



TABLE ETIQUETTES REPORT
SESSION: 2026-27

Name of the Activity : Workshop on Table Etiquettes

Day & Date : Monday, 17 August 2026

Class : Nursery and KG

Teacher Incharge : Ms. Avneet Kaur

Activity Incharge : Ms. Neha Kumari

Objectives: To enable the learners to:

- **understand the importance of good table manners** and appropriate behaviour during mealtimes.
- **identify and use basic tableware** such as plates, spoons, forks, glasses, and napkins appropriately.
- **develop proper sitting and eating habits**, including eating neatly and maintaining cleanliness at the table.
- **develop self-help and independence skills** by participating in simple table-setting and mealtime activities.
- **understand the importance of hygiene and cleanliness** before, during, and after meals.
- **enhance confidence and participation** through hands-on and interactive table activities.

“Good manners begin at the table and become lifelong habit.” – Anonymous

A Glimpse of the Event

The Workshop on **Table Etiquettes** was organised for the students of **Nursery and Kindergarten** as an engaging and interactive learning experience. The workshop aimed to familiarise young learners with the importance of good table manners, hygiene, and appropriate behaviour during mealtimes.

The session began with an age-appropriate introduction to table etiquette and dining manners. Through an informative and engaging presentation, the children learnt how to sit properly at the table, use tableware appropriately, and maintain cleanliness while eating.

The students were introduced to the correct use of spoons, forks, plates, glasses, and napkins. Simple demonstrations and practical activities helped them understand how to handle these items safely and appropriately.

The interactive nature of the workshop made learning enjoyable and meaningful. It provided the young learners with an opportunity to practise essential self-help, social, hygiene, and communication skills in a fun-filled environment.

Overall, the workshop was a fruitful and enriching experience that encouraged children to develop good table manners and positive mealtime habits that they can practice in their daily lives.

