

World No Tobacco Day

DATE: 31st May 2026

VENUE: ITL PUBLIC SCHOOL, SEC 9, DWARKA.

“Say no to tobacco and yes to life.”

ITL Public School observes World no tobacco day on 31st May to raise awareness about the harmful effects of tobacco use.

Theme for the year 2026 is “Unmasking the appeal – countering nicotine and tobacco addiction.”

This day highlights how tobacco use is linked to serious diseases such as : lung cancer, heart disease, stroke and chronic respiratory illnesses.

The 2026 campaign is heavily focused on countering modern nicotine addiction and youth targeting and encourage people to quit smoking and vaping.

Let us join hands to create a healthier and tobacco-free world.

#SayNoToTobacco
#QuitSmoking
#HealthyLiving
#BreatheFree

