



## **Report of Inter-House Activity**

**SESSION: 2025-2026**

**Name of the Activity : Hurdle Race**

**Day & Date : Wednesday, 29th October 2025**

**Class : VI-VII**

**Teacher Incharge : Mr. Harijyot and Mr. Siddharth**

**Activity Incharge : Ms. Kumari Shalini**

### **A Glimpse of the Event**

**Objectives: To enable the learners to:**

1. enhance their speed, strength, and coordination through hurdle-running exercises.
2. practice maintaining body control while jumping over hurdles with proper technique and rhythm.
3. demonstrate cooperation, encouragement, and respect for fellow participants during the event.
4. overcome fear and self-doubt by facing physical challenges with focus and perseverance.
5. recognize the value of following race guidelines, maintaining discipline, and competing with honesty.

***“A champion is defined not by their wins, but by how they can recover when they fall.”***

***-Serena Williams***

The much-awaited *Inter-House Hurdle Race Competition* for Grades 6 and 7 was held on **29th October 2025** at the **school ground** with great enthusiasm and excitement. The event witnessed active participation from all four houses — **Teresa, Vivekananda, Tagore, and Curie** — as students displayed remarkable athletic skills, agility, and team spirit.

The competition began with a short briefing on safety and rules by the Physical Education Department, followed by a warm-up session. The ground was buzzing with energy as students from each house took their positions at the starting line. The hurdles were set according to the age appropriate height for middle school students, ensuring both challenge and enjoyment.

Each participant ran with determination and focus, cheered on by their housemates and teachers. The atmosphere was filled with excitement as the races unfolded, and the students showcased excellent coordination, speed, and balance. All the participants were appreciated for their sportsmanship. The Hurdle Race Competition truly reflected the spirit of teamwork, discipline, and enthusiasm among the students, making it a memorable and energetic event for all. It highlighted the importance of perseverance and physical fitness in holistic education.


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Overall, the competition was a grand success, leaving the participants inspired and the spectators energized. It was indeed a memorable day celebrating the spirit of healthy competition and athletic excellence among young learners.

### Parameters/ Judgement criteria

- Technique
- Sportsmanship
- Timings
- Discipline

### Result of the competition

S.NO	Student Name	Class	House	Position
<b>VI BOYS</b>				
<b>1</b>	<b>YAJAT</b>	<b>VI B</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>2</b>	<b>RONIT</b>	<b>VI B</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>3</b>	<b>KAAVISH</b>	<b>VI C</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>4</b>	<b>ARNAV</b>	<b>VI C</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>5</b>	<b>VANSH</b>	<b>VI B</b>	<b>CURIE</b>	<b>II</b>
<b>6</b>	<b>ANVIT</b>	<b>VI B</b>	<b>CURIE</b>	<b>II</b>
<b>7</b>	<b>ANSH</b>	<b>VI F</b>	<b>CURIE</b>	<b>II</b>
<b>8</b>	<b>KRISHNA</b>	<b>VI B</b>	<b>CURIE</b>	<b>II</b>
<b>9</b>	<b>AYUSHMAN</b>	<b>VI E</b>	<b>TAGORE</b>	<b>III</b>
<b>10</b>	<b>ANSH</b>	<b>VI D</b>	<b>TAGORE</b>	<b>III</b>
<b>11</b>	<b>ANAY</b>	<b>VI A</b>	<b>TAGORE</b>	<b>III</b>
<b>12</b>	<b>ROHAN</b>	<b>VI C</b>	<b>TAGORE</b>	<b>III</b>
<b>VII</b>				

<b>BOYS</b>				
<b>13</b>	<b>GURANSH SINGH</b>	<b>VII A</b>	<b>TAGORE</b>	<b>I</b>
<b>14</b>	<b>OSWIN PAUL</b>	<b>VII D</b>	<b>TAGORE</b>	<b>I</b>
<b>15</b>	<b>KAVISH KATARIA</b>	<b>VII E</b>	<b>TAGORE</b>	<b>I</b>
<b>16</b>	<b>KRISHDEEP SINGH</b>	<b>VII A</b>	<b>TAGORE</b>	<b>I</b>
<b>17</b>	<b>PRIYANSH KUMAR</b>	<b>VII D</b>	<b>VIVEKANAND</b>	<b>II</b>
<b>18</b>	<b>CHANDRESH DIXIT</b>	<b>VII D</b>	<b>VIVEKANAND</b>	<b>II</b>
<b>19</b>	<b>KRISHNA</b>	<b>VII A</b>	<b>VIVEKANAND</b>	<b>II</b>
<b>20</b>	<b>ADITYA</b>	<b>VII A</b>	<b>VIVEKANAND</b>	<b>II</b>

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<b>21</b>	<b>NAKUL DHONDIYAL</b>	<b>VII C</b>	<b>CURIE</b>	<b>III</b>
<b>22</b>	<b>KRISHIV TANWAR</b>	<b>VII C</b>	<b>CURIE</b>	<b>III</b>
<b>23</b>	<b>REYANSH CHAUFLA</b>	<b>VII C</b>	<b>CURIE</b>	<b>III</b>
<b>24</b>	<b>AARAV VERMA</b>	<b>VII C</b>	<b>CURIE</b>	<b>III</b>
<b>VI GIRLS</b>				
<b>25</b>	<b>KAINISHA</b>	<b>VI B</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>26</b>	<b>SHRISHTI</b>	<b>VI B</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>27</b>	<b>ARIANA</b>	<b>VI C</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>28</b>	<b>SAMAIRA</b>	<b>VI C</b>	<b>VIVEKANAND</b>	<b>I</b>
<b>29</b>	<b>VRITI</b>	<b>VI A</b>	<b>TAGORE</b>	<b>II</b>
<b>30</b>	<b>RIDHIMA</b>	<b>VI B</b>	<b>TAGORE</b>	<b>II</b>
<b>31</b>	<b>NAVYA</b>	<b>VI D</b>	<b>TAGORE</b>	<b>II</b>
<b>32</b>	<b>DHRUVI</b>	<b>VI E</b>	<b>TAGORE</b>	<b>II</b>
<b>33</b>	<b>LAVANYA</b>	<b>VI B</b>	<b>TERESA</b>	<b>III</b>

<b>34</b>	<b>TAVNI</b>	<b>VI A</b>	<b>TERESA</b>	<b>III</b>
<b>35</b>	<b>SOUMYA</b>	<b>VI A</b>	<b>TERESA</b>	<b>III</b>
<b>36</b>	<b>MOKSHA</b>	<b>VI D</b>	<b>TERESA</b>	<b>III</b>
<b>VII GIRLS</b>				
<b>37</b>	<b>IRAM</b>	<b>VII E</b>	<b>CURIE</b>	<b>I</b>
<b>38</b>	<b>PRATISHTHA CHAUHAN</b>	<b>VII E</b>	<b>CURIE</b>	<b>I</b>
<b>39</b>	<b>PRACHI</b>	<b>VII C</b>	<b>CURIE</b>	<b>I</b>
<b>40</b>	<b>TANVI</b>	<b>VII C</b>	<b>CURIE</b>	<b>I</b>
<b>41</b>	<b>HIMAANYA</b>	<b>VII D</b>	<b>TAGORE</b>	<b>II</b>
<b>42</b>	<b>LAVYA</b>	<b>VII D</b>	<b>TAGORE</b>	<b>II</b>
<b>43</b>	<b>SANVI UPADHYAY</b>	<b>VII E</b>	<b>TAGORE</b>	<b>II</b>
<b>44</b>	<b>SANVI TYAGI</b>	<b>VII E</b>	<b>TAGORE</b>	<b>II</b>
<b>45</b>	<b>BHAVISHA BASERA</b>	<b>VII F</b>	<b>TERESA</b>	<b>III</b>
<b>46</b>	<b>SAANVI YADAV</b>	<b>VII F</b>	<b>TERESA</b>	<b>III</b>
<b>47</b>	<b>SANVI SINGH</b>	<b>VII C</b>	<b>TERESA</b>	<b>III</b>
<b>48</b>	<b>AADVIKA DHIMAN</b>	<b>VII D</b>	<b>TERESA</b>	<b>III</b>



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