



ASSIGNMENT NO. 1

SUBJECT: PSYCHOLOGY

CLASS-XI

APRIL -MAY'2026

CHAPTER 1: WHAT IS PSYCHOLOGY?

VERY SHORT ANSWER TYPE QUESTIONS (2 Marks)

1. Define Cognition.
2. What is school psychology?
3. What is introspective method?
4. What do you mean by the terms 'Stimulus' and 'Response'?
5. Where and how community psychologists work?
6. Where and why organizational psychologists are needed?
7. Define and explain the meaning of the word 'psychology'.

SHORT ANSWER TYPE QUESTIONS (3 Marks)

1. What is mind? How mind is related to brain?
2. Differentiate between social psychology and cross-culture psychology.
3. What is cognitive perspective on human nature?
4. What are the basic characteristics of scientific knowledge?
5. What is psychology?
6. Is there any difference between mind and brain?
7. How is a counsellor and a clinical psychologist different?
8. Describe the relationship between the mind and behaviour.
9. What is Gestalt psychology?
10. Define and explain the nature of psychology.

SHORT ANSWER TYPES QUESTIONS (4 Marks)

1. Describe humanistic perspective on human behaviour.
2. How basic psychology is different from applied psychology?
3. Discuss some of the major disciplines linked to the field of psychology.
4. How is psychology used in everyday life? Discuss.
5. What do you understand by the term 'Introspection'?
6. Differentiate between social psychology and sociology.
7. Explain: (a) health psychology; (b) social psychology; (c) educational psychology
8. Discuss Psychology as a Natural Science.
9. Discuss Psychology as a Social Science.
10. Discuss the subject-matter and application of psychology in everyday life.

LONG ANSWER TYPES QUESTIONS (6 Marks)

1. Give a brief account of the evolution of psychology
2. Describe the relation of psychology with other disciplines.
3. Define Psychology and explain different fields or scope of psychology. (Branches)
4. Discuss some areas where psychologists are employed to help.1.

CHAPTER 2: METTODE OF ENQUIRY IN PSYCHOLOGY

VERY SHORT ANSWER TYPE QUESTIONS (2 Marks)

1. Define the term description in goals of psychological enquiry.
2. What do you know about prediction?
3. Define hypothesis and give any example.
4. What is correlation?
5. Define the term 'objectivity'
6. What is demographic information?

SHORT ANSWER TYPE QUESTIONS (3 Marks)

1. Differentiate between structured and unstructured interview.
2. Point out the advantages and disadvantages of survey method.
3. Define reliability. What are its two types? Explain in brief.
4. Distinguish between speed and power tests
5. Differentiate between naturalistic and controlled observations

SHORT ANSWER TYPE QUESTIONS (4 Marks)

1. Explain different types of data collected in psychology for research purpose.
2. Give any four goals of psychological enquiry
3. Give the steps of scientific method.
4. Explain experimental and control groups with an example.
5. Explain with examples with the difference between participant and non-participant observation
6. What are the two distinctive features of an experiment?
7. With the help of an example explain the concept of independent, dependent and intervening/extraneous variables.
8. Give four techniques to control extraneous variables.
9. Give difference between field experiment and quasi experiment
10. Give any four human problems that occur in conducting psychological experiment.
11. Explain survey method. What are the limitations of this method?
12. Explain characteristics of a standardized test
13. What is correlational research? Explain.
14. Explain the main features of interview method.
15. Discuss with example quantitative method of enquiry.

LONG ANSWER TYPES QUESTIONS (6 Marks)

1. Discuss in detail different types of psychological tests
2. Discuss various aspects of ethical principles.
3. Describe the limitations of psychological enquiry
4. Describe the steps in conducting psychological research.
5. Explain goals of psychological enquiry