



FORTNIGHTLY SYLLABUS PLANNING (2026-27)
CLASS XII
SUBJECT-HOME SCIENCE

New Session begins on 2nd March 2026

| S.no. | Duration | No. of Teaching Days | Theory | Practical/ Activity |
|--|---|----------------------|--|--------------------------------------|
| 1 | 1 st March – 15 th March | 9 | Chapter 1 -Work , Livelihood and Career Chapter 2-Clinical Nutrition and Dietetics | Diet Plan for Elderly person |
| 2 | 16 th March – 31 st March | 11 | Chapter 3-Public Nutrition and Health Chapter 5-Food Processing and Technology | Diet Plan for Lactating Women |
| 3 | 1 st April-15 th April | 10 | Chapter 6-Food quality and Food Safety | Plan a menu for School Canteen |
| 4 | 16 th April- 30 th April | 11 | Revision for unit test | |
| Unit Test: 23rd April – 30th April 26 | | | | |
| 5 | 1 st May- 15 th May | 10 | Chapter 11- Design for Fabric and Apparel Chapter 12- Fashion Design and Merchandising | Tie and Dye |
| 6 | 16 th May-31 st May | 5 | Chapter 15 -Care and Maintenance of Fabrics in Institution | Block Printing Stain removal |
| Summer Vacations:25th May – 30th June 26 | | | | |
| 7 | 1 st July- 15 th July | 11 | Chapter 20- Consumer Education and Protection | Adulteration |
| 8 | 16 th July-31 st July | 12 | Chapter 17– Hospitality Management | Project work |
| Periodic Test-1: 31st July – 7th August 26 | | | | |
| 9 | 1 st Aug- 15 th Aug | 10 | Chapter 7- Early Childhood and Education | Pamphlet/Leaflet |
| 10 | 16 th Aug- 31 st Aug | 9 | Chapter 21 – Development Communication and Journalism | Analysing an advertisement for a job |
| Syllabus Completion for Mid Term Examinations: 31st Aug 2026 | | | | |
| Practicals for Mid Term Examinations: 7th Sept – 11th Sept 26 | | | | |
| 11 | 1 st Sept-15 th Sept | 8 | REVISION | |
| Mid Term Examinations: 14th Sept- 25th Sept 26 | | | | |
| 12 | 16 th Sept – 30 th Sept | 3 | Chapter 10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly | Label designing |
| 13 | 1 st Oct- 15 th Oct | 10 | Chapter 10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly | Poster Designing |
| Autumn Break- 17th Oct – 20th Oct 26 | | | | |
| 14 | 16 th Oct-31 st Oct | 8 | Revision | |
| 15 | 1 st Nov -15 th Nov | 7 | Revision | |
| Syllabus Completion: 6th Nov 26 | | | | |
| Diwali Break : 7th Nov – 11th Nov 26 | | | | |
| Pre Board 1 Examination: 18th Nov – 30th Nov 26 | | | | |
| Practicals for Pre Board 2: 1st Dec – 4th Dec 26 | | | | |
| Pre Board 2 Examination: 11th Dec – 23rd Dec 26 | | | | |
| Winter Break- 28th Dec - 8th Jan 27 | | | | |

SYLLABUS FOR ASSESSMENT

| Exam | Test Date | Syllabus |
|-------------------------|-----------------|--|
| UNIT TEST | 23.04.26 | Chapter1 -Work , Livelihood and Career Chapter 2-Clinical Nutrition and Dietetics |
| PERIODIC TEST 1 | 03.08.26 | Chapter1 -Work , Livelihood and Career Chapter 2-Clinical Nutrition and Dietetics Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety |
| MID TERM EXAMINATION | 25.09.08 | Chapter 2-Clinical Nutrition and Dietetics ,Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety, Chapter 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution, Chapter20- Consumer Education and Protection, Chapter 17– Hospitality Management, Chapter7- Early Childhood and Education |
| PRE BOARD 1 EXAMINATION | 20.11.26 | Chapter1 -Work ,Livelihood and Career, Chapter 2-Clinical Nutrition and Dietetics ,Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety, Chapter7- Early Childhood and Education, Chapter , Chapter10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly, 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution, Chapter 17– Hospitality Management, Chapter20- Consumer Education and Protection, Chapter21 – Development Communication and Journalism |
| PRE BOARD 2 EXAMINATION | 21.12.26 | Chapter1 -Work ,Livelihood and Career, Chapter 2-Clinical Nutrition and Dietetics ,Chapter 3-Public Nutrition and Health, Chapter 5-Food Processing and Technology Chapter 6-Food quality and Food Safety, Chapter7- Early Childhood and Education, Chapter , Chapter10 – Management Of support services, Institutions and Programmes for Children, Youth and Elderly, 11- Design for Fabric and Apparel, Chapter 12- Fashion Design and Merchandising , Chapter15 -Care and Maintenance of Fabrics in Institution, Chapter 17– Hospitality Management, Chapter20- Consumer Education and Protection, Chapter21 – Development Communication and Journalism |