

## HEALTHY CHOICES, HEALTHIER FUTURES

**ACTIVITY: Poster Making**

**DATE: 12 August 2026**

**CONDUCTED BY: Class 8 Eco Club**

Students of the **Class VIII Eco Club** showcased their creativity by designing vibrant posters promoting the importance of a **healthy lifestyle**. Through colourful artwork and meaningful messages, they highlighted healthy eating, regular physical activity, personal hygiene, and mindful living.

The activity encouraged students to make healthier choices in their daily lives while using art as a powerful medium to spread awareness and inspire others.

