

# ITL PUBLIC SCHOOL

Active Engagement of Young Minds during Summer Vacations 2026-27

Class :XI

Subject: PHYSICAL EDUCATION

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## Practical file

Prepare practical file on the following topic:-

Write any one game of your choice which should include

- History of the Game
- Fundamentals skills of the game
- Latest general Rules of the game
- Neat and well labelled diagram of the court/field
- Important Personalities and tournaments related to the game
- Terminology of related game
- Awardees and National & international Venues.

