

HANDS-ON LEARNING OF PERIODIC MOTION

ACTIVITY: Simple Pendulum Practical

DATE: 5 August 2026

CONDUCTED BY: Class 7C

Students of **Class VII C** enthusiastically performed the **Simple Pendulum practical**, recording multiple oscillations to determine the time period and calculate the average time. Through careful observation, accurate measurement, and teamwork, students explored the concept of periodic motion in a practical and engaging manner.

The activity strengthened their **experimental skills, scientific inquiry, observation, and analytical thinking**, making classroom learning more meaningful through hands-on experience.

