



NURSERY 2026-27
JOYOUS ART AND SPORTS
INTEGRATED ACTIVITIES FOR
FOR SUMMER VACATIONS



Dear Parents,

We hope that children enjoyed their first spell in school as much as we enjoyed getting to know them. Summer vacations are just round the corner, we would like our children to have a nice time and remain constructively busy. Teachers have shared activity links and made fun activity booklet which are designed under AIL (Art Integrated Learning) catering to holistic development of the children and inter-disciplinary approach.

Involve your daughter in the following fun-filled activities:

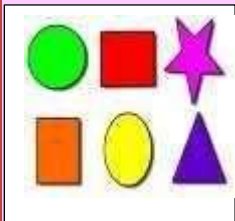


Plan a schedule for your daughter's activity time for the vacation and help her in completing the worksheets.

Involve your daughter in **picture reading**. Try to tell as many interesting stories as possible that will improve her language and go a long way in enhancing vocabulary.

Let her watch only those **programmes on TV** which are appropriate for her age group.

Talk to your daughter about her immediate environment and take her around for **nature walk**. Help her observe and encourage her to ask more questions.



Generate her interest in playing some **educational games** and also play with her.

Encourage your daughter to develop **good habits and etiquettes**.

Improve her skills in recognizing objects. Show her as many things of **different shapes** as you can and help her identify them.

Motivate your daughter to make cut-outs of different **shapes**, i.e., a circle, square, triangle and a rectangle from newspapers and old magazines.

Encourage your daughter to identify and draw pictures/objects (age appropriate) using as many **colours** (red, blue, yellow, green, etc.) as she can.



Read a story from any **story book** to your daughter every night before putting her to bed.

Guide your daughter in performing the **weekend cleanliness tasks** as mentioned in the Learner's Chronicle (page numbers- 22 & 23)



STORY TELLING

Story telling is the most interesting way to nurture your child's personality and improve their creative abilities.

From gaining good virtues to increasing your child's vocabulary, here are the links of a few stories we have compiled for you.

<https://www.youtube.com/watch?v=lZp6Ntomljc> (Healthy Eating Habits)

https://www.youtube.com/watch?v=myQhrSv_vJA (Germ Smart)

https://www.youtube.com/watch?v=1Q3tF_99qis (Beware of Strangers)

ART & CRAFT

Let's catch up with some creativity, and have fun at the same time. Watch the links above and bring out the young budding artists in you.

<https://www.youtube.com/shorts/AR4V9NmbIc> (Handprint Animal Flamingo)

<https://www.youtube.com/shorts/IhN06MpKNhU>

(Geometric Shapes House Scenery craft with paper)

VOCAL MUSIC

Rhymes and songs are a powerful source in early literacy and help children to become interested in rhythm.

<https://youtu.be/PDfxDghqtfw?feature=shared> (Have You Got a Sunshine Smile)

<https://youtube.com/watch?v=LrAtBtQnvCE&feature=shared> (Nursery Rhymes)

DANCE

Children can explore and control their body movements through dance. It improves their confidence and self-esteem.

<https://www.youtube.com/watch?v=S2eRNzsAZg4> (Heads, Shoulders, Knees and Toes)

P. T.

Exercise helps children develop strong bones and muscles. It helps in their gross motor development making them more active and energetic.

<https://www.youtube.com/watch?v=gkw0JCdZO90> (The Warm Up)

<https://youtu.be/y1Q5ZkA1LFg?feature=shared> (Kids Yoga)

CLAY

Clay modeling helps improve eye-hand co-ordination and build fine motor skills.

https://youtube.com/shorts/qXLe_OMJvH0?feature=shared

(Cute Butterfly)

Note : Links are given just for reference .

Internet usage should be strictly under parental supervision.

We hope you and your daughter would enjoy doing these activities together as we can achieve success only with your unflinching support and co-operation.

Ms. Gayatri Dua

Nursery Co-ordinator

