



## **Report of Inter-House Activity**

**SESSION: 2025-2026**

**Name of the Activity : Hurdle Race**

**Day & Date : Wednesday, 29th October 2025**

**Class : VI-VII**

**Teacher Incharge : Mr. Harijyot and Mr. Siddharth**

**Activity Incharge : Ms. Kumari Shalini**

### **A Glimpse of the Event**

**Objectives: To enable the learners to:**

1. enhance their speed, strength, and coordination through hurdle-running exercises.
2. practice maintaining body control while jumping over hurdles with proper technique and rhythm.
3. demonstrate cooperation, encouragement, and respect for fellow participants during the event.
4. overcome fear and self-doubt by facing physical challenges with focus and perseverance.
5. recognize the value of following race guidelines, maintaining discipline, and competing with honesty.

***“A champion is defined not by their wins, but by how they can recover when they fall.”***

***-Serena Williams***

The much-awaited *Inter-House Hurdle Race Competition* for Grades 6 and 7 was held on **29th October 2025** at the **school ground** with great enthusiasm and excitement. The event witnessed active participation from all four houses — **Teresa, Vivekananda, Tagore, and Curie** — as students displayed remarkable athletic skills, agility, and team spirit.

The competition began with a short briefing on safety and rules by the Physical Education Department, followed by a warm-up session. The ground was buzzing with energy as students from each house took their positions at the starting line. The hurdles were set according to the age appropriate height for middle school students, ensuring both challenge and enjoyment.

Each participant ran with determination and focus, cheered on by their housemates and teachers. The atmosphere was filled with excitement as the races unfolded, and the students showcased excellent coordination, speed, and balance. All the participants were appreciated for their sportsmanship. The Hurdle Race Competition truly reflected the spirit of teamwork, discipline, and enthusiasm among the students, making it a memorable and energetic event for all. It highlighted the importance of perseverance and physical fitness in holistic education.



Overall, the competition was a grand success, leaving the participants inspired and the spectators energized. It was indeed a memorable day celebrating the spirit of healthy competition and athletic excellence among young learners.

#### **Parameters/ Judgement criteria**

- Technique
- Sportsmanship
- Timings
- Discipline

#### **Result of the competition**

S.NO	Student Name	Class	House	Position
<b>VI BOYS</b>				
1	YAJAT	VI B	VIVEKANAND	I
2	RONIT	VI B	VIVEKANAND	I
3	KAAVISH	VI C	VIVEKANAND	I
4	ARNAV	VI C	VIVEKANAND	I
5	VANSH	VI B	CURIE	II
6	ANVIT	VI B	CURIE	II
7	ANSH	VI F	CURIE	II
8	KRISHNA	VI B	CURIE	II
9	AYUSHMAN	VI E	TAGORE	III
10	ANSH	VI D	TAGORE	III
11	ANAY	VI A	TAGORE	III
12	ROHAN	VI C	TAGORE	III
<b>VII</b>				

BOYS				
13	GURANSH SINGH	VII A	TAGORE	I
14	OSWIN PAUL	VII D	TAGORE	I
15	KAVISH KATARIA	VII E	TAGORE	I
16	KRISHDEEP SINGH	VII A	TAGORE	I
17	PRIYANSH KUMAR	VII D	VIVEKANAND	II
18	CHANDRESH DIXIT	VII D	VIVEKANAND	II
19	KRISHNA	VII A	VIVEKANAND	II
20	ADITYA	VII A	VIVEKANAND	II

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21	NAKUL DHONDIYAL	VII C	CURIE	III
22	KRISHIV TANWAR	VII C	CURIE	III
23	REYANSH CHAUFLA	VII C	CURIE	III
24	AARAV VERMA	VII C	CURIE	III
VI GIRLS				
25	KAINISHA	VI B	VIVEKANAND	I
26	SHRISHTI	VI B	VIVEKANAND	I
27	ARIANA	VI C	VIVEKANAND	I
28	SAMAIRA	VI C	VIVEKANAND	I
29	VRITI	VI A	TAGORE	II
30	RIDHIMA	VI B	TAGORE	II
31	NAVYA	VI D	TAGORE	II
32	DHRUVI	VI E	TAGORE	II
33	LAVANYA	VI B	TERESA	III

34	TAVNI	VI A	TERESA	III
35	SOUMYA	VI A	TERESA	III
36	MOKSHA	VI D	TERESA	III
VII GIRLS				
37	IRAM	VII E	CURIE	I
38	PRATISHTHA CHAUHAN	VII E	CURIE	I
39	PRACHI	VII C	CURIE	I
40	TANVI	VII C	CURIE	I
41	HIMAANYA	VII D	TAGORE	II
42	LAVYA	VII D	TAGORE	II
43	SANVI UPADHYAY	VII E	TAGORE	II
44	SANVI TYAGI	VII E	TAGORE	II
45	BHAVISHA BASERA	VII F	TERESA	III
46	SAANVI YADAV	VII F	TERESA	III
47	SANVI SINGH	VII C	TERESA	III
48	AADVIKA DHIMAN	VII D	TERESA	III



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