

TIME TABLE (KINDERGARTEN)

THEME: RAINY SEASON

DAYS	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains	Positive Habits	Language & Literacy Development	Numeracy		Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (13.7.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Gratitude Sharing Singing	My Body Belongs to Me (Pep Talk & Discussion) The teacher will explain that every child's body is special and belongs only to them. Children will learn that the parts covered by a swimsuit are private parts and should not be touched by others, except by a parent or caregiver when helping with bathing, dressing, or keeping them clean. Assessment: Students are able to identify private parts and understand that their body belongs to them.	Math Talk Backward Counting Train (30 to 1) Activity: Each student receives a paper cup numbered 1–30. As the teacher calls out the numbers in backward order (30 to 1) , the child holding that number comes forward and joins the Backward Counting Train . Once the train is complete, the class recites the backward counting together. After the activity, students write 30–	L U N C H B R E A K	Taekwondo Students will participate in basic Taekwondo exercises to improve balance, coordination, strength, and self-discipline. 	Rainy Day Helpers – Circle the Rain Protectors! Students will observe different pictures and circle the things that protect us from the rain , such as an umbrella, raincoat, and gumboots. Through this picture-talk activity, they will learn how to stay safe and dry during the rainy season.	Financial Literacy Sharing with Coins – Learning to Care Students will watch a colourful PPT on ₹1, ₹2, ₹5, ₹10, and ₹20 coins. After the discussion, children will pretend to buy and share simple classroom items (like crayons or stickers) using toy coins. The teacher will encourage them to wait for their turn, share with friends, and use kind words such as "Please," "Thank you," and "You can go first." Learning Outcome: Children develop

**My body belongs
to me**



WORD OF THE DAY
“WEATHER”

Meaning : Weather
tells us what the sky
is like today.

Seed Germination

Student will place a
kidney bean on wet
cotton in a jar and
observe it grow into a
plant. They will learn
that a **tiny seed
grows into a new life,
and with love, care,
water, air, and
sunlight, it blooms
into a beautiful
plant.**

Assessment:
Students will identify
the basic needs of a
seed and understand
that **love, care, and
nature help new life**

**1 backward
counting** in their
notebooks,
focusing on the
**correct number
formation.**

Assessment:
Assess each
student’s **number
recognition,
backward
counting
sequence (30–1),
and correct
number formation**
in the notebook.



sharing, kindness,
patience, and respect
while learning about
money.

Assessment:
Observing if students
can identify Indian
coins, recognize
different
denominations, and
show an
understanding that
money is used to buy
things.

**Happy Secret or Bad
Secret?**

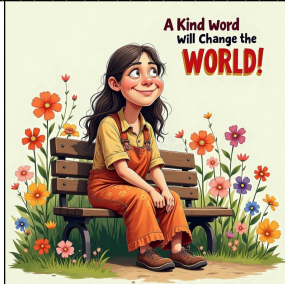
The teacher will
explain that a good
secret is a happy
surprise, like a
birthday gift, which is
shared after some
time and makes
everyone smile. A bad
secret is something
that makes a child
feel scared, sad,
uncomfortable, or
confused. Students
will learn that bad
secrets should never
be kept and should
always be told to a

grow.

			grow.					trusted adult because telling helps keep them safe. Activity: The teacher will show simple picture cards of different situations (birthday surprise, hiding a gift, someone asking a child to keep an uncomfortable touch secret, etc.). Students will sort each picture into "Happy Secret" or "Bad Secret" and say, "I will tell a trusted adult if it is a bad secret." Assessment: Students are able to differentiate between a happy secret and a bad secret and understand that bad secrets should always be shared with a trusted adult.
TUESDAY (14.7.26)	Free-Play (Settling Time)	Welcome	L-2 HINDI छ अक्षर का परिचय 'छ' से शब्द, जैसे छाता,	Math Talk Coin Hunt & Count		Umbrella Dance Fun Students will dance joyfully with colourful umbrellas to cheerful	Drip, Drop, Umbrella Pop Students will fold an origami sheet with the	अद्भुत जादुई छाता एक बच्चे को एक जादुई छाता मिलता है। वह

		Cleanliness Checkup	छत, छड़ी, छलनी, छोटा, छः, छाप। बच्चे 'छ' से शुरू होने वाले शब्दों को पहचानेंगे, बोलेंगे और दोहराएँगे। सही तरह से लिखने का अभ्यास करेंगे। आकलन: 'छ' की पहचान, शब्द बोलने और नोटबुक में सही अक्षर लिखने की क्षमता देखें।	Students will practise forward counting (31–60) and write the numbers with correct formation. They will then play a Coin Hunt by finding hidden coins in a sand tray, identifying different denominations, and sorting them into the matching cups. Assessment: Observe whether students can count from 31-60, write numbers correctly, identify different coins.		rainy-season music. They will twirl, open and close their umbrellas, pretend to walk in the rain, and follow simple dance movements while enjoying the monsoon theme.	teacher's guidance to create an umbrella. They will paste an ice cream stick as the umbrella handle and complete the artwork by making blue raindrops in their scrap files. This activity encourages creativity while helping children learn about the rainy season.	बारिश में सभी के साथ उसे साझा करता है और ज़रूरतमंदों की मदद करता है। उसके प्यार और दयालुता से छाते का जादू और बढ़ता जाता है। Safe Touch, Unsafe Touch & NO-GO-TELL Students will watch the WINGS Child Safety video. After the video, the teacher will explain the three safety rules: NO (say "No"), GO (move away to a safe place), and TELL (inform a trusted adult). The teacher will also explain that children should never go anywhere with a stranger or accept gifts, chocolates, or rides without permission. Assessment: Students are able to explain the three safety rules and identify safe actions in unsafe situations.
		Prayer & Group Singing	छ से बनने वाले शब्द  WORD OF THE DAY " PROTECT " Meaning: To keep safe.					

WEDNESDAY (15.7.26)	Free-Play (Settling Time)	Welcome	Kind Words, Happy World! 1. When I see my friends, I say "Hello." 2. When I see my teacher in the morning, I say "Good Morning." (Namaskar) 3. If I hurt someone by mistake, I say "Sorry." 4. When I want something, I say "Excuse me." or "May I?" 5. When someone helps me, I say "Thank you." 6. When I ask for something, I say "Please." Assessment: Assess students understanding of good manners, appropriate use of polite words, and their ability to identify the correct response in everyday situations.	Math Talk Forward Counting 31–60 Students will recite and learn forward counting from 31 to 60 step by step, developing number recognition and sequencing skills. They will then write 31–60 in one row in their notebooks to practice correct number formation. Assessment: Observe students ability to recite forward counting from 31–60, recognize correct number sequence, and write the numbers accurately.		Rainy Day AEROBICS SEASON The students will participate in aerobics sessions with moves inspired by the monsoon (e.g., splashing movements for rain, jumping over puddles), and will encourage kids to get moving with energetic exercises like jogging in place, jumping jacks, and dancing to rain-themed music.	Magic Coin Rubbing Students will place a coin beneath a sheet of paper and gently rub over it with a crayon to reveal the coin's design. They will create 2–3 coin impressions and enjoy discovering the hidden patterns while learning about Indian coins.	Good Citizen, Happy World! Students will watch an educational video on good social behaviour and learn simple public manners such as waiting for their turn, keeping their surroundings clean, protecting monuments, avoiding unnecessary honking, and speaking politely. A short discussion will follow to help them understand how these habits make our community a better place. Assessment: Assess students understanding of good social behaviour, listening skills, and ability to identify and practice responsible public manners https://youtu.be/hOF P56t0uv8?si=II Sdchqd vfaYJyo0
		Cleanliness Checkup						
		Prayer & Group Singing						



WORD OF THE DAY
"KIND"

Meaning: Being caring, helpful, and gentle towards others.

THURSDAY 9.7.26	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	L 2- HINDI अक्षर ज्ञान – 'ज' और 'झ' बच्चे 'ज' और 'झ' अक्षरों को उनसे जुड़े सरल शब्दों (जैसे- जहाज़, जंगल, झंडा, झूला) के माध्यम से सीखेंगे। वे अक्षरों की पहचान करेंगे, शब्दों का उच्चारण करेंगे तथा नोटबुक में 'ज' और 'झ' लिखने का अभ्यास करेंगे। Assessment: बच्चों की 'ज' और 'झ' अक्षरों की पहचान, सही उच्चारण तथा सही अक्षर गठन का आकलन किया जाएगा। <u>WORD OF THE DAY</u>	Math Talk Rocket Countdown Adventure (30–1) Activity: Students will complete a Backward Counting Worksheet (30–1) by finding the correct path from the house (30) to the rocket (1). As they follow the backward number sequence, they will help the rocket get ready for launch while strengthening	Monsoon Musical Chairs! Students will enjoy a fun game of Monsoon Musical Chairs while dancing to rainy-season songs. When the music stops, they must quickly find and sit on a chair with a rainy season picture (umbrella, cloud, rainbow, raincoat, etc.). Children sitting on chairs with pictures from other seasons will be out of the game.	Rainbow Fun Students will colour a beautiful rainbow and learn how it is formed after rain when sunlight shines through water droplets. They will identify and enjoy the seven bright colour of the rainbow. 	Financial Literacy Explore the World of Paper Money Students will explore Indian paper currency through an engaging PPT. Children will then explore real paper notes by touching, observing, and identifying different denominations and their unique features, helping them become familiar with the currency used in everyday life. Assessment:
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"HELP"
Meaning: giving a hand to someone when they need it.

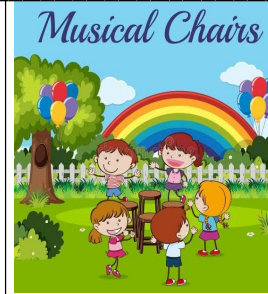
My Safety Promise (Pledge)

**"My body belongs to me.
I can say 'NO' if I feel unsafe.
I will GO to a safe place.
I will TELL a trusted adult.
I will always keep myself safe."**

Assessment:
Students confidently recite the pledge and understand basic personal safety rules.

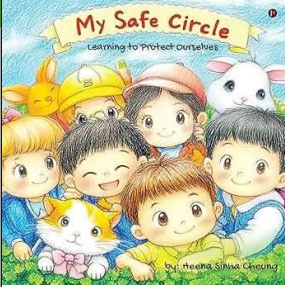
their counting skills.

Assessment:
Assess students ability to count backwards from 30 to 1, identify the correct number sequence, and follow the path accurately.



Assess students ability to identify different paper notes, observe their features, and recognize the value of each denomination.



FRIDAY 10.7.26	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	Monsoon Magic Activity Students will come dressed as different monsoon-themed objects such as rain, cloud, rainbow, umbrella, frog, or raindrop. They will introduce their character by speaking a few lines, recite a short poem, and enjoy dancing to cheerful monsoon songs, making learning fun and interactive. Assessment: Assess student confidence, speaking skills, creativity, participation, and understanding of monsoon-related concepts. 	Monsoon Wellness Yoga Students will perform simple yoga poses like Tree Pose, Butterfly Pose, and Deep Breathing to stay active and healthy during the monsoon. The teacher will also discuss healthy habits such as washing hands, drinking clean water, wearing clean clothes, and using an umbrella or raincoat to stay safe from infections. 	My Safety Circle Students will draw themselves in the centre of a circle and draw or paste pictures of 4–5 trusted adults around them, such as parents, grandparents, teacher, or school helper. The teacher will explain that if they ever feel scared, uncomfortable, or unsafe, they should tell one of these trusted adults immediately. Assessment: Students are able to identify trusted adults and understand whom to approach for help. 	Match the Money! Students will match coins and paper notes with their correct denomination. After learning about Indian paper currency, children will play a Money Matching Activity. They will pick up paper notes and coins and place them under the correct denomination (₹1, ₹2, ₹5, ₹10, ₹20, ₹100, ₹500, etc.) displayed on the board. This hands-on activity will help children recognize and match different Indian currencies. Assessment: Assess students ability to identify paper notes and coins, match them with the correct denomination, and develop observation and decision-making skills.
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