



Brain International School

Vikas Puri, New Delhi

ASSIGNMENT NO. 6

SUBJECT: PSYCHOLOGY

CLASS-XI

DEC,2025

CHAPTER 7: MOTIVATION

SECTION A (1 marks)

1. Need for is aroused when individuals feel threatened or helpless.

- (a) achievement
- (b) curiosity
- (c) power
- (d) affiliation

2. A self actualized person is:

- (a) self aware
- (b) social responsive
- (c) creative
- (d) all of these

SECTION B (2 marks)

3. What is a motive?

4. Mention two regions of hypothalamus involved in hunger.

5. What is responsible for sexual motivation?

6. What are psychosocial motives?

7. Define affiliation.

8. What do you mean by emotional intelligence?

9. Define emotion

10. Briefly explain the concept of motivation

SECTION C (3 marks)

11. Briefly discuss the role of learning in emotions.
12. What is cultural and emotional labelling? Explain
13. Describe strategies that may be useful for achieving the desired balance of emotions.
14. Discuss relationship between culture and emotional expression.

SECTION D (4 marks)

15. Diagrammatically present James-Lange theory of Emotion.
16. What are the various key points in anger management?
17. Define anger. Discuss strategies of manage anger.