

A RAINBOW OF HEALTHY BITES

ACTIVITY: Rainbow Bites – Little Earth Chefs

DATE: 1 September 2026

CONDUCTED BY: Class 1 and 2

Students of Classes 1 and 2 participated in the engaging ‘**Rainbow Bites – Little Earth Chefs**’ activity, where they brought healthy food items and creatively combined them to prepare their own colourful lunches. The activity encouraged children to make mindful food choices while highlighting the importance of **local and seasonal produce and reducing food waste**. It was a joyful, hands-on experience that promoted healthy eating and sustainable habits from an early age.

