

TIMETABLE (NURSERY)

THEME: RAINY SEASON

DAYS	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains→	Positive Habits	Language & Literacy Development	Numeracy		Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (13.07.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	ENGLISH L-1. General discussion on Rainy Season The teacher will encourage participation through questions and picture-based conversation. - Is the weather sunny or rainy today? - What do you see in the sky before it rains? - What objects do we use to protect ourselves from the rain? - What animals do you see during the rainy season? - Have you seen a rainbow after the rain?	SORTING ACTIVITY Children will sort objects related to the letter F from Khel Pitara like flag, fish, fruits etc. 	L U N C H B R E A K	TEAKWONDO The Taekwondo teacher will introduce and demonstrate basic taekwondo techniques, including simple kicks, punches, blocking movements, and balance exercises.	ORIGAMI FISH The teacher will provide square sheets of coloured paper and demonstrate the steps for folding an origami fish. Students will carefully follow the instructions to create their own paper fish. Once the fish are ready. They will decorate them using crayons, stickers, glitter, etc. 	MY BODY BELONGS TO ME The teacher will talk to the children about how every child's body is special and belongs only to them. Children will learn the names of body parts and understand that the parts covered by inner garments are called private parts. The teacher will explain that no one should touch their private parts except a parent or caregiver while helping with bathing, dressing, or keeping them clean. 

			INTRODUCTION OF letter F The teacher will create 'F' corner using picture cards of objects beginning with the letter F, such as Frog, Fish, Flower, and Fox. Later, the students will trace the letter F in their notebooks. Assessment: Assess students' ability to recognize the letter F, identify objects that begin with the letter, and trace the letter correctly. WORD OF THE DAY 'SHARE' (letting others use or enjoy something with you)					
TUESDAY (14.07.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup	ENGLISH L-1 The teacher will ask students simple questions such as, "What do you hear in the sky when it rains?" and "Have you seen lightning?" After listening to their answers, the	MATH TALK (Count and Place) The teacher will show number cards (1, 4, 7, or 10) and count the objects with the students. The teacher will then demonstrate where to place the		INDIGENOUS GAME The teacher will explain the rules of Kokla Chhapaki. Students will sit in a circle and close their eyes while rainy season music plays. The teacher (or one child) will quietly place a	FUN WITH CLAY The teacher will provide each child with a piece of clay and encourage them to create a caterpillar by rolling small clay balls and joining them together. During the activity, the teacher will	SAFE TOUCH, UNSAFE TOUCH & NO-GO-TELL Children will watch the 'WINGS Child' Safety video. After the video, the teacher will explain the three safety rules: NO (say "No"),

			teacher will introduce the words thunder and lightning . The teacher will then sing the action rhyme " I Hear Thunder ", and students will sing along with actions (I HEAR THUNDER) I hear thunder, I hear thunder Hark don't you, Hark don't you, Pitter patter raindrops, Pitter patter raindrops I am wet through, So are you!	same number of ice cream sticks, crayons, or pom-poms below the matching number card. After the demonstration, the students will count and place the objects correctly. Assessment: Assess student's ability to recognize numbers, count objects correctly, and match the correct number of objects with the given number card.	handkerchief behind a child. When the music stops, everyone will check behind them. The child who finds the handkerchief will run to catch the other child before they sit in the empty spot. 	explain the life cycle of a butterfly, describing how a caterpillar grows and transforms into a beautiful butterfly. 	GO (move away to a safe place), and TELL (inform a trusted adult). The teacher will also explain that children should never go anywhere with a stranger or accept gifts, chocolates, or rides without permission.
WEDNESDAY (15.07.26)	Free-Play (Settling Time)	Welcome	RAINY SEASON TALKS The teacher will have discussion with the students about rainy weather, highlighting the importance of hygiene, wearing full-sleeved clothes, avoiding open or street food, and taking basic precautions to	PICTURE READING Students will look at the picture and describe what they see e.g there are 2 umbrellas, 3 girls, 3 boats etc. 	FROG RACE Students will hop like frogs from the starting line, tap the next child waiting in the middle, and continue the relay until the last child reaches the finishing line. 	MY SAFETY CIRCLE (Drawing Activity) Children will draw themselves in the centre of a circle. Then paste pictures of 4–5 trusted adults around them, such as parents, grandparents, teacher, or school helper. The teacher will explain that if they ever feel scared, uncomfortable, or unsafe, they should tell one of these trusted adults immediately.	STORY SESSION Who Needs My Umbrella The teacher will enact a short story about a rainy day, where different characters, such as a child, an old person, and an animal, get caught in the rain. Students will enact the story by taking on different roles and
		Cleanliness Checkup					
		Prayer & Group Singing					

			stay healthy and safe during the rainy season. REVISION OF LETTER H,E,F The teacher will place the letters H, E, and F on the table. Children will look at picture cards such as Hen, Elephant, and Fish, say the name of each picture, and match it to the correct letter. Assessment: Assess students' letter recognition skills, vocabulary, observation skills. WORD OF THE DAY KIND Meaning: Being caring, helpful, and gentle towards others.					using an umbrella as a prop when needed. The teacher will encourage the children to express their actions and emotions while discussing why the umbrella is important in the rain.
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THURSDAY (16.07.26)	Free-Play (Settling Time)	Welcome	SAND TRAY ACTIVITY Students will trace slanting lines in a tray filled with sand, using their fingers.	MATCHING NUMBERS Students will engage in a number recognition activity where they listen carefully to the number called out by the teacher and then find and match the card with the correct number card.	MUSICAL CHAIR Students will enjoy a fun game of Monsoon Musical Chairs while dancing to rainy-season songs. When the music stops, they must quickly find and sit on a chair with a rainy season picture (umbrella, cloud, rainbow, raincoat, etc.). Children sitting on chairs with pictures from other seasons will be out of the game.	COLOUR THE UMBRELLA Students will colour the umbrella given in the picture . 	MY SAFETY PROMISE (Pledge Activity) Children will repeat a simple safety pledge with the teacher: "My body belongs to me. I will say NO to unsafe touch. I will GO to a safe place. I will TELL a trusted adult. I will never keep unsafe secrets." The teacher will briefly explain that every child has the right to be safe, and the POCSO Act protects children from unsafe touch and abuse.
		Cleanliness Check Up	INTRODUCTION OF SLANTING LINE Students will trace slanting lines in their notebooks.	Assessment: Assess students' number recognition skills, listening skills, observation skills, and ability to identify and match numbers correctly.			
		Prayer & Group Singing	WORD OF THE DAY CARE (To look after someone or something)				
FRIDAY (17.07.26)	Free-Play (Settling Time)	Welcome	REVISION ASSIGNMENT Students will do the revision assignment of all the topics covered during the week.	MATH TALK Students will explore hidden coins in a sand tray and find them one by one. They will observe the coins, identify and compare them, and sort them into the matching cups.	YOGA SESSION The teacher will conduct a fun yoga session with rainy season poses such as Tree Pose, Frog Pose, Butterfly Pose, Mountain Pose, and Cobra Pose. Children will practice deep breathing by pretending to smell a flower and blow like	FREE HAND DRAWING Students will draw 2 objects related to the rainy season such as umbrella and rain cloud. 	MY BODY SAFETY Recap The teacher will revise the week's learning by asking simple questions about private parts, safe touch, unsafe touch, strangers, trusted adults, and the NO-GO-TELL rule.
		Cleanliness Check Up					
		Prayer & Group Singing					

					the wind and will encourage students to do deep breathing and mindfulness exercises. 		
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