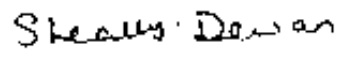


St. Mary's School, Dwarka

Mid – Day Meal Planner for the Month of July 2026

01.07.2026	Wednesday	Choley, Poori and Halwa
02.07.2026	Thursday	Mix Dal and Rice
03.07.2026	Friday	Mix Vegetable and Chapati
06.07.2026	Monday	Gheeya Kofta and Chapati
07.07.2026	Tuesday	Dal and Rice
08.07.2026	Wednesday	Mutter Soyabean and Chapati
09.07.2026	Thursday	Vegetable Chowmein and Fruit
10.07.2026	Friday	Kadhai Paneer and Chapati
13.07.2026	Monday	Lobiya and Rice
14.07.2026	Tuesday	Gheeya Channa Dal and Chapati
15.07.2026	Wednesday	Kadhi and Rice
16.07.2026	Thursday	Mutter Paneer and Chapati
17.07.2026	Friday	Dal, Rice and Dessert
20.07.2026	Monday	Kala Channa and Rice
21.07.2026	Tuesday	Aloo Mutter and Chapati
22.07.2026	Wednesday	Dal and Rice
23.07.2026	Thursday	Mix Vegetable Paneer and Chapati
24.07.2026	Friday	Dal Makhini and Rice
27.07.2026	Monday	Kadhi and Rice
28.07.2026	Tuesday	Vegetable Pasta and Fruit
29.07.2026	Wednesday	Rajma and Rice
30.07.2026	Thursday	Kadhai Paneer and Chapati
31.07.2026	Friday	Dal and Rice


Teacher-In-Charge


Proprietor


Vice Principal


Principal

Seasonal Vegetables subject to availability.