



MBS INTERNATIONAL SCHOOL
SECTOR-11, DWARKA, NEW DELHI-110075

WORKSHOP FOR STUDENTS

SESSION : 2025-26

THEME/TOPIC: Table Etiquettes

RESOURCE PERSON(S): Mr. Vikas Sahu

DAY & DATE: Thursday, 11 September 2025

DURATION: 45 Minutes

VENUE: School Auditorium

ATTENDED BY: Class Nursery & Kindergarten

Objectives:

- To familiarise participants with basic dining manners, including proper posture, seating, and napkin use.
- To develop an understanding of formal and informal table settings and their appropriate usage.
- To enable participants to correctly identify and use different cutlery and crockery items during a meal.

"To eat is a necessity, but to eat intelligently is an art,"

La Rochefoucauld

MBS International School organized an engaging workshop on *Table Etiquettes* on 11 September 2025, within the school premises. The session was specifically designed for the young learners of Nursery and Kindergarten to instill good table manners in a fun and interactive manner.

The primary objective of the workshop was to promote cleanliness, respect, and appropriate social behaviour during meal times. It aimed at helping children develop respect for food, personal hygiene, and basic social skills that will serve as essential life habits in the years to come.

The resource person, **Mr. Vikas Sahu**, an expert in early childhood development and behavioural training, conducted the session effectively using storytelling, visual aids, and role play. His child-friendly approach kept the young learners actively engaged throughout the workshop.

The atmosphere was lively and cheerful, filled with laughter as students enthusiastically participated in learning simple yet important table manners. The interactive nature of the session ensured that the children not only enjoyed the activities but also absorbed valuable lessons in an age-appropriate way.

The workshop concluded successfully, achieving its goal of sensitizing students towards good table habits. To ensure continuity and reinforcement of these practices, it is recommended that the learned etiquettes be regularly encouraged both in classrooms and at home.



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