



BLOOM PUBLIC SCHOOL
C-8 Vasant Kunj, New Delhi
Syllabus for the Session 2026-27

Class: VII

Subject: SOCIAL SCIENCE

| SYLLABUS | | | |
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| MONTH | CHAPTER (NCERT Text book) | CONTENT (Topics) | Practical/Activities |
| April | Geography - Chapter:1 Geographical Diversity of India (Part :1) | <ul style="list-style-type: none"> -The Himalayas -How Himalayas were formed -The Cold Desert of India -The Gangetic Plains -The Great Indian Desert or the Thar Desert -The Peninsular Plateau -India's Amazing Coastlines (East & West) -Indian Islands -The Sundarbans Delta -The Hills of the Northeast | <u>Activity</u> :- Map Work - Mark different geographical features of India. (Himalayas, Plateau, Aravalli hills etc.) |
| | History - Chapter:5 The Rise of Empires(Part :1) | <ul style="list-style-type: none"> -What is an Empire? -Features of an Empire -Trade & Trade routes and guilds -The Rise of Magadha -The Arrival of the Greeks -The Mighty Mauryas -Life in the Mauryan period -The fragile nature of Empires | <u>Activity 1</u> :- Map work- Mark important cities and Mahajanapadas during the Mauryan Era. <u>Activity 2</u> :- Research and collect evidence related to Ashoka's victory over Kalinga and subsequent events leading to Ashoka choosing the path of peace. |

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| | <p>History- Chapter:8 How the Land Becomes Sacred (Part :1) (Activity Based)</p> | <ul style="list-style-type: none"> -What is Sacredness? -Pilgrimages -Becoming aware of Sacred Geography -Sacred Ecology -Mountains and Forests -Trees, forests and Sacred Groves -Sacred Geography beyond India | <p><u>Activity</u>:-Research and make a presentation on the sacred sites of your region. Enquire into why they are considered sacred.</p> <p><u>OR</u></p> <p>-Research work on the recent Maha Kumbh Mela 2025.</p> |
| May | <p>Economics- Chapter:12 Understanding Markets(Part :1)</p> | <ul style="list-style-type: none"> -What is a Market? -Prices and Markets -Markets Around Us -Wholesale and Retail Markets -The role of Markets in People's Lives -Government's role in the market | <p><u>Activity 1</u>:-You have manufactured a soap bar. Design a label for its packaging with all the mandatory information.</p> <p><u>Activity 2</u> :- Prepare a pictorial representation of the chain of markets using a product.</p> |
| | <p>Geography - Chapter:2 Understanding the Weather(Part :1)</p> | <ul style="list-style-type: none"> -Weather and it's Elements -Weather Instruments -Weather Stations -Predicting the Weather | <p><u>Activity 1</u>:- Find out various clues from nature that can help us predict the weather.</p> <p><u>Activity 2</u>:- Prepare a weather chart for your city for a week.</p> |
| | <p>Economics- Chapter:7 Infrastructure: Engine of India's Development (Part:2) (Activity Based)</p> | <ul style="list-style-type: none"> -Why is physical infrastructure important? -Transportation Infrastructure -Communications Infrastructure -Collective Responsibility Towards Infrastructure | <p><u>Activity 1</u>:-If you could design a new railway or metro station, what would it look like and what features would you add to make it more fun and comfortable for the passengers?</p> |
| July | <p>History - Chapter:6 The Age of Reorganisation (Part :1)</p> | <ul style="list-style-type: none"> -Surge of the Shungas -The Satavahanas -Life under the Satavahanas -Kingdoms and Life in the South -The Cholas -The Cheras -The Pandyas -The emergence of the Kushanas | <p><u>Activity 1</u>:- Activity: Imagine you have the chance to create your own kingdom. What royal emblem Would you choose, and why? What title would you take as the ruler? Write a note about your kingdom, including its values, rules and regulations, and some unique features.</p> |

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| | <p>Social and Political Life (SPL)- Chapter:9 From the Rulers to the Ruled:Types of Governments (Part :1)</p> | <p>-What is the Government? -Functions of Government -What is Democracy? -Democratic Governments around the World -Principles of Democratic Government -Different forms of Democratic Government -Other forms of Government around the World -Why Democracy matters?</p> | <p><u>Activity 2 :-</u> Mark important Indian kingdoms in the post Mauryan Period.</p> <p><u>Activity:-</u> Explore and make a ppt /video on various types of governments ruling different countries in the world</p> |
| <p>August</p> | <p>Social and Political Life - Chapter:11 From Barter to Money (Activity Based)(Part :1)</p> <p>History - Chapter:7 The Gupta Era: An Age of Tireless Creativity(Part :1)</p> | <p>-Why do we need money? -Basic functions of money -The journey of money -Coinage, Paper money,other forms of money</p> <p>-The new power (Warrior king) -Travellers account on Indian society in the Gupta Age -Glimpses of the Gupta Empire -Governance and administration -New ideas and wonders: The classical Age</p> | <p><u>Activity 1:-</u> Research and list down the measures taken by RBI to prevent illegal printing of notes and their misuse. Discuss about certain security measures.</p> <p><u>Activity 1:-</u> Conduct a research work on Ancient scholars and scientists- Aryabhata, Varahamihira, and Kalidasa.</p> |

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| <p>September</p> | <p>History - Chapter:7 The Gupta Era: An Age of Tireless Creativity(Part :1)</p> <p>History - Chapter:4 New Beginnings: Cities and States (Activity Based) (Part :1)</p> <p>Revision for the Mid - term examination</p> | <p>-The Quest for Beauty -The Decline of the Guptas</p> <p>-Janapadas and Mahājanapadas -Early Democratic Traditions -More Innovations -The Varna Jati System -Developments Elsewhere in India</p> | <p><u>Activity 2:-</u> Research on Nalanda University and its rich cultural heritage.</p> <p><u>Activity:-</u> Imagine you are a historian studying ancient India. Explore the types of sources (archaeological, literary, etc.) you would use to learn more about the mahājanapadas.</p> |
| <p>October</p> | <p>Geography - Chapter:3 Climates of India(Part :1)</p> <p>History - Chapter:5 India, a Home to Many (Part 2) (Activity Based)</p> | <p>-Weather, Seasons and the Climate -Types of Climates in India -Factors determining the Climate -The Monsoons -Climate and our lives -Climate s and Disasters -Climate Change</p> <p>-The Story of Indian Jews -The Syriac Christian Community -The Arab Merchant Community -The African Connection -The Armenians in India -The Baha’i Community in India -The ‘Good Maharaja’ and the Polish Children -Tibetan Refugees in India -The Whole World is Family -Indian Values Beyond India</p> | <p><u>Activity1:</u> Draw the monsoon cycle in summers and winters on a map of India showing the direction of winds.</p> <p><u>Activity 2:-</u> Make a colourful poster showing festivals in India linked to farming and weather. Add pictures or drawings of these festivals.</p> <p><u>Activity:-</u>Take up a class project. Divide the class into groups. Each group takes up a small project to study a little more about the communities that we have been listed here. Share what you have gathered with your classmates through one of these ways drama, posters, song, painting, etc.</p> |

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| <p>November</p> | <p>Social and Political Life - Chapter:10 The Constitution of India — An Introduction (Part :1)</p> <p>History - Chapter:3 Empires and Kingdoms: 6th to 10th Centuries (Part 2)</p> | <p>-What is a Constitution? -Why do we need a constitution? -Writing the Constitution of India -How was our Constitution developed? -What all events influenced our Constitution -Key features of the Constitution of India -The Constitution is a living document -Understanding the Preamble</p> <p>-The ‘Great King of Kings -A Tripartite Struggle for Kannauj -Kashmir -The Deccan and Beyond -Foreign Invasions</p> | <p><u>Activity:-</u> Design a constitution booklet for your own school mentioning all the rules and regulations to be followed. (Include the Preamble).</p> <p><u>Activity:</u> Forming groups, let each group choose one Ālvār and one Nāyanār and prepare a biography poster or booklet. Include their life stories and a sample poem or two (in translation).</p> |
| <p>December</p> | <p>Geography - Chapter:1 The Story of Indian Farming (Part- 2)</p> <p>History - Chapter:4 Turning Tides: 11th and 12th Centuries (Part 2)</p> | <p>-India’s Agricultural Landscape -Echoes from the Past -Climate, Seasons, and Crops: What Grows Where and When? -Soil, the Foundation of Cultivation -Water: Rain-Fed vs. Irrigated Agriculture -Agricultural Practices: Traditional Wisdom and Modern Innovations -The Role of the Government</p> <p>-The Ghaznavid Invasions -Back to the North -Governance, Trade and Cultural Life</p> | <p><u>Activity:-</u> Students will design a rotating crop calendar wheel showing: Kharif crops, Rabi crops, Zaid crops. They decorate it with drawings of crops like rice, wheat, and pulses.</p> <p><u>Activity:-</u> Taking a map of the Subcontinent, draw a geographical tour that covers all or most dynasties in this chapter (you may draw inspiration from some of the ‘travels’ the chapter’s narration follows).</p> |

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| <p>January</p> | <p>Economics- Chapter:8 Banks and the Magic of Finance (Part -2)</p> | <p>-What are banks and what do they do? -Other Financial Institutions -Payment Modes and Systems -Stock Market</p> | <p><u>Activity</u> Create a Financial Safety Poster. -Design a poster with dos and don'ts of digital banking safety (for example, not sharing OTPs, reporting frauds). -Include emergency numbers or websites like https://cybercrime.gov.in or 1930 helpline. -Hang the posters in school corridors or the library.</p> <p>-Cheques are often used to pay utility bills. Ask your parents to allow you to fill out the cheques for a few monthly payments.</p> |
| | <p>Geography - Chapter:2 India and Her Neighbours (Part:2)</p> | <p>-Framing the Neighbourhood -India and Her Land-based Neighbours -India's Maritime Neighbours -An Ancient Neighbour -The 'Land of Copper'</p> | <p><u>Activity:-</u> On blank maps: -Label India's neighbours. -Draw arrows showing cultural flows (e.g., food, festivals, languages) between India and her neighbours. -Imagine and redraw new "borders of friendship" that connect neighbours through rivers, trade routes, or cultural zones. -Collect pictures of the flags of the countries listed in this chapter and write your observations.</p> |
| | <p>Social and Political life- Chapter:6 The State, the Government, and You (Part:2)</p> | <p>-What is a State? -What is a Government? -Democracy and Republic -India, a Republic that Protects the Rights of All -Legislature: The Lawmaking Body</p> | <p><u>Activity 1:-</u> <u>Role Play: "Mock Parliament"</u> Students act as: -Speaker -Members of Parliament -Ministers Discuss and pass a simple classroom rule as a "law."</p> |

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| <p>February</p> | <p>Social and Political life- Chapter:6 The State, the Government, and You (Part:2)</p> <p>Revision for the Annual examination</p> | <p>Continued -Executive: The Law-Implementing and Policymaking Body -The Government and You -Judiciary: the 'Watchdog' -Tiers of Government</p> | <p><u>Activity2:-Digital Presentation:Tiers of Government</u> Students prepare a short PowerPoint explaining: -Union Government -State Government -Local Government Include examples like: -Lok Sabha -Rajya Sabha</p> |
| <p>March</p> | <p>Annual examination</p> | | |

ASSESSMENT SYLLABUS

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| PERIODIC ASSESSMENT -1 | <p>1.History- Chapter:5 The Rise of Empires(Part :1)</p> <p>2.Geography -Chapter:1 Geographical Diversity of India</p> <p>3.Economics- Chapter:12 Understanding Markets(Part :1)</p> |
| MID TERM EXAMINATION | <p>1.History- -Chapter:5 The Rise of Empires(Part :1) -Chapter:6 The Age of Reorganisation (Part :1) -Chapter:7 The Gupta Era: An Age of Tireless Creativity(Part :1)</p> <p>2.Geography - -Chapter: 1 Geographical Diversity of India -Chapter:2 Understanding the Weather(Part :1)</p> <p>3.Social and Political Life (SPL)- -Chapter:9 From the Rulers to the Ruled:Types of Governments (Part :1)</p> <p>4.Economics- -Chapter:12 Understanding Markets(Part :1)</p> |
| PERIODIC ASSESSMENT -2 | <p>1.History- Chapter:3 Empires and Kingdoms: 6th to 10th Centuries (Part 2)</p> <p>2.Geography- Chapter:3 Climates of India(Part:1)</p> <p>3.Social and Political Life (SPL)- Chapter:10 The Constitution of India — An Introduction (Part :1)</p> |
| ANNUAL EXAMINATION | <p>1.History- -Chapter:5 The Rise of Empires(Part :1) -Chapter:6 The Age of Reorganisation (Part :1) -Chapter:7 The Gupta Era: An Age of Tireless Creativity(Part :1) -Chapter:3 Empires and Kingdoms: 6th to 10th Centuries (Part 2) -Chapter:4 Turning Tides: 11th and 12th Centuries (Part 2)</p> |

2. Geography-

-Chapter:1

Geographical Diversity of India

-Chapter:2 Understanding
the Weather(Part :1)

-Chapter:3 Climates of India(Part:1)

-Chapter:1

The Story of Indian Farming

(Part- 2)

-Chapter:2 India and Her Neighbours (Part:2)

3. Social and Political Life (SPL)-

-Chapter:9

From the Rulers to the Ruled: Types of Governments (Part :1)

-Chapter:10 The Constitution of
India — An Introduction (Part :1)

4. Economics-

-Chapter:12 Understanding

Markets(Part :1)

-Chapter:8

Banks and the Magic of Finance (Part -2)