



SHIKSHA BHARATI GLOBAL SCHOOL SECTOR-8, DWARKA, NEW DELHI 110077

Report: Heatwave Safety and Awareness Campaign

In response to rising temperatures, Shiksha Bharati Global School recently conducted a comprehensive, school-wide awareness campaign to educate students and staff on heatwave safety. The initiative utilised visual aids, smartboard presentations, and video sessions to ensure that students across all age groups understand how to protect themselves and their peers during extreme heat.

Training Modules

Based on the interactive classroom sessions observed, the school focused on several core guidelines to combat the heatwave:

Proactive Hydration:

Students were taught the importance of continuous hydration. A key discussion point raised in the classrooms was, "Should we drink water only when we feel thirsty?" (क्या हमें सिर्फ प्यास लगने पर ही पानी पीना चाहिए?).

The campaign emphasised drinking water regularly throughout the day, regardless of thirst, to prevent dehydration.

Sun Protection and Prevention:

Visual lessons titled "How to avoid the sun" (धूप से कैसे बचें) instructed students on practical daily measures.

Step 1: Cover the head using hats or umbrellas.

Step 2: Stay indoors during peak sunlight hours.

Step 3: **A "water bell" Every Hour to remind students to stay Hydrated during the Heat Wave.**

Identifying Danger Signs (खतरे के संकेत)

Students were trained to recognise the early warning signs of heat-related illnesses.

The presentations highlighted symptoms such as severe headaches, rapid heartbeat/palpitations, and dizziness or confusion.

The Buddy System (बडी सिस्टम की भूमिका):

A significant portion of the training was dedicated to looking out for classmates.

Students learned the "Buddy System," which encourages them to monitor their friends for signs of distress and immediately proceed to Step 2: Inform (चरण 2: सूचित करें)—notifying a teacher or adult as soon as they notice a peer feeling unwell.

Community Care (सामुदायिक देखभाल):

The school fostered a sense of collective responsibility, teaching students that surviving extreme heat weather is a community effort that involves looking out for everyone's well-being.

Implementation Methods

1. Primary and Middle Wing: - Teachers utilised smartboards to display engaging, age-appropriate infographics in both English and Hindi. This visual approach helped younger students grasp the concepts of hydration, symptom recognition, and sun protection easily.
2. Senior Wing Seminars: - Older students gathered in the school's lecture hall for detailed briefings led by senior faculty members. These sessions reinforced the guidelines and emphasised the leadership role older students play in maintaining a safe school environment

Conclusion

Shiksha Bharati Global School has taken proactive and highly structured steps to safeguard its students against the current heatwave. By combining individual health practices (hydration, sun protection) with collective safety nets (the Buddy System, Community Care), the school is ensuring that students remain safe, informed, and vigilant.



