

TIMETABLE (NURSERY)

THEME: FRUITS AND VEGETABLES & INDEPENDENCE WEEK

DAYS	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains→	Positive Habits	Physical Development	Language & Literacy Development		Numeracy	Aesthetic Development	Socio-Emotional Development
MONDAY (10.8.26)	Free-Play (Settling Time)	Welcome	TAEKWONDO Students will perform basic Taekwondo movements and exercises to enhance balance, coordination, strength, agility, self-discipline, and confidence in a fun and structured environment. 	CIRCLE TIME Teacher will start the day with positive affirmation, with her students like "I am happy, I am smart, I am kind." This will help them to feel positive, confident, and ready to learn. (i) ACTIVITY Students will walk on a zig zag line drawn by the teacher in the classroom (ii) ENGLISH L-1 INTRODUCTION OF LETTER 'Z' Students will trace the letter 'Z' in their notebooks 	F R U I T &	FEED THE MONKEY Students will pick a numeral card and feed the monkey puppet the matching number of banana cut-outs by placing them into its mouth. 	ZEBRA STRIPE CRAFT Students will paste black paper strips on a 'Z' outline made on a white sheet to create zebra stripes. 	CIVIC SENSE – "LET'S CROSS SAFELY!" 🚦 Teacher will set up a simple zebra crossing in the classroom/play area using white tape or chalk. Students will take turns being pedestrians and traffic police. The traffic police will use red, yellow and green signs, while pedestrians will practise stopping at red, waiting at yellow, and crossing at the zebra crossing when the signal turns green. INTRA-CLASS QUIZ Students will participate in an interactive quiz on India, featuring questions about the National Flag, National Flower, National Animal, National Bird, culture, languages, religions, states, and the concept of "Unity in Diversity." Each question will be followed by the correct answer along with a relevant picture, making the quiz engaging and visually appealing for the students.

				WORD OF THE WEEK Kind (Being nice and helpful)	L U N C H B R E A K			
TUESDAY (11.8.26)	Free-Play (Settling Time)	Welcome	FRUIT & VEGGIE SELLER RACE Students will pretend to be fruit and vegetable sellers. They will race to collect the fruit or vegetable called out by the teacher and bring it back to their stall. 	OPPOSITES Students will learn some opposites word and will repeat them after the teacher. Eg: Big – Smal, Happy – Sad, Hot – Cold etc. REVISION OF : * LETTER ‘Y’ * SWARS ‘ऊ’ & ‘अ’ Students will be given worksheets to practice the learnt letter and swars.		FINANCIAL LITERACY : FRUIT SHOPPING Students will learn about Needs and Wants through a fun fruit-shopping activity. The teacher will explain that needs are things we require for a healthy life, such as food and fruits, while wants are things we would like to have but can live without. A pretend fruit shop will then be set up, and each student will receive three pretend coins to purchase any two fruits, encouraging them to make thoughtful choices within a limited budget. 	LET’S COLOUR Students will colour the vegetables 	MUSIC SESSION : ‘SAARE JAHAN SE ACHA’ Students will learn and sing “Saare Jahan Se Achha” together, fostering a sense of patriotism, togetherness and pride in our country.  MAKING ‘TRICOLOUR SANDWICHES’ (With Mothers) Students will be introduced to the recipe for a Tricolour Sandwich using ingredients such as bread, carrots, paneer, cucumbers, mayonnaise, tomato sauce and salt. The mothers will demonstrate the preparation process step-by-step, guiding the students in assembling the ingredients to create a colourful and nutritious tricolour sandwich. 
		Cleanliness Checkup						
		Prayer & Group Singing						

WEDNESDAY (12.8.26)	Free-Play (Settling Time)	Welcome	MARCH & OBSTACLE CHALLENGE Students will march like little freedom fighters, followed by a simple obstacle course involving hoops, cones and a low hurdle. They will finish by raising their tricolour flag. 	(i) Pass the Mango Students will pass a toy mango while music plays. When music stops, the student holding the mango says: "आ से आम" or another आ related object. (ii) HINDI L-2 Introduction of swar 'आ' Students will learn to trace आ in their notebooks and will also know its related objects. 		FILL THE BASKET Students will be divided into two groups—the Mango (आम) Team and the Potato (आलू) Team. One child at a time will run to pick a numeral card (1–10), count and collect the matching number of mango/ potato cut-outs, and place them in the correct basket before returning to tag the next teammate. The team with the highest number of correct matches will be declared the winner. 	FANCY DRESS – PATRIOTIC ICONS Students will dress up as freedom fighters and speak a few simple lines about their chosen personality. They will introduce themselves by sharing their name and one or two simple facts about the freedom fighter they are portraying. 
THURSDAY (13.8.26)	Free-Play (Settling Time)	Welcome Cleanliness Check Up Prayer & Group Singing	KANGAROO'S K BASKET HUNT Students will jump like kangaroos to different stations. At each station, they will look for and pick only the picture cards that begin with the letter K (such as kite, key, kitten, and kangaroo). After picking a card, each child will name the picture aloud. 	(i) ACTIVITY : FLOUR TRACING Students will be provided a tray filled with flour to trace letter K on it using their finger. (ii) ENGLISH L-1 INTRODUCTION OF LETTER K Students will trace and learn the formation of letter K in their notebook		COUNT THE KITES Students will come one by one to the board, count the paper kites displayed, and circle the correct numeral written by the teacher on a half chart paper. 	INDEPENDENCE DAY CELEBRATION A Special Assembly will be conducted featuring a patriotic song, a poem recitation, famous slogans recited by the Freedom Fighters and a dance to celebrate the occasion by the students 

							
FRIDAY (14.8.26)	Free-Play (Settling Time)	Welcome Cleanliness Check Up Prayer & Group Singing	YOGA Students will perform simple yoga poses under the teacher's guidance and learn how regular exercise, proper breathing, and healthy habits help keep their bodies strong and healthy. 	DISCUSSION ON INDEPENDENCE DAY CELEBRATION Teacher will talk about Independence Day, asking a few questions from the students like : 1. What is the name of our country? 2. How many colours are there in our National flag? 3. Are you free to play and learn in school? 4. What is freedom? 5. Who helped India become free? 6. What do we mean when we say India is free? 7. Why do we celebrate Independence Day? 	DISCUSSION ON NATIONAL FLAG Students will count the three bands and spokes of the Ashoka chakra in our National Flag 	INTRA-CLASS COLOURING COMPETITION (Our National Flag) Students will participate in a colouring competition by colouring the Indian National Flag on the given worksheet. TRICOLOUR BADGE MAKING (CRAFT) Students will make tricolour badges using some paper cutouts of orange & green colour, an Ashoka chakra and some tricolour ribbons. They will then proudly wear it on going back home. 	STORY OF INDEPENDENCE DAY Students will listen to the story "The Little Freedom Fighter," in which a child learns about India's freedom struggle through a conversation with a grandparent. The story will introduce children to Independence Day, freedom fighters, the National Flag, and the meaning of freedom through simple and engaging narration. Props such as the Tricolour, freedom fighter picture cards, and story-related visuals will be used to make the storytelling interactive and engaging. 

				(i) Activity : Swar Chair Match Students will pick a Swar card from the teacher's table, identify it, and walk to the chair displaying the same Swar and naming it aloud. (ii) REVISION OF SWARS अ, आ, उ, ऊ Students will practice writing the swars अ, आ, उ, ऊ with their correct formations. देखो और लिखो 				
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