

REPORT ON ORIENTATION SESSIONS ON ANTI-BULLYING

Conducted by School Council Body
Attended by Students of Classes III - X

As part of the school's commitment to maintaining a safe, respectful, and inclusive environment with **Zero Tolerance for Bullying**, a school wide Orientation on Anti-Bullying was conducted for the students.

The members of the Council Body visited all the classes and interacted with the students to sensitize them about bullying and its impact. The students were apprised of **what constitutes bullying and what does not**, helping them understand the difference between a genuine conflict, disagreement, or playful interaction and behaviour that amounts to bullying.

The students were further oriented about the **various forms of bullying**, including physical, verbal, emotional, social, and cyberbullying. Special emphasis was laid on **cyberbullying**, its different forms, and the need to use digital platforms responsibly. Students were cautioned against posting hurtful comments, sharing embarrassing pictures or videos, spreading rumours, excluding others online or forwarding offensive content.

The students were also guided on **what to do if they are being bullied**. They were encouraged to remain calm, move away from the situation when possible, speak up confidently, and immediately inform their Class Teacher/ Class Rep/ Coordinator/ School Counsellor/ Parent/ or any trusted adult. They were reassured that reporting bullying is not "complaining" but an important step towards ensuring their own safety and the safety of others.

The session also focused on **"How Can You Help?"** Students were encouraged to stand up for others, support anyone who may be facing bullying, refrain from encouraging or joining such behaviour, and report incidents to a trusted adult. They were reminded that remaining silent or supporting bullying indirectly can also cause harm.

The orientation concluded with the students taking a **Pledge** reaffirming their commitment to maintaining a safe and caring school environment. They pledged **not to bully, not to support or encourage bullying, to speak up against bullying, to help those who are being bullied, and to treat everyone with kindness, respect, empathy, and dignity**.

The programme was an important step towards strengthening awareness among students and reinforcing the school's message of **Zero Tolerance for Bullying**.

#ZeroToleranceForBullying #AntiBullying #SafeSchool









