

SAY NO TO BULLYING

EVENT: Anti-Bullying Campaign: Bullying and Self-Safeguarding

DATE: 5 August 2026

CONDUCTED FOR: Class 6B

As part of the **Anti-Bullying Campaign**, a counselling session on “**Bullying and Self-Safeguarding**” was conducted for **Class VI B**. Students learned about different forms of bullying and their impact on well-being and academic life.

Through interactive discussions and real-life examples, students explored ways to safeguard themselves, including being assertive, staying connected with peers, reporting concerns to trusted adults, and supporting others. The session encouraged students to seek help when needed and contribute towards a safe and respectful school environment.

The session concluded with the empowering message: “**Stand up, speak up, and stay kind.**”

