

St. Mary's School, Dwarka
Mid – Day Meal Planner for the Month of September 2026

“The First Wealth is Health”

01.09.2026	Tuesday	Choley, Poori & Halwa
02.09.2026	Wednesday	Mix Dal & Rice
03.09.2026	Thursday	Mutter Paneer & Chapati
07.09.2026	Monday	Kadhi & Rice
08.09.2026	Tuesday	Gheeya Channa Dal & Chapati
09.09.2026	Wednesday	Rajma & Rice
10.09.2026	Thursday	Kadhai Paneer & Chapati
11.09.2026	Friday	Vegetable Pasta & Fruit
14.09.2026	Monday	Lobiya & Rice
15.09.2026	Tuesday	Gheeya Kofta & Chapati
16.09.2026	Wednesday	Kala Channa & Rice
17.09.2026	Thursday	Mix Veg Paneer & Chapati
18.09.2026	Friday	Vegetable Chowmein & Dessert
21.09.2026	Monday	Rajam & Rice
22.09.2026	Tuesday	Soyabean Mutter & Chapati
23.09.2026	Wednesday	Sambhar Rice & Fruit
24.09.2026	Thursday	Mutter Paneer & Chapati
25.09.2026	Friday	Dal Makhani & Rice
28.09.2026	Monday	Mix Vegetable & Chapati
29.09.2026	Tuesday	Kadhi & Rice
30.09.2026	Wednesday	Aloo Mutter & Chapati

Lita Bhatia
Teacher-In-Charge

Seema Bhatia
Vice Principal

Sheamy Dewan
Proprietor

Palkhi
Principal

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