



ITL PUBLIC SCHOOL

Daily Plan - Class I



Day and Date: Thursday, 23.7.2026

S. NO.	SUBJECT	ACTIVITY / CONCEPT / TOPIC (FLN Activities)
1	HOME ROOM PERIOD Vidya praves/ FLN	NEW WORD OF THE DAY Loud- Making a lot of noise.
		AMAZING FACT No two people see exactly the same rainbow because everyone looks at it from a different angle.
		STORY OF THE WEEK The Fat Cat The cat is Fat. The cat sat on a mat. The mat is on the bed. The bat is on the mat. The cat ran on the mat. The bat flew up. The cat can not get the bat. The cat sat back.
		MATH TALK Counting and number names while stepping (31 to 40 verbally).
2	ENGLISH (L1)	Ch blend and words chalk chin chat chair chick cheek chips chart Practice Assignment- Write any 4 -ch blend words in the notebook and paste/draw their pictures.

3	HINDI (L2)	इ ि की मात्रा (नोटबुक) ि + ब + ल =बिल ि + च + त्र =चित्र ि + म + ल =मिल ि + क + र +न=किरन ि + ह + र+ न=हिरन ि + त + ल + क=तिलक ि + क + ध +र =किधर Practice Assignment- Practice page 7 of Manthan Sulekh.														
5	General Awareness	Topic- Food Word Bank (in the Notebook) <table><tr><td>1. food</td><td>8. vegetable</td></tr><tr><td>2. healthy</td><td>9. milk</td></tr><tr><td>3. unhealthy</td><td>10. water</td></tr><tr><td>4. energy</td><td>11. breakfast</td></tr><tr><td>5. grow</td><td>12. lunch</td></tr><tr><td>6. strong</td><td>13. dinner</td></tr><tr><td>7. fruit</td><td>14. hygiene</td></tr></table>	1. food	8. vegetable	2. healthy	9. milk	3. unhealthy	10. water	4. energy	11. breakfast	5. grow	12. lunch	6. strong	13. dinner	7. fruit	14. hygiene
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