

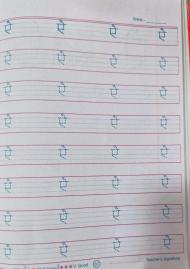
## **TIMETABLE ( NURSERY )**

## THEME: Helpers ( Revision)

Days	8:00am-8:10am	8:10am-8:30am	8:30am-9:10am	9:10am-9:55am	9:55am-10:35am	10:35am-11:05am	11:05am-11:35am	11:35am-12:00noon
	Domains	Positive Habits	Language & Literacy Development	Numeracy		Physical Development	Aesthetic Development	Socio-Emotional Development
MONDAY (24/11/25)	Free-Play (Settling Time)	Welcome	GENERAL DISCUSSION 'Helpers'	GAME: SPOT NUMBER 41 TO 50		YOGA SESSION	CRAFT YOUR NURSE	STORY TIME  OUR COMMUNITY HELPERS
		Cleanliness Checkup	Teacher will recapitulate about all helpers. The teacher will start the session by asking a few questions. <ul style="list-style-type: none"> <li>Who helps you to repair your shoes?</li> <li>Who teaches in the school?</li> <li>Who stitches your clothes?</li> </ul>	Student will pick number chit and then find can with the matching number. After identifying the correct can, they will try to hit it.	INTRODUCTION OF NUMBER 41 TO 50  Students will count orally and write number 41 - 50 numbers in notebook.  41 42 43 44 45 46 47 48 49 50	Students will take part in a yoga activity based on community helpers. They will do <b>Vrikshasana (Tree Pose)</b> by standing on one leg like a gardener, <b>Tadasana (Mountain Pose)</b> by standing tall like a firefighter, <b>Veerabhadrasana (Warrior Pose)</b> by stretching arms like a brave police officer, and <b>Bhujangasana (Cobra Pose)</b> by lifting the chest like a caring doctor.	Students will create a nurse figure using origami sheets. They will fold the paper step-by-step by following the teacher's instructions. After completing the figure, students will paste it into their scrapbooks.	The teacher will conduct a short story session on community helpers—people in our community who do important jobs to help others. The story will show how helpers like doctors, nurses, teachers, firefighters, and police keep us safe, healthy, and cared for.  <a href="https://youtu.be/NEG5NnLqIno?feature=shared">https://youtu.be/NEG5NnLqIno?feature=shared</a>
		Prayer & Group Singing			 A red-bordered poster with the text "COMMUNITY HELPERS THEME" and "Yoga" in a stylized font. Below the text are illustrations of three children in various roles: a teacher, a firefighter, and a doctor.	 A photograph showing two paper cutouts of nurses standing side-by-side. They are wearing white uniforms with red crosses on their chests and hats.		 A collage of various community helpers including a teacher, firefighter, police officer, doctor, nurse, and construction workers.



<b>WEDNESDAY (26.11.25)</b>	Free-Play (Settling Time)	Welcome	<b>INTRODUCTION OF ए</b> <p>The teacher will introduce the akshar ए by showing different objects related to it. The teacher will help students understand the sound of ए and guide them step by step on how to form and write ए correctly in their notebooks.</p> 	<b>MAKE PAIRS</b> <p>Students will match the pictures of community helpers with their correct tools, places, or vehicles, for example, a nurse with an injection and a firefighter with a fire truck.</p> 		<b>GARDEN RELAY RACE</b> <p>Students will participate in a relay race based on a gardening task. Each team will pass along a pot, soil, and a plant—one student will fill the pot with soil, another will plant the seed, and the last member will water it to complete the task.</p> 	<b>My Community Helper's Tool</b> <p>The teacher will guide students to make freehand drawings of any community helper's tool of their choice, for example a doctor's stethoscope, a police whistle, a firefighter's helmet, or a gardener's watering can.</p> 	<b>DOCTOR'S CLINIC SCENE DISCUSSION</b> <p>Students will explore a <b>doctor's clinic scene</b> and talk about what happens there. The teacher will ask questions to encourage observation, thinking, and speaking skills, such as:</p> <ol style="list-style-type: none"> <li>1. Who is the helper in the white coat?</li> <li>2. What is the doctor using to listen to the boy's chest?</li> <li>3. What tools can you see in the clinic? (stethoscope, thermometer, syringe)</li> <li>4. Who else helps the doctor in the clinic? (nurse, receptionist)</li> <li>5. What should a patient do when they feel sick?</li> <li>6. How does the doctor help patients feel better?</li> </ol> 
		Prayer & Group Singing						
<b>THURSDAY (27.11.25)</b>	Free-Play (Settling Time)	Welcome	<b>INTRODUCTION OF ए</b> <p>The teacher will introduce swar ए and show the students some flash cards words beginning with ए are hidden in the rice</p>	<b>GAME : FEED THE CLOWN</b> <p>Students will pick basket of colourful balls. They will take each ball one by one and place it into the clown's</p>		<b>FREEZE DANCE</b> <p>Students will dance to a freeze song and, when the music stops, they will freeze and pose as different community helpers.</p>	<b>CLAY MOULDING ACTIVITY – COMMUNITY HELPERS</b> <p>Students will use clay to create simple models of tools or items related to different community helpers, such as a doctor's stethoscope, firefighter's</p>	<b>FEELINGS AND EMOTIONS ACTIVITY</b> <p>Students will explore cards showing different emotions, such as <b>happy, sad, scared, and thankful</b>, and discuss them. The teacher will guide a conversation about <b>why and when we feel happy or sad</b>, and how <b>acts of kindness by helpers or towards helpers</b> can make us feel</p>
		Cleanliness Check Up						

		<p>Prayer &amp; Group Singing</p> <p>tray. One by one student search inside and pick a card and say related words like <b>ऐरावत, ऐनक, एम्बुलेंस</b> words aloud with the teacher.</p> 	<p>mouth while counting the balls aloud.</p> 		<p>helmet, police badge, or gardener's watering can. This activity helps children develop fine motor skills, creativity, and an understanding of the roles of community helpers.</p> 	<p>better and lift our moods.</p> 
FRIDAY (28.11.25)	<p>Free-Play (Settling Time)</p> <p>Cleanliness Check Up</p> <p>Prayer &amp; Group Singing</p>	<p>Welcome</p> <p>REVISION OF <b>ऐ</b></p> <p>The students will learn, understand and repeat <b>ऐ</b> words and write it in notebooks.</p> 	<p>COUNT THE TOOLS</p> <p>Students will observe different tools or picture cards of community helpers and count how many of each item they can find.</p> 	<p>AEROBICS</p> <p>Students will perform <b>aerobics steps</b> by following the teacher's instructions. They will practise simple movements such as <b>stretching, jumping, and arm exercises</b> to stay active and coordinated.</p> 	<p>CHEF'S PIZZA ART</p> <p>Students were given paper plate as the 'pizza base' and pre-cut colorful paper shapes as toppings. Students choose and stick the toppings to design their own pizza.</p>  <p><b>PAPER PLATE Pizza CRAFT</b></p> 	<p>COMMUNITY HELPERS KINDNESS CARD</p> <p>Students will decorate small cards with drawings and write a simple "Thank You" message for helpers such as the school cleaner, guard, or nurse. They will then give the cards to the helpers, learning kindness, appreciation, and how to express gratitude.</p> 