



FORTNIGHTLY SYLLABUS PLANNING (2026-27)
CLASS XII
SUBJECT- PSYCHOLOGY

New Session begins on 2nd March 2026				
S.no.	Duration	No. of Teaching Days	Theory	Practical/ Activity
1	1 st March – 15 th March	9	Ch-1 Variations in psychological attributes	
2	16 th March – 31 st March	11	Ch-1 Variations in psychological attributes	
3	1 st April-15 th April	10	Ch-2 Self and Personality	SCQ
4	16 th April- 30 th April	11	Ch-2 Self and personality	
Unit Test: 23rd April – 30th April 26				
5	1 st May- 15 th May	10	Ch-3 Meeting Life Challenges	RPM
6	16 th May-31 st May	5	Ch-3 Meeting Life challenges	
Summer Vacations:25th May – 30th June 26				
7	1 st July- 15 th July	11	Ch-4 Psychological Disorders	MMPI
8	16 th July-31 st July	12	Ch-4 Psychological Disorders	
Periodic Test-1: 31st July – 7th August 26				
9	1 st Aug- 15 th Aug	10	Ch-5 Therapeutic Approaches	DBDA
10	16 th Aug- 31 st Aug	9	Ch-5 Therapeutic approaches	
Syllabus Completion for Mid Term Examinations: 31st Aug 2026				
Practicals for Mid Term Examinations: 7th Sept – 11th Sept 26				
11	1 st Sept-15 th Sept	8	REVISION	
Mid Term Examinations: 14th Sept- 25th Sept 26				
12	16 th Sept – 30 th Sept	3	Ch-6 Attitude and Social cognition	AISS
13	1 st Oct- 15 th Oct	10	Ch-6 Attitude and social cognition	
Autumn Break- 17th Oct – 20th Oct 26				
14	16 th Oct-31 st Oct	8	Ch-7 Social Influence and group processes	
15	1 st Nov -15 th Nov	7	Ch-7 Social processes and group processes	
Syllabus Completion: 6th Nov 26				
Diwali Break : 7th Nov – 11th Nov 26				
Pre Board 1 Examination: 18th Nov – 30th Nov 26				
Practicals for Pre Board 2: 1st Dec – 4th Dec 26				
Pre Board 2 Examination: 11th Dec – 23rd Dec 26				
Winter Break- 28th Dec - 8th Jan 27				

SYLLABUS FOR ASSESSMENT

Exam	Test Date	Syllabus
UNIT TEST	29-4-26	Ch-1&2
PERIODIC TEST 1	5-8-26	Ch-3&4
MID TERM EXAMINATION	21-9-26	Ch-1,2,3,4,&5
PRE BOARD 1 EXAMINATION	30-11-26	FULL SYLLABUS
PRE BOARD 2 EXAMINATION	14-12-26	FULL SYLLABUS