

BUILDING SAFE AND CONFIDENT LEARNERS

ACTIVITY: A counselling session on personal safety and body boundaries.

DATE: 5 August 2026

CONDUCTED FOR: Class 5C

A counselling session on **personal safety and body boundaries** was conducted for **Class 5C** on **5 August 2026**. Students learned about safe and unsafe touch, the Swimsuit Rule, good and bad secrets, the importance of saying “No,” identifying trusted adults, and the safety steps of **Shout, Run, Tell**.

Students participated attentively and demonstrated a good understanding of the concepts discussed. The session reinforced the importance of personal safety, confidence, and speaking up whenever they feel uncomfortable or unsafe.

