

International Workers' Day, celebrated annually on 1 May, is a global holiday honoring the labor movement and workers' contributions. May Day originated from late 19th-century labor movement activities and protests.



In 1884, a national federation of unions announced a campaign to establish an eight-hour workday by May 1, 1886. Workers in cities across North America went on strike leading up to that date in one of the era's largest and most tumultuous periods of worker unrest.



In India, Labour Day gained prominence during the early 20th century under colonial rule, when industrial workers began organising against exploitative working conditions.



Over time, labour laws such as the Minimum Wages Act, Equal Remuneration Act (1976) and Maternity Benefit Act were introduced, reflecting the growing recognition of workers' rights, including those of women.



Labour Day is not just a celebration—it is a movement toward a better future for workers. With new themes like **mental health, equality, and sustainability**, **international labour day 2026** highlights the need for a modern, inclusive workforce.



The United Nations designated 12 May as the International Day of Plant Health to raise global awareness on how protecting plant health can help end hunger, reduce poverty, protect biodiversity and the environment, and boost economic development.



Plants make up 80 percent of the food we eat and produce 98 percent of the oxygen we breathe.

Plant pests and diseases are responsible for the loss of up to 40 percent of global food crops, and for trade losses exceeding USD 220 billion in agricultural products annually.

List of medicinal Plant

- Tulsi (Holy Basil)
- Aloe Vera.
- Lavender.
- Ashwagandha.
- Peppermint.
- German Chamomile.
- Lemon Balm.
- Rosemary.

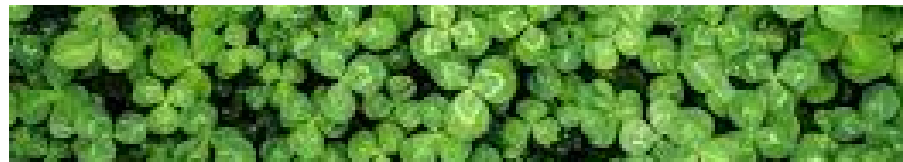
The Peony is a lush, vibrant flower that is rich in symbolism, including prosperity, honour, and compassion. In the language of flowers, it represents healing by symbolising a happy life and good health



“The International Day of Plant Health is an opportunity to highlight the crucial importance of plant health, both in itself and as part of One Health approach, encompassing human, animal and ecosystem health.



2026 Theme: "Plant Biosecurity for Food Security",



International Day of Light (IDL), celebrated annually on May 16, is a global initiative highlighting the vital role of light in science, technology, culture, and sustainable development.



Organized by UNESCO, it commemorates the first successful laser operation in 1960 by physicist Theodore Maiman.

Light is a form of electromagnetic radiation that travels at incredible speeds—roughly 300,000 kilometers per second (miles/second)—acting as both a wave and a particle.



It travels in straight lines, cannot bend on its own, and enables us to see the world by reflecting off objects and activating optic nerves.

The study of light has led to promising alternative energy sources, lifesaving medical advances in diagnostics technology and treatments, light-speed internet and many other discoveries that have revolutionized society and shaped our understanding of the universe.



The theme for the 2026 International Day of Light (16 May) is "Light for a Sustainable Future".

Held every year on 21 May, the World Day for Cultural Diversity for Dialogue and Development celebrates not only the richness of the world's cultures, but also the essential role of intercultural dialogue for achieving peace and sustainable development.



The United Nations General Assembly first declared this World Day in 2002, following UNESCO's adoption of the 2001 Universal Declaration on Cultural Diversity, recognizing the need to "enhance the potential of culture as a means of achieving prosperity, sustainable development and global peaceful coexistence."



The day was established partly in response to the destruction of the Bamiyan Buddha statues in Afghanistan in 2001, emphasizing the need to protect cultural heritage



The 7 elements of culture are Language, Customs and Traditions, Religion, Social Organization, Arts and Literature, Forms of Government, and Economic Systems.

The 2026 theme, 'Culture connects us all',



World Football Day is officially celebrated on May 25th each year, established by the United Nations General Assembly in May 2024 (Resolution A/RES/78/281) to recognize the sport's massive global impact on peace, diplomacy, and development.



25 May was chosen to honor the anniversary of the 1924 Olympic Football Tournament in Paris, the first to feature teams from all regions, and the 1928 decision to create the FIFA World Cup™

While modern rules were formalised in England in 1863, the earliest known form of football was a Chinese game called Cuju (literally "kick ball"), which dates back to at least the 3rd century BC.

Football is the world's most popular sport, played by over 250 million people across more than 200 nations.



The theme for the 2026 FIFA World Cup is "WE ARE 26",

