

ITL PUBLIC SCHOOL
Revision Worksheet (2)
Poem- Fit Body, Fit Mind, Fit Nation
Prose-The Lagori Champions, Hekko



Q1. Answer the following questions:

- a) Which musical instruments are mentioned in the poem 'Fit body, fit mind, fit nation'?**
- b) How does Geeta improve her skills?**
- c) What does 'Hekko' mean?**
- d) What titles are awarded to the best players of each team in Hekko?**
- e) What are two ways a team can gain points in the game of Hekko?**
- f) What are the names of the two teams playing lagori?**
- g) Why is Prakash selected by the captain for playing the lagori match?**
- h) Why did Ravi and Deepa agree that they should play their traditional games more?**

Q2. Reference to the context

- a) "The villagers clapped and cheered the teams."**

- i) Why did the villagers clap?
- ii) Write the meaning of the word 'cheered'.

- b) "To play, a circle is first drawn, and the Aami team has to stay to stay within the circle by making a human chain, while the Aakho team stays outside the circle."**

- i) What does the Aami team do inside the circle?
- ii) Which team stays outside the circle?

Q3. Write the message you learnt from the story 'The Lagori Champions'.

Q4. If you could add a new rule to the game of Hekko, what would it be?