

CREDENCE HIGH SCHOOL

Wellbeing Conclave 2.0 - Interschool Event

GRADES

8, 9 and 11

Date

Wednesday, 17 June, 2026



● INTENT

The Well-Being Conclave 2.0 brought together students from 13 schools to explore what truly contributes to happiness and well-being. It aimed to inspire young people to develop positive habits, meaningful connections, and a balanced approach to life. The event encouraged students to become active contributors to their communities by linking personal wellbeing with social responsibility and sustainable change.

● EXPERIENCE

The conclave provided students with an enriching opportunity to interact with peers from different schools, exchange ideas, and engage in meaningful discussions on wellbeing. The collaborative and supportive environment encouraged active participation, allowing students to gain new perspectives on happiness, wellbeing, and community engagement.

● INSIGHT

A key takeaway from the conclave was the understanding that happiness is not something to be pursued externally, but something that is cultivated through daily choices, meaningful relationships, and a positive mindset. The experience encouraged students to focus on long-term wellbeing and recognise the factors that contribute to a meaningful and fulfilling life.

