1H



Samaira
1G

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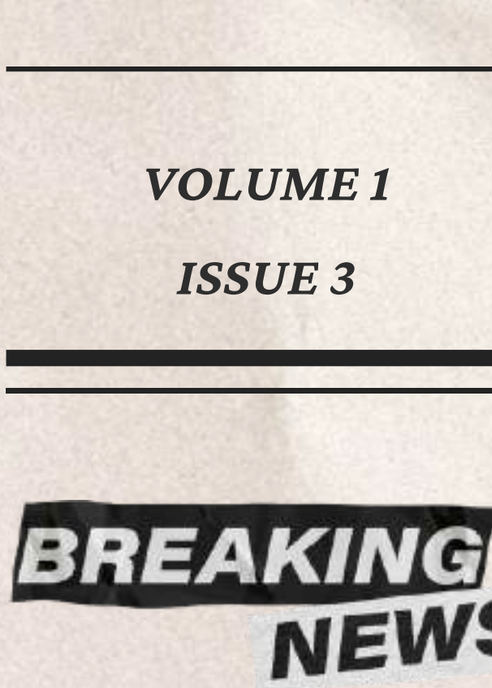
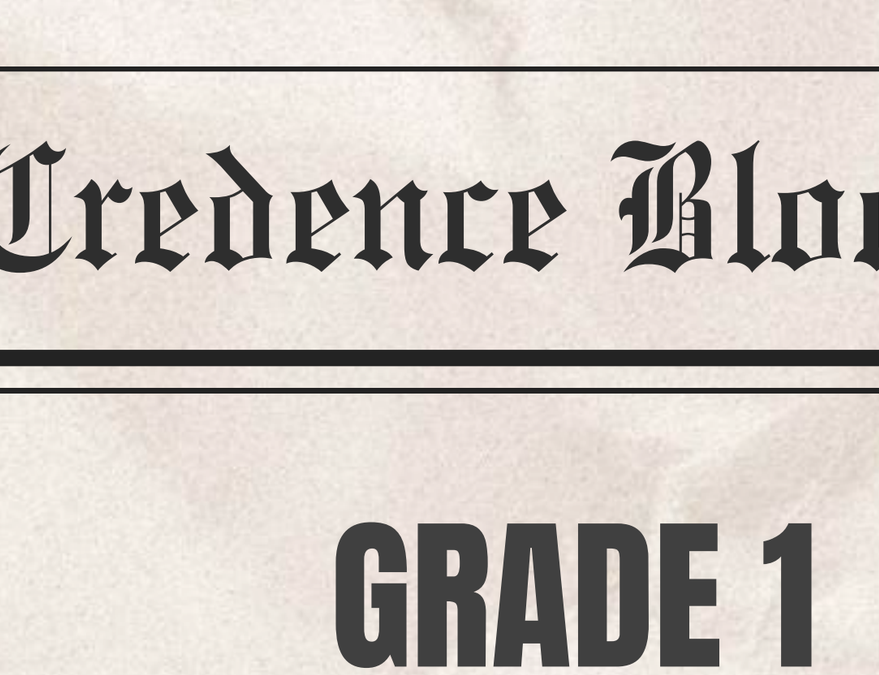
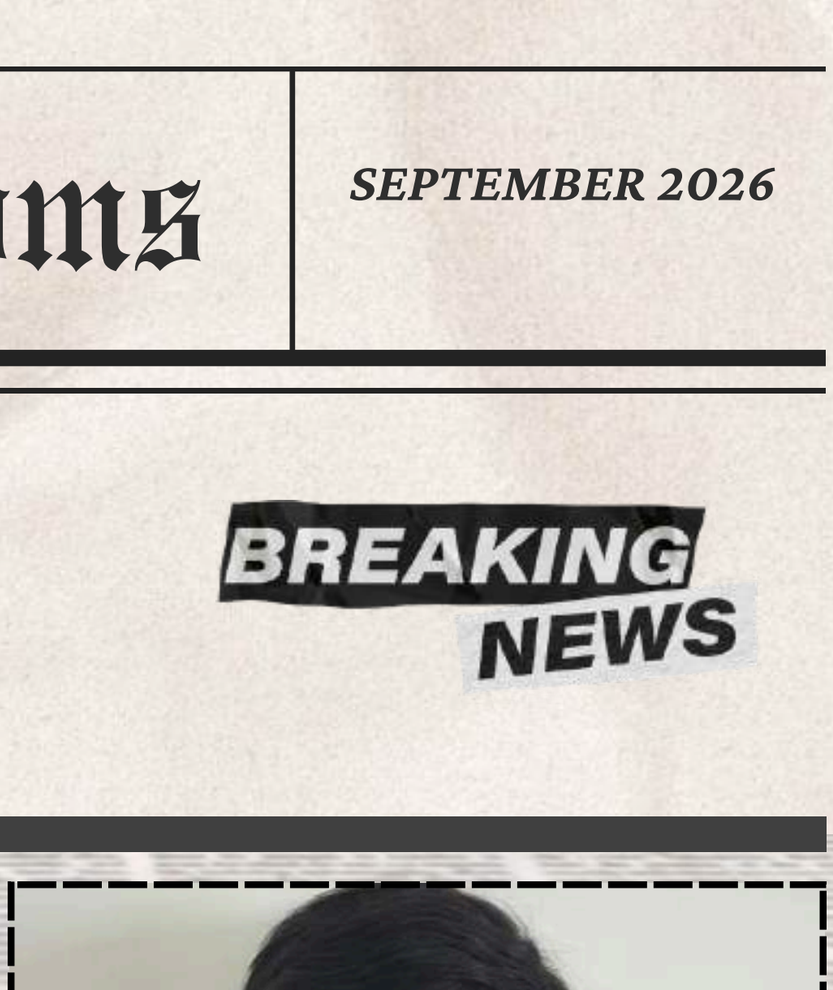


Muhammad Aihaan
1J



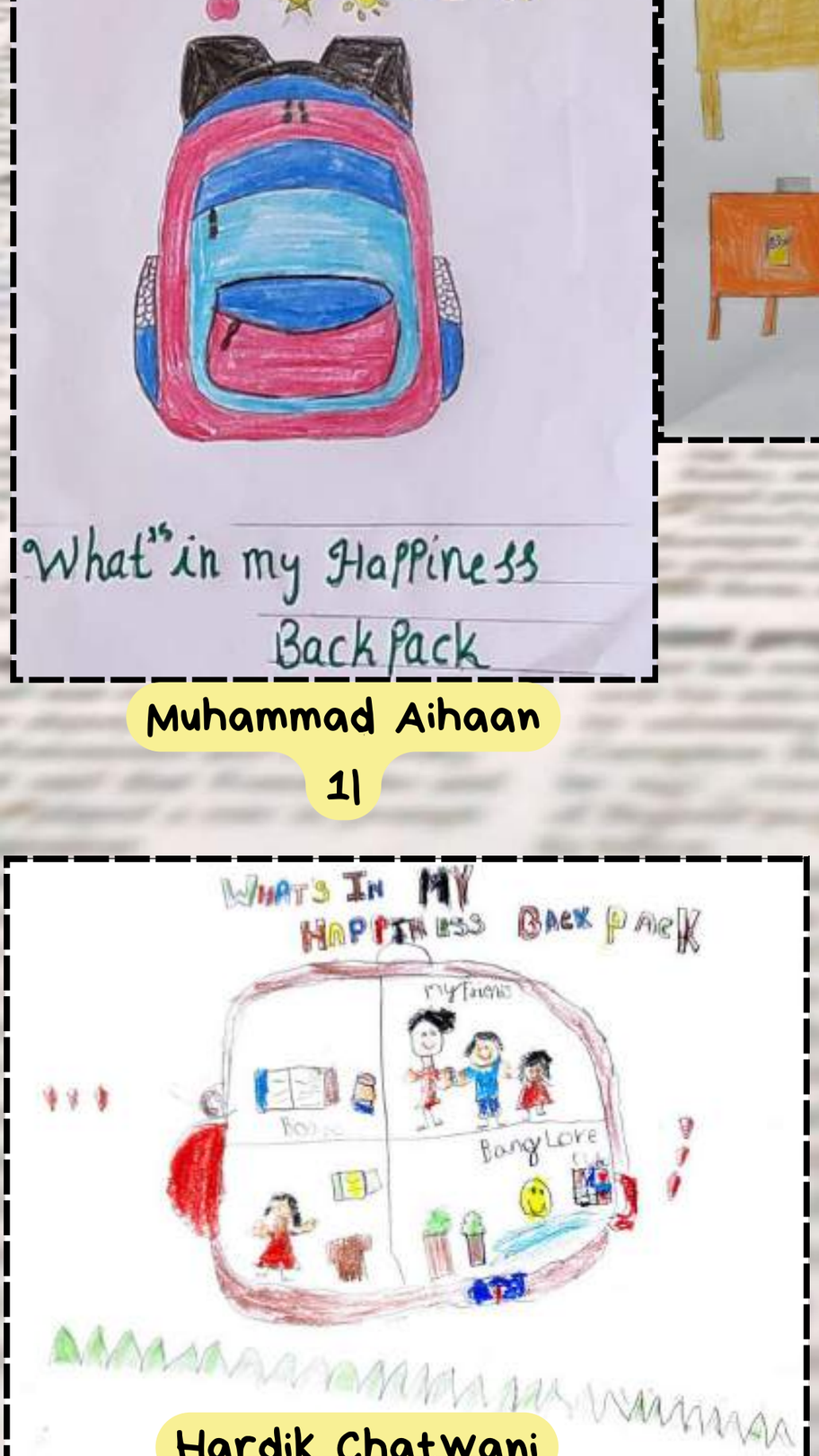
Ameya
1 J



Adhvik Ranjeep
1 J



Dhanvi Nair
1J



Hardik Chatwani
1J



Saadhvi
1J

Aarik Jain
1 J

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TOP STORY

FILL YOUR BACKPACK WITH JOY!





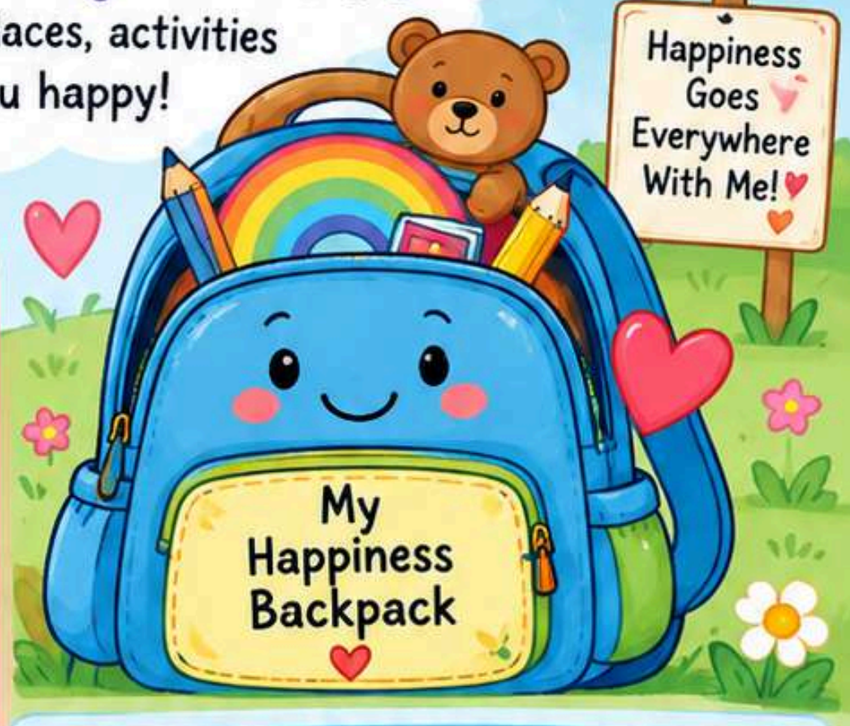
What's in My Happiness Backpack?

Let's think and share the people, places, activities and little things that make you happy!

Small Things Big Happiness

Be Kind
Be You
Be Happy

Happiness Goes Everywhere With Me!



1. Things that make me happy

Tick (✓) the ones you would like to add to your backpack!

- ☐ My family
- ☐ My friends
- ☐ My pet
- ☐ Playing a sport
- ☐ Art and craft
- ☐ Reading a story
- ☐ Yummy food
- ☐ My home
- ☐ Nature
- ☐ Music
- ☐ My favourite toy
- ☐ Hugs and love

Any other thing? Write or draw it here:

_____

2. People in My Happiness Backpack

Draw or paste a picture of the people who make you happy.



3. Places that make me happy

Draw or write about the places you love.

_____ _____ _____ _____

4. Activities I Love

Draw or write about the activities that make you smile.

Happy thoughts make a happy me!

5. I Feel Happy When...

Complete the sentence or draw a picture.

I feel happy when...

_____
_____
_____

My Happiness Backpack is full of love, joy and special moments!

HAPPINESS TODAY. BRIGHTER TOMORROW!

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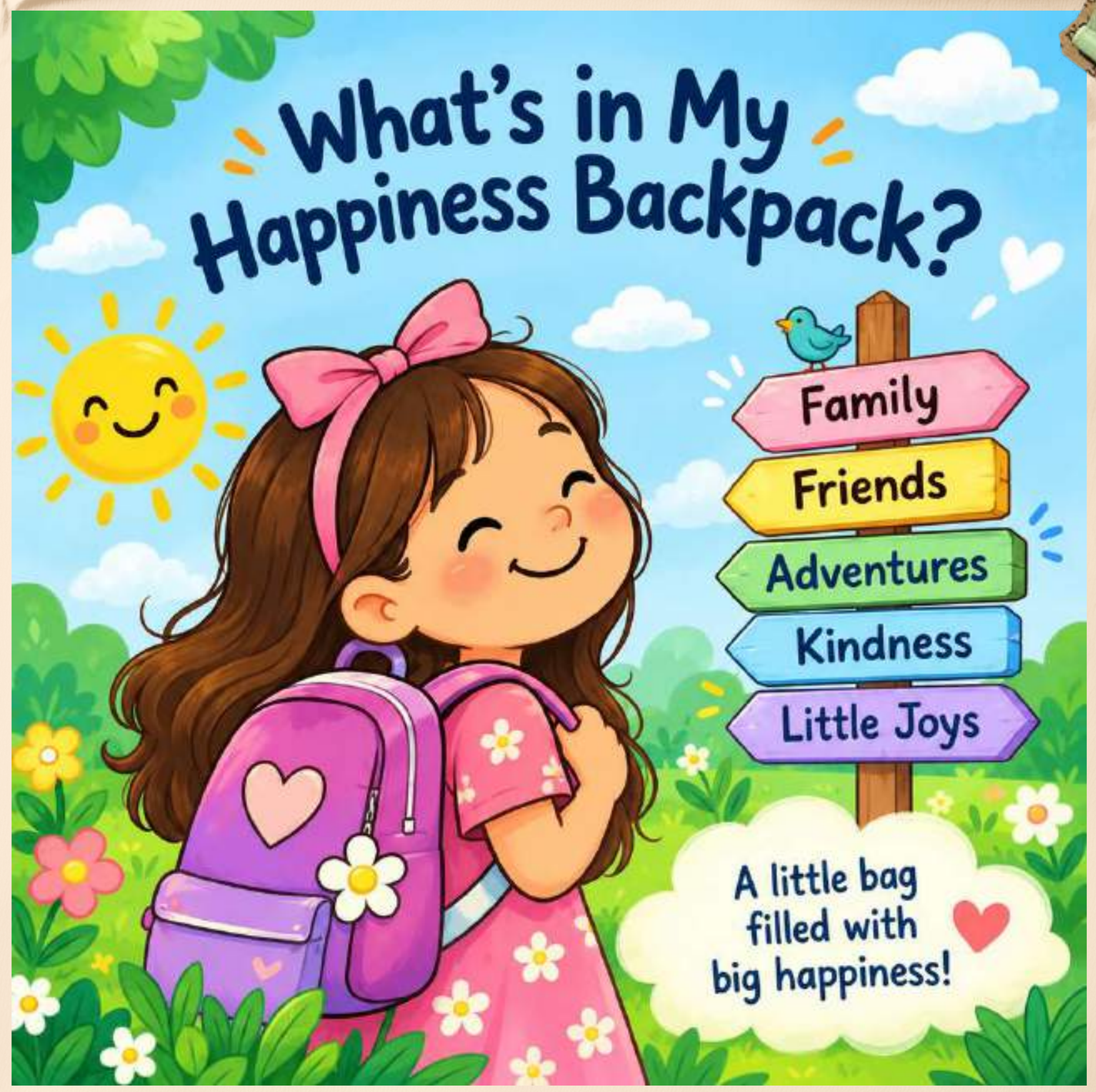
THE BLOOMING BOOKSHELF..







A cheerful story about a little learner who packs a special backpack filled with the things that make them happy – family, friends, favourite activities, kind moments and new adventures.

Through this heartwarming journey, children are encouraged to notice the little joys around them and celebrate what makes life special.

Recommended Age:

Early Years Learners (3–7 years)

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KEEP YOUR HAPPINESS BACKPACK FULL!

As we come to the end of this edition of Credence Blooms, let us remember that happiness is often found in the little things around us.
A hug from someone we love,
a friend who makes us smile,
a story we enjoy,
a kind word,
a special memory,
or simply a moment that makes our heart happy.
Keep filling your Happiness Backpack with love, kindness, gratitude and beautiful memories wherever you go.
Keep smiling. Keep growing.
Keep blooming. 🌸
Until our next bloom...

With love,
Department of Inclusion & Wellbeing – Early Years
Credence High School





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KEEP YOUR HAPPINESS BACKPACK FULL!



