
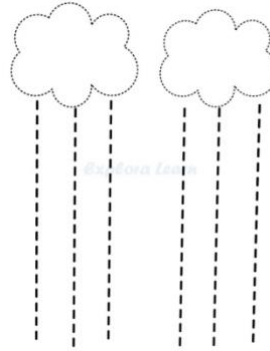




TIMETABLE (NURSERY)

THEME: ALL ABOUT ME

DAYS	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains->	Positive Habits	Language & Literacy Development	Numeracy		Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (13.04.26)	Free-Play (Settling Time)	Welcome Cleanliness Checkup Prayer & Group Singing	General discussion on My Body Parts The teacher will introduce body parts through a fun and interactive discussion, encouraging students to observe, identify, and talk about their own body parts. Teacher can ask questions: <ul style="list-style-type: none"> • How do we see things around us? • What helps us to hear some music? • Where is your nose? • What helps us to eat? 	Counting Body Parts Students will stand in front of the big mirror, observing their body and will count their body parts. They will speak lines like I have 2 eyes, I have 1 nose, I have 2 hands .  Introduction of Standing line (Sand tray activity) The teacher will introduce standing line using a sand	L U N C H	Action with Body Parts Students will move different body parts. They will follow the teacher like touch your head, clap hands, stomp feet. The teacher will also sing action song and students will repeat with actions. Na na na, I'm so happy Oh so happy, sing with me Na na na, I'm so happy Oh so happy, sing with me Clap, clap, clap your hands 🖐️ Stomp, stomp, stomp your feet 🦶	Finger Dip Activity on Standing line The teacher will introduce the concept of Standing Lines through an activity where students will dip their fingers in watercolour and trace the raindrops coming from a cloud. 	Talk about me The teacher will sit with the students and ask simple questions like "What is your favorite color?" or "Who is your friend?" Students will take turns answering the questions. The teacher will encourage everyone to listen to their friends' answers and respond politely. 

				<p>tray activity. Students will trace standing lines in the sand tray using their fingers.</p>	B R E A K	<p>Swing, swing, swing your arms 🖐️ Dance everybody and sing with me 🎵🎶</p> <p>Na na na, I'm so happy Oh so happy, sing with me Jump, jump, jump around 🦘 Touch the sky and touch the ground 🌍 Shake, shake, shake your hips I know a song and it goes like this 🎵</p>				
TUESDAY (14.04.26)	Free-Play (Settling Time)	Welcome	HOLIDAY			HOLIDAY				
		Cleanliness Checkup								
WEDNESDAY (15.04.26)	Free-Play (Settling Time)	Welcome	General Discussion on My senses	Jump and Count	Balance Walk	Doodling	Outdoor Walk – Breathing time			
		Cleanliness Checkup	The teacher will introduce the topic of “My Senses” through a discussion. Students will learn about their five senses – see, hear,	The teacher will call out a number (1–3), and students will jump that many times. Students will count aloud while jumping (e.g. 1, 2)				The teacher will draw a straight line on the floor. Students will walk on the line one by one, trying to maintain balance.	The students will pick their favourite crayons and do doodling in their art file.	The teacher will take the students for a short outdoor walk in the playground. Students will breathe in fresh air, stretch their arms, and enjoy nature around them.
		Prayer & Group Singing								

smell, taste, and touch.

The teacher will ask questions:

1. When you see a beautiful flower, which sense are you using?
2. When you hear a loud horn, which sense is working?
3. When you smell yummy food, which sense do you use?
4. When you eat a sweet chocolate, which sense helps you?
5. When you touch ice, which sense do you use?

MY 5 SENSES

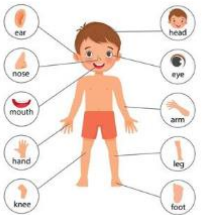





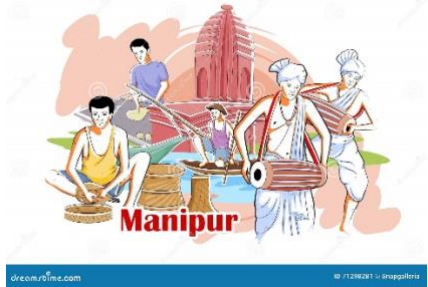


Worksheet of Standing line

The teacher will revise the concept of a standing line through a worksheet. Students will use crayons and trace standing lines on the worksheet



The teacher will encourage children to notice things like flowers, trees, birds, and the sky, encouraging them to discuss about the things around us.

<p>THURSDAY (16.04.26)</p>	<p>Free-Play (Settling Time)</p>	<p>Welcome</p> <hr/> <p>Cleanliness Check Up</p> <hr/> <p>Prayer & Group Singing</p>	<p>Recapitulation of Body Parts and their senses</p> <p>The teacher will recap the topic of body parts and their senses through a lively and interactive discussion. She will encourage students to recall, identify, and confidently talk about different body parts.</p> 	<p>Knowing About My Age (I am 3)</p> <p>The teacher will introduce the activity, asking the students about their age. Students will trace “I am 3” and will also colour number “3”. In this way, students will understand and express about their age that they are 3 years old now.</p>  <p>Practice of Standing line</p> <p>Students will trace standing lines in their notebook using crayons.</p>		<p>Follow the leader</p> <p>The teacher will perform simple actions like clapping, jumping, turning, or raising hands. Students will carefully observe and follow the same actions.</p> 	<p>Clay Play</p> <p>The teacher will give clay to the students and they will roll the clay to make into a standing line, or a ball etc.</p> 	<p>Story Time</p> <p>The teacher will narrate a story and ask students questions about it.</p> <p>Mia’s Helping Hands Mia was a little girl who loved to help everyone. One day, she saw her friend drop her toys. Mia used her hands to pick them up and give them back.</p> <p>Then Mia saw her friend feeling sad. She gave a hug with her arms and said, “It’s okay, I am here!”</p> <p>Later, Mia listened carefully to her friend talking with her ears and smiled. She even looked into her friend’s eyes to make sure she felt better. Mia said, “My body can do so many wonderful things! I can help, hug, see, and listen.”</p> <p>Teacher will later ask students that: “Which body part did Mia use to pick up</p>
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								toys?" "Can you show me your arms like Mia?" "Which body part do you use to listen?"
FRIDAY (17.04.26)	Free-Play (Settling Time)	Welcome	Discussion on World Heritage Day The teacher will tell the students about World Heritage Day, creating curiosity and interest among them. The teacher will explain the importance of this day celebrating different states. Students will be encouraged to joyfully listen, observe and connect with the different cultures.	Introduction of Sleeping line The teacher will introduce the concept of a sleeping line. Students will use crayons to trace sleeping lines in their notebook.	<p align="center">Tableaus on the occasion of World Heritage day</p> <p align="center">Beautifully curated state stalls representing Odisha, Punjab, Maharashtra, and Assam will come alive with traditional attires, iconic landmarks, regional cuisines, and melodious folk music. The atmosphere will be transformed into a vibrant tapestry of colors, sounds, and flavors — truly a feast for the senses!</p> <div style="text-align: center;">  <p>Manipur</p> </div> <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;">  <p>GOA THE LAND OF BEACHES</p> </div> <div style="text-align: center;">  <p>KASHMIR THE PARADISE ON EARTH</p> </div> </div>			
		Cleanliness Check Up						
		Prayer & Group Singing						

Trace Sleeping Lines

