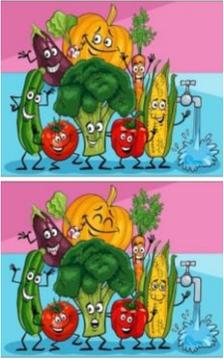


## TIMETABLE ( NURSERY )

### THEME: COMMUNITY HELPERS

DAYS	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains->	Positive Habits	Language & Literacy Development	Numeracy		Physical Development	Aesthetic Development	Socio-Emotional Development
<b>MONDAY (17.11.25)</b>	Free-Play (Settling Time)	Welcome  Cleanliness Checkup  Prayer & Group Singing	<b>General Discussion on 'Vegetable seller'</b>  Teacher will start the session by showing a picture of a vegetable seller on the digital board and ask them some questions. * Do you have any vegetable seller around your home? *Do you eat vegetables every day? *Who sells vegetables ? *What does the vegetable seller bring in his cart? *Which vegetable is your favorite ?  <b>INTRODUCTION OF</b>	<b>PICTURE PUZZLE</b>  <b>Spot the Difference</b>  In 'Spot the Difference' activity, students will look at two similar pictures and find three (3) differences. They will use simple words like 'big', 'small', 'missing', or 'changed' to describe what they see. Teachers will encourage them to say things like "I see something different!" or "This is not the same." It's a fun way to build vocabulary and speaking skills while enjoying the game.	<b>L U N C H</b>	<b>Yoga on Vegetable Theme</b>  *Carrot Pose (Mountain pose, Tadasana)  * Broccoli Pose (Tree pose, Vrikshasana)  * Spinach leaf Pose (Forward bend, Uttanasana)  	<b>Activity: Roll and shape your favourite vegetable</b>  Children will use clay dough to make their favourite vegetable. It helps develop their fine motor skills and creativity.  	<b>STORY TIME</b> <b>The Mango Tree</b>  A mango tree had many mangoes. A boy would come and eat them. The tree was happy to give.  One day, the boy asked the tree for money. The tree gave him all its mangoes to sell.  The boy came back and asked for more. The tree gave him its branches to sell.  The boy came back again and asked for a place to rest. The tree gave him its shade.  Moral: Giving makes us happy.

			<p><b>Swar "इ"</b></p> <p>Students will be introduced to swar "इ"</p> <p>इ इ इमली खट्टी-मीठी, इ इ इंजन चलता सीटी।</p> 		<b>B R E A K</b>			
<b>TUESDAY</b> (18.11.25)	Free-Play (Settling Time)	<p><b>Welcome</b></p> <hr/> <p><b>Cleanliness Checkup</b></p> <hr/> <p><b>Prayer &amp; Group Singing</b></p>	<p><b>Discussion on community helper POSTMAN</b></p> <p>The teacher will show a picture of a postman on the digital board and ask children some questions to build curiosity and participation. Firstly discuss, in older days when there were no phones or internet, how people use to communicate through letters.</p>	<p><b>Picture reading</b></p>  <p>-What do you see in this picture.</p> <p>- The postman is wearing a uniform.</p> <p>- He has a bag to carry letters and</p>		<p><b>PASSING THE PARCEL</b></p> <p>Children will sit in a circle and take turns passing around various objects. When the music stops or the teacher signals, the child holding the object will identify it and say a few words about it—such as its name, color, shape, or use. This activity promotes turn-taking, and confidence in speaking</p>	<p><b>TEARING AND PASTING</b></p> <p>Children will tear black and red paper to make a letter box on a chart paper. They will paste the pieces inside a letter box outline. This activity will build fine motor skills.</p>  <p><b>HOW TO MAKE LETTER BOX TEAR AND PASTING TECHNIQUES</b></p>	<p><b>डाकिया आया hindi poem</b></p> <p>डाकिया आया, चिट्ठी लाया</p> <p>डाकिया आया, चिट्ठी लाया, माँ की लाया, पापा की लाया।</p> <p>नानी की चिट्ठी, दादी की लाया, सबके लिए खुशियाँ लाया।</p> <p>कंधे पर है थैला प्यारा, टोपी पहने, चेहरा न्यारा।</p>

- Who brings letters and parcels to our home?
- What do we call the person who works in the post office?
- What does a postman do?
- What colour uniform does the postman wear?



**Revision of  
swar "इ"**

Students will revise  
swar "इ" with its

packages.

- He's delivering mail to people's homes.
- The postman's job is to help people receive letters and parcels

घंटी बजा के बोला  
हाय,  
“ले लो चिट्ठी, खुश हो  
जाए!”

			<p>related objects pictures like इंजन, इमली and practice the formation of swar "इ"</p> 				
WEDNESDAY (19.11.25)	Free-Play (Settling Time)	Welcome	<p><b>CIRCLE TIME</b> <b>DISCUSSION ON COMMUNITY HELPERS</b> The teacher will have an discussion on community helpers. *Who are community helper? * Who all you can see around? * How they help us? *They help people in need and provide essential services. *Say thank you and show gratitude. *Respect their work</p>	<p><b>FRUIT SORTING &amp; COUNTING</b> Teacher will fill khel pitara with pictures or toys of mixed fruits. Then she will ask the student to sort them in different baskets based on their colours. Like apple, strawberry and pomegranate in red basket and mango, banana, papaya and peach in yellow basket. Once the sorting is done, the student will count them.</p>	<p><b>FREEZE AND DANCE VEGETABLE STYLE</b> The children will happily dance around the classroom like different vegetables—twisting like carrots, rolling like potatoes, bending like spinach, and stretching like long beans—and when the music suddenly stops, they will freeze in the vegetable shape the teacher calls out, making the whole activity fun and full of</p>	<p><b>ACTIVITY Dab And Splash Colours in 'ईख'</b> Teacher will draw a outline of a sugar cane on a chart paper. Children will then use cotton swabs dipped in colourful paint to print scales inside the sugar cane.</p>	<p><b>Role Play Activity POSTMAN</b> Children will happily pretend to be a postmen by carrying small letters and delivering them to their friends while learning how a postman brings messages every day.  In this activity, children will act like a postmen by taking toy letters from a postbox, sorting them, and delivering them around the classroom in a fun way.</p>
		Cleanliness Checkup					
		Prayer & Group Singing					

and uniforms.

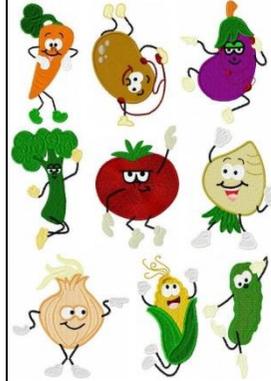
This discussion can help kids understand the value of community helpers and encourage them to appreciate and respect these individuals.

**Introduction of swar ई**

Students will be introduced to **swar ई** with its related pictures like ईख (गन्ना), ईट, ईयरफ़ोन along with the formation of swar ई .



imagination.



Children will wear paper bags, pick up colourful letters, and deliver them to their classmates like a real postmen.

During the role-play, children will imagine they are postmen, knock on their friends' desks, give them letters, and learn how letters travel from one place to another.

THURSDAY  
(20.11.25)

Free-Play  
(Settling  
Time)

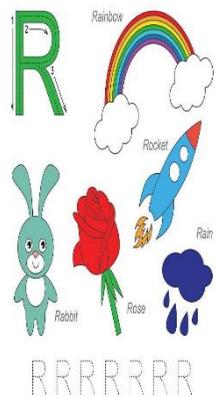
Welcome

Cleanliness  
Check Up

Prayer & Group  
Singing

### INTRODUCTION OF LETTER 'R'

Teacher will introduce letter 'R' to the students by showing letter 'R' corner like robot, racket, raincoat, ribbon, rope etc., teaching the phonic sound of the letter with the correct formation.



### Number Hunt

Teacher will hide number cards (21-30) around the classroom. Children will search, find a card, and loudly say the number. Then, they will clap or jump the same number of times.



### 'R' Object Treasure hunt

A treasure hunt will be set up with pictures of different objects hidden in play ground (both R and non-R words).

Students will be told: "Let's find all the pictures that start with the sound of R!"

As students find pictures (like rabbit, rice, rainbow, rope, raincoat ). They'll collect or point them out.

Each correct "R" object picture will be placed in the Khel Pitara.



### Brush painting

Children will participate in a creative brush painting activity using cut-out stencils of carrot in their scrap file. Students will use a toothbrush and poster colors to paint around the stencil. When the stencil is removed, the figure of the carrot will appear. This activity will combine fun, creativity, and recognition of vegetable.



### अ से अनार | Hindi Swarmala Geet



[https://youtu.be/Fj98JSYkQZo?si=D5\\_WNkJpxZaFBODG](https://youtu.be/Fj98JSYkQZo?si=D5_WNkJpxZaFBODG)

<p><b>FRIDAY</b> <b>(21.11.25)</b></p>	<p>Free-Play  (Settling Time)</p>	<p>Welcome</p> <hr/> <p>Cleanliness Check Up</p> <hr/> <p>Prayer &amp; Group Singing</p>	<p><b>INTRODUCTION OF LETTER 'B'</b></p> <div data-bbox="616 564 840 805"> </div> <p>The teacher will prepare a Jadui pitara filled with pictures or objects related to letter B. Children will pick an item from Jadui pitara e.g ball, black colour, ballon etc. Items that do not start with 'B' will be set aside. They will learn phonic sound of letter 'B' along with the formation.</p>	<p><b>Count and Connect</b></p> <p>Children will walk freely around the classroom. When the teacher calls out a number, like "Make a group of four," students will quickly join together to form groups of that number. If any child is left out or a group has extra members, the teacher will help them rearrange and make the correct groups.</p> <div data-bbox="869 1002 1084 1110"> </div>		<p><b>Hopscotch Game</b></p> <p>Students will play Number Hopscotch by hopping on the numbers drawn on the floor. They will take turns and jump carefully from one number to the next in the correct order. This fun game will help them recognize numbers, improve counting skills, and build balance and coordination while enjoying themselves with friends.</p> <div data-bbox="1227 794 1503 1038"> </div>	<p><b>ORIGAMI ART</b></p> <p>Children will make a 'envelope' with an origami Sheet with help of teacher and decorate it.</p> <div data-bbox="1518 464 1767 730"> </div>	<p><b>STORY TIME</b> <b>The Kind Fruit Seller</b></p> <p>Rohan, a fruit seller, was known for his kindness. He always gave his customers the best fruits and would often throw in a few extra as a gift.</p> <p>One day, a poor old man came to his shop, struggling to buy food. Rohan gave him a basket of fresh fruits for free. The old man was touched and blessed Rohan, saying, "Your kindness will be rewarded."</p> <p>Soon, Rohan's business flourished, and he became the most popular fruit seller in town.</p> <p>Moral: Kindness is never wasted; it always comes back in some form.</p>
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