

CELEBRATING COURAGE AND CALM

EVENT: Morning Assembly centered around the theme of Mental Health Awareness Week and Indian Air Force Day.

DATE: 8 October 2025

CONDUCTED BY: Class 12-C

The students of **Class 12-C** conducted the **morning assembly** with great enthusiasm, centering it around two important themes — **Mental Health Awareness Week** and **Indian Air Force Day**.

The assembly beautifully highlighted the importance of **mental well-being**, encouraging everyone to be mindful, balanced, and empathetic in their daily lives. Students also paid tribute to the **bravery and dedication of the Indian Air Force personnel**, acknowledging their unwavering spirit and commitment to protecting the nation.

Through thoughtful speeches, inspiring messages, and heartfelt presentations, the students conveyed the message of **inner strength and resilience**, both in mental health and in service to the nation.

