



THE THIN LINE - IS IT A JOKE OR IS IT BULLYING?

**Target audience:
Middle School Students
(Grades 6 to 8)**

**Monday - Friday
February 1-27, 2026**

INTENT:

To strengthen students' understanding of respectful interactions, empower them to act as responsible peers, and cultivate a culture of inclusivity and emotional safety. The session aims to equip students with practical skills to identify, prevent, and respond to bullying in daily life.

EXPERIENCE:

Students participated in structured, class-to-class discussions that encouraged active engagement and critical thinking. Through analyzing realistic peer scenarios, case vignettes, they explored how repeated teasing, exclusion, or targeting can affect an individual's sense of belonging, self-esteem, and emotional wellbeing. The session included reflective questions and group dialogue that helped students identify the fine line between jokes and bullying, examine their own behavior, and consider the impact of their words on others. The awareness sessions extended across February.

INSIGHT:

Students developed awareness of the emotional impact of their words and actions, reframing teasing and humor through the lens of respect, empathy, and social responsibility. The session reinforced the school's commitment to creating a safe and emotionally supportive middle school environment.

CREDENCE HIGH SCHOOL, DUBAI

