



DRUG PREVENTION -

AWARENESS

PROGRAMME FOR PARENTS

Topic: Building Safe Futures: Comprehensive Parent's Guide to Drug Prevention

Saturday, 17th January 2026



BUILDING SAFE FUTURES: A COMPREHENSIVE PARENTS' GUIDE TO DRUG PREVENTION

Target audience: Parents (Grade 2 to 12)

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INTENT:

To raise parental awareness on drug prevention and early intervention, aligned with the UAE National Programme for Drug Prevention and the SIRAJ Project, and to highlight parents' vital role in safeguarding children's wellbeing.

EXPERIENCE:

The webinar, led by mental health professionals, dr. Kapil Kulkarni, psychiatrist and Dr. Lois Grace Mathews, Psychologist, from NMC Hospital, covered the SIRAJ Project, drug classifications, common misconceptions, causes and indicators of abuse, protective factors, and practical do's and don'ts for parents, encouraging reflection and active engagement.

INSIGHT:

The session emphasized the importance of prevention through awareness, open communication, and strong family support, reinforcing collaboration between parents, schools, and the community to build safe and resilient futures for children.

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