

A TASTE OF HEALTH

ACTIVITY: World Food Day Activity

DATE: 9 April 2026

CONDUCTED BY: Class 4B

On the occasion of World Food Day, the students of Class 4B participated in a fun-filled and educational activity that celebrated healthy eating habits. Each student brought nutritious food from home, including fruits, salads, nuts, and wholesome homemade dishes. The activity provided a wonderful platform for children to come forward and speak a few lines about the food they had brought, explaining its health benefits and how it helps the body grow strong. Students participated with confidence and enthusiasm, making the session both interactive and meaningful. The activity effectively reinforced the importance of choosing nutritious food and adopting healthy eating habits from an early age.

