

MINDFUL MEDIA CHOICES

EVENT: Morning Assembly on the theme “Books vs Screens: What’s Your Pick?”

DATE: 4 November 2025

CONDUCTED BY: Class 10A

The session highlighted the growing importance of reading and the need to maintain a healthy balance between digital screens and traditional books.

Students shared compelling points on how books enhance imagination, focus, and knowledge, while also discussing the increasing dependency on screens in today’s digital world. They encouraged everyone to choose mindful screen habits and make more time for reading.

The **quiz segment** was the highlight of the assembly, keeping the audience actively involved with interesting questions related to books, authors, and digital media. This interactive portion added fun and excitement, making the overall programme both educational and thought-provoking.

Class 10A successfully delivered a powerful message about developing healthy reading habits and being responsible digital users.

