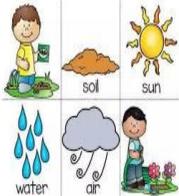


## TIMETABLE (NURSERY )

### THEME: PLANTS & TREES

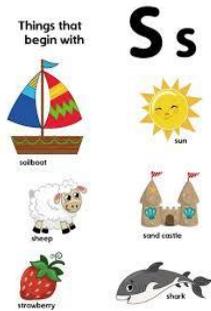
| DAYS                         | 9:00am-9:10am                | 9:10am-9:30am          | 9:30am-10:10am   | 10:10am-10:55am  | 10:55am-11:35am                                 | 11:35am-12:05am   | 12:05am-12:35am  | 12:35am-1:00noon  |
|------------------------------|------------------------------|------------------------|--|--|---|---|--|---|
|                              | Domains                      | Positive Habits        | Language & Literacy Development  | Numeracy   |   | Physical Development  | Aesthetic Development  | Socio-Emotional Development   |
| <b>MONDAY<br/>(12.01.26)</b> | Free-Play<br>(Settling Time) | Welcome                | <b>DISCUSSION ON 'WINTER VACATIONS &amp; NEW YEAR' :</b> <ul style="list-style-type: none"> <li>How the kids had spent their holidays?</li> <li>Did they learn some new game, or created some new art, or had visited some new place etc.</li> <li>Like you celebrate your bithday, with the start of January, we celebrate which year?</li> <li>Have you made any promise for this new year?</li> </ul> | <b>ODD ONE OUT</b><br>Students will observe a set of Akshar flashcards and will pick the odd one out amongst them. | <b>F<br/>R<br/>U<br/>I<br/>T<br/><br/>&amp;</b> | <b>DANCE : HEAD, SHOULDERS, KNEES &amp; TOES (TREE THEMED)</b><br>Students will dance on the song – 'Tree Themed Head Shoulders Knees and Toes' with their friends and teacher. | <b>LEAF RUBBING ART</b><br>Students will explore the different sizes and patterns of the leaves by tracing them using crayons on a sheet of paper. | <b>ADOPT A PLANT</b><br>Students will share their experience of having a balcony or terrace at home which includes different types of plants. They will discuss and understand the use of adopting a plant in aiding to have a cleaner environment. |
|                              |                              | Cleanliness Checkup    |  |  |   |   |  |   |
|                              |                              | Prayer & Group Singing |  |  |   |   |  |   |
|                              |                              |                        |  |  |   |   |  |   |



|   |                                      |                                   |  |   |   |  |   |   |   |
|---|--------------------------------------|-----------------------------------|--|---|---|--|---|---|---|
|   |                                      |                                   | <p><b>SEE &amp; WRITE THE CORRECT AKSHAR</b></p> <p>Students will look at the picture and will guess &amp; write the correct Akshar with the correct formation.</p>   |   |   |  |   |   |   |
| <p><b>TUESDAY</b><br/><b>(13.01.26)</b></p> | <p>Free-Play<br/>(Settling Time)</p> | <p>Welcome</p>                    | <p><b>DISCUSSION ON 'WHAT DO PLANTS NEED TO GROW'</b></p> <ul style="list-style-type: none"> <li>• What do you do when you feel thirsty?</li> <li>• What do you do when your tummy cries for hunger?</li> <li>• Why do you need food and water?</li> <li>• Can you tell how a baby plant grows into a tall, big tree?</li> </ul>  | <p><b>EXPLORING THE DIFFERENT TYPES OF SEEDS</b></p> <p>Students will learn about the variety of seeds by exploring their texture, size and colour.</p>  | <p><b>L</b><br/><b>U</b><br/><b>N</b><br/><b>C</b><br/><b>H</b></p> | <p><b>YOGA : GARDEN YOGA</b></p> <p>Students will learn different Garden Yoga Poses related to the Plant Theme, like – 'Tree Pose', 'Planting Seeds Pose', 'Flower Pose' etc.</p>  | <p><b>B</b><br/><b>R</b><br/><b>E</b><br/><b>A</b><br/><b>K</b></p> | <p><b>LOHRI CRAFT (BORNFIRE PALM PRINTING)</b></p> <p>Students will understand the significance of bornfire during the festival of Lohri by crafting a bonfire craft dipping their hands in paint to create a fire impression. They will then paste brown paper strips for the wooden sticks.</p>  | <p><b>PICTURE READING – 'LOHRI CELEBRATION'</b></p> <p>Students will observe a picture on 'Lohri' and will talk about the things they see there in the picture. Eg. : Bornfire, pocorns, groundnuts, Sesame ladoos etc. In this way, they will know the importance of the day and the reason why people celebrate it.</p>  |
|   |                                      | <p>Cleanliness Checkup</p>        |  |   |   |  |   |   |   |
|   |                                      | <p>Prayer &amp; Group Singing</p> |  |   |   |  |   |   |   |
|   |                                      |                                   |  |   |   |  |   |   |   |

**INTRODUCTION OF LETTER 'S'**

Students will practice the formation of letter 'S' along with its phonic sound and the related objects (like Sunflower, Sun, Soil, Seed, Snake, Sweater etc.)



**WEDNESDAY (14.01.26)**

Free-Play (Settling Time)

Welcome

Cleanliness Check Up

Prayer & Group Singing

**NUMBER SONG**

Students will sing number song along with the teacher.



**REVISION OF NUMBERS (1-20)**

Students will count the picture objects and circle/ match them with the correct number.

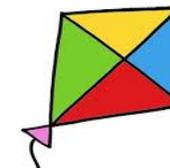


**VISIT TO SANJEEVANI VATIKA**

Teacher will take students to Sanjeevani Vatika and will make them aware of the different types of plants.

**FREEHAND DRAWING (KITE MAKING)**

Students will make colourful octopus by moulding their colourful playdoughs. They will add legs to it according to the number being called out by their teacher.



**STORY ON : 'पतंग का पेड़'**

Teacher will educate the kids by showing them a story on the festival of 'Makar Sankranti'. The story will portray how one gets involve in the celebration of different festivals, teaching the kids about cultural importance.

<https://youtu.be/CeOR8Q-50E?feature=shared>

|                                      |                              |                        |  |   |  |   |  |
|--------------------------------------|------------------------------|------------------------|--|---|--|---|--|
| <b>THURSDAY</b><br><b>(15.01.26)</b> | Free-Play<br>(Settling Time) | Welcome                | <b>DISCUSSION ON : 'PARTS OF A PLANT'</b><br>Teacher will bring a real pot of small size and will show & discuss the different parts of a plant.               | <b>PLANT PUZZLE</b><br>Teacher will let the students assemble and arrange the puzzle in the correct sequence, making a complete picture of a plant. | <b>SIMON SAYS</b><br>Teacher will display some pictures of the different animals that live on a tree. She will then call a name of some animal, and the students will have to mimic/ act like them.    | <b>FUN WITH CLAY</b><br>Students will make different parts of a plant like leaves, flower etc. moulding the clay into shapes.   | <b>EVS : DIFFERENT TYPES OF PLANTS</b><br>Students will look at the picture and will talk about the different plants and trees, noticing the difference in their height, leaves etc.                   |
|                                      |                              | Cleanliness Check Up   |   |   |  |   |  |
| <b>FRIDAY</b><br><b>(16.01.26)</b>   | Free-Play<br>(Settling Time) | Prayer & Group Singing | <b>REVISION OF AKSHARS 'अ-आः'</b><br>Students will practice the formation of akshars writing them in the correct sequence from 'अ-आः'                          | <b>RHYME : 'I AM A TREE'</b><br>Students will recite the rhyme on a tree with actions, understanding its role.                                      | <b>PLANT A SAPLING ACTIVITY</b><br>Students will run a race and will perform different steps of how to plant a small seed into an empty pot, adding soil & water in it with their extra care and love. | <b>EXPERIMENT : 'HOW WATER TRAVELS THROUGH A LEAF'</b><br>Teacher will guide the students in doing an experiment by painting the water red to know as and when it travels through a leaf. | <b>KNOWING THE RESOURCES – 'THINGS WE GET FROM PLANTS'</b><br>Students will pick an object from the Jadui Pitara and name it. They will thus know what all can we get from a tree, while exploring the |
|                                      |                              | Cleanliness Check Up   | <b>REVISION OF LETTERS – P, R, B, G &amp; S</b><br>Students will do a recall of some learnt letters and will practice writing their correct letter formations. |   |  |   |  |
|                                      |                              | Prayer & Group Singing |  |   |  |   |  |



different objects/  
pictures of the objects.

