

SPORTS ACTIVITY

Conducted by : Classes I & II

Date: 29 July 2026

“Sports build strength, confidence and character.”

The Sports Day celebrations began with an energising yoga session for all students of Classes I and II. Students enthusiastically performed Surya Namaskar along with simple yoga asanas, promoting flexibility, balance, mindfulness and overall well-being while setting a positive tone for the day.

Following the yoga session, students participated enthusiastically in the race events, displaying determination, confidence and excellent sportsmanship. The event provided every child with an opportunity to enjoy healthy competition while embracing the true spirit of sports.

