



ASSIGNMENT NO. 1

SUBJECT: PSYCHOLOGY

CLASS-XII

APRIL -MAY'2026

Chapter-1: Variations in psychological attributes

Very short answer type questions (2 marks)

1. Vaani is not just smartest girl but also requires less command by her teachers and parents to accomplish any given tasks. She analyse problems and arrives at solutions quickly. Identify the type of intelligence Vaani has.
2. Babita is an NGO worker who works for the street children like their education, food and uplifting their social status. Identify the type of intelligence of Babita has.
3. Differentiate between the source traits and surface traits.
4. Raman is known for his ability to solve and sort out various problems using his past experiences creatively. It is also reflected in creative performance. Name the skills persons like him, high on this aspect and how quickly they find out solution in a given situation.
5. Gautam is very sensitive about his feelings and emotions. He also controls his emotions and expressions while dealing with self and others. Name the other two traits of Emotionally Intelligent Person.

Short questions type questions (3 marks)

1. Rohit has always been fascinated by words and language. He excels in writing stories, learning new languages, and expressing his thoughts clearly. His teachers often praise his ability to use language effectively in debates and essays. What is linguistic intelligence?
2. Sandra, a 20-year-old medical student is described as kind, caring and loyal and prefers watching movies and reading rather than going out to a party. Sandra works hard, studying Medicine at university and volunteers to help children with autism. What types of characteristics and features she adhere?
3. Technologically advanced societies adopt child rearing practices that foster skills of generalisation and abstraction, speed, minimal moves and mental manipulation among children. What type of behaviour, these societies promotes?
4. Shanta has an IQ of 140. She has recently won an award for the 'Best Author' as well. Will she be gifted or talented? Elaborate on giftedness and its characteristics

Long questions type questions (4 marks)

1. Sandeep and his friends has planned a hiking plan in Nanda Devi Mountains in Uttarakhand. Among them, Mukesh Thapa, a local person to that region insisted to lead the troop, as he was acquainted with the climate and terrain. Identify and explain the type of Mukesh Thapa's personality in psychology.
2. Ravi is preparing for an exam that requires applying previously learned concepts to solve complex problems. His ability to use stored information effectively demonstrates the knowledge base component of intelligence. Explain the knowledge base in PASS Model of Intelligence.
3. Lovelen and Jadon are just briefed by their organisation to get enrolled to participate in the

upcoming IQ test Kohs Block Test, where a number of wooden blocks to be arranged by the candidates. How IQ test is designed in Kohs Block Test?

4. Tina in her childhood mostly expressed her creativity through physical activities and in nonverbal ways. In the later years, she fully developed her creativity through verbal modes too. How creativity can be defined?

Very long questions type questions (6 marks)

1. What are the characteristics of the indirect methods of personality assessment? Explain any two such used to assess personality. to assess personality.
2. Is intelligence a product of heredity or environment? Give reasons in support of your answer.
3. Describe Robert Sternberg's theory of intelligence.
4. Differentiate processing and psychometric approach to understand intelligence. Explain any four theories of psychometric approach.

Chapter: 2 Self & Personality

Very short answer type questions (2 marks)

1. Urmila has enrolled into a new skill development course for further enhancement in her career. She never hesitates to new learning modes and to enhance her knowledge. What Rogers has mentioned about person like Urmila?
2. Parents of Sonam are really proud of her daughter as she is the youngest Youtuber with million strong followers. She is just 7 but has memorised various facts and figures. Explain the two characteristics of her personality.
3. Swarnalipi is an organised girl who does everything according to her own schedule and planning. She also motivates others to do the same. Identify and define the type of her intelligence.
4. Explain any two features of Self-Report Measures Test.
5. Neeru is such a smart girl, who requires very few commands to fulfil her daily tasks, whether it is home or office. What are the characteristics of her personality?

Short questions type questions (3 marks)

1. Kenneth has decided to visit Serengeti National Park during her summer vacation. He is someone who doesn't like to experience natural beauty through TV. Which type of personality he has according to the Five-Factor Model of Personality? Describe it.
2. Mandy is an upcoming promising Radio Jockey (RJ) who runs a Q&A Session every Saturday 9 to 10 PM. He raises the questions related to common problems as well as difficult marriage life over the phone. Do you think he has certain trait personality?
3. 'Individuals possess a number of traits, which are dynamic in nature.' Explain.
4. Raman shows variation in his behaviour. At times he is friendly and other times he becomes very shy and introvert. Give reasons why his behaviour is not constant.

Long questions type questions (4 marks)

1. Meera is a psychologist conducting personality assessments for a group of employees. She explains that the Big Five Factors of Personality help in understanding traits like openness, conscientiousness,

extraversion, agreeableness, and neuroticism. She asks her clients to describe themselves based on these traits to understand their personality better. Define any four Big Five Factors of Personality.

2. "Psychological qualities resulted from a desire for freedom, and striving for justice and truth". Explain.
3. A study found that one third of British children, at age six, are afraid of snakes even though it is rare to encounter snakes in British Isles. The children had never come in contact with snakes a traumatic situation, but snakes still generated anxious response How would Carl Jung's theory of personality explain the same Throw some light on his theory.
4. Razia is unhappy with her career despite having a stable job and a good salary. According to the Humanistic theory of personality, what could be the reason for her dissatisfaction?

Very long questions type questions (6 marks)

1. Describe Freud's psychosexual stages of personality development.
2. Explain the characteristics of indirect techniques that are used to assess personality. Describe any two such tests
3. Describe humanistic approach to personality. What Maslow mean by self-actualisation?
4. Enumerate the structure of personality with respect to Freud's theory of personality.