



ITL PUBLIC SCHOOL

Daily Plan - Class II



Day and Date: Tuesday, 21.7.2026

S. NO.	SUBJECT	ACTIVITY / CONCEPT / TOPIC (FLN Activities)
1	HOME ROOM PERIOD Vidya praveesh/ FLN	NEW WORD OF THE DAY Accurate: Correct and true in every detail
		AMAZING FACT The Amazon Rainforest produces 20% of the world's oxygen.
		STORY OF THE WEEK The Lazy Boy https://www.youtube.com/watch?v=pTy_xNJCKRk
		Hand washing Relay Race (Health and Hygiene) Connect gross motor skills with personal hygiene. • Create a start line and a wash station. Place flashcards of hygiene items (soap, towel, water) at one end and body parts (hand, face, hair) at the other. • Ask students to run, match the hygiene item to the correct body part, and perform an "action" of the proper hand washing steps.
		FINANCIAL LITERACY Find the Exact Amount Show an amount (e.g., ₹37). Students must make the amount using different combinations of notes and coins. Example: • ₹20 + ₹10 + ₹5 + ₹2 = ₹37 • ₹10 + ₹10 + ₹10 + ₹5 + ₹2 = ₹37

2	MATHEMATICS	<u>Ascending order</u> Q.1 Write the given numbers in ascending order. a 550 221 600 777 Ans- _____ b. 110 100 10 101 Ans- _____ c. 340 209 188 156 Ans- _____ d. 567 876 398 450 Ans- _____																																				
3	HINDI (L2)	<u>विलम्ब शब्द</u> <table> <tr> <td>कठिन</td> <td>☐</td> <td>सरल</td> </tr> <tr> <td>आगे</td> <td>☐</td> <td>पीछे</td> </tr> <tr> <td>नया</td> <td>☐</td> <td>पुराना</td> </tr> <tr> <td>चढ़ना</td> <td>☐</td> <td>उतरना</td> </tr> <tr> <td>ऊपर</td> <td>☐</td> <td>नीचे</td> </tr> <tr> <td>जल्दी</td> <td>☐</td> <td>धीरे</td> </tr> <tr> <td>दिन</td> <td>☐</td> <td>रात</td> </tr> <tr> <td>सूखा</td> <td>☐</td> <td>गीला</td> </tr> <tr> <td>थोड़ा</td> <td>☐</td> <td>बहुत</td> </tr> <tr> <td>बैठना</td> <td>☐</td> <td>उठना</td> </tr> <tr> <td>मटि</td> <td>☐</td> <td>पतला</td> </tr> <tr> <td>हसना</td> <td>☐</td> <td>रोना</td> </tr> </table>	कठिन	☐	सरल	आगे	☐	पीछे	नया	☐	पुराना	चढ़ना	☐	उतरना	ऊपर	☐	नीचे	जल्दी	☐	धीरे	दिन	☐	रात	सूखा	☐	गीला	थोड़ा	☐	बहुत	बैठना	☐	उठना	मटि	☐	पतला	हसना	☐	रोना
कठिन	☐	सरल																																				
आगे	☐	पीछे																																				
नया	☐	पुराना																																				
चढ़ना	☐	उतरना																																				
ऊपर	☐	नीचे																																				
जल्दी	☐	धीरे																																				
दिन	☐	रात																																				
सूखा	☐	गीला																																				
थोड़ा	☐	बहुत																																				
बैठना	☐	उठना																																				
मटि	☐	पतला																																				
हसना	☐	रोना																																				

5	GENERAL AWARENESS	<u>Chapter Health and Hygiene</u> Q.1 Match the Following <table><tr><td>Column A</td><td>Column B</td></tr><tr><td>Brush teeth</td><td>Healthy food</td></tr><tr><td>Exercise</td><td>Throw garbage</td></tr><tr><td>Soap</td><td>Strong body</td></tr><tr><td>Fruits</td><td>Clean hands</td></tr><tr><td>Dustbin</td><td>Clean mouth</td></tr></table> Q.2 Write true or false 1. We should bathe once a week. _____ 2. Eating fruits is good for health. _____ 3. We should sleep late at night. _____ 4. We should keep our nails long. _____ <u>Practice Work-</u> Revise for Computer Evaluation 1 to be held on 22 July 2026.	Column A	Column B	Brush teeth	Healthy food	Exercise	Throw garbage	Soap	Strong body	Fruits	Clean hands	Dustbin	Clean mouth
Column A	Column B													
Brush teeth	Healthy food													
Exercise	Throw garbage													
Soap	Strong body													
Fruits	Clean hands													
Dustbin	Clean mouth													