

SPREADING KINDNESS, SHARING GRATITUDE

EVENT: A counselling workshop titled “Kind Hearts, Grateful Minds”

DATE: 21 August 2026

CONDUCTED FOR: Class 6B

A counselling workshop titled “Kind Hearts, Grateful Minds” was conducted for the students of **Class VI B**. The session encouraged students to reflect on the value of kindness and gratitude in their everyday lives.

Students enthusiastically shared and narrated instances of **selfless acts of kindness** and expressed gratitude towards the people who make their lives happier and more meaningful. The interactive session encouraged empathy, appreciation, and a positive outlook towards others.

