



ITL PUBLIC SCHOOL

Daily Plan - Class II



<u>Day and Date</u>	<u>Activity / Concept / Topic</u>
<u>Friday</u> <u>26.09.2025</u>	<div>HOME ROOM PERIOD</div> <div><div>New Word</div><div>treasure - something very special</div><div>Amazing Fact</div><div>"Rhythm" is the longest English word without a vowel.</div><div>Morning Affirmations</div><div>I am blessed, I am happy</div><div>I am kind, I am a giver</div><div>I am smart, I can do anything</div><div>I love myself the way I am</div><div>Reading Practice of Story – I love reading books</div><div><div>I love reading books.</div><div>I love reading books. Every day, I pick up a book and enter a new world. The stories take me on exciting adventures, and I learn new things. I like to read in a quiet corner, surrounded by the smell of pages. The characters become my friends, and their journeys inspire me. Reading helps me relax and imagine wonderful places. Whether it's a rainy day or a sunny afternoon, a good book is my perfect companion.</div></div></div>
	<div>GENERAL AWARENESS</div> <div><div>Food We Eat in the notebook.</div><div>Healthy and Unhealthy Foods</div><div>1. Food gives us energy to work and play.</div><div>2. Healthy foods like fruits, milk, rice and vegetables help us grow and make us strong.</div><div>3. Unhealthy foods like cake, pizza, chips and soft drinks can make us weak.</div><div><div>Direction : Put the words in the correct column.</div><div><div>egg burger rice cucumber</div><div>cake fruit milk candies</div><div>juice Spinach pizza soft drink</div></div><div><div>Healthy</div><div>Unhealthy</div></div></div></div>

HINDI

Reading of पाठ - बरसात और मेंढक page number 74 of सारंगी textbook.

Practice Assignment: Practice page number 73 of सारंगी textbook.

MATHEMATICS

Measurement in the notebook.

Measurement: Weight

Standard units of measuring weight are-

- 1) kilogram (kg) – It measures big heavy objects.
- 2) gram (g) - It measures small and light.

Q1) Write the appropriate unit to measure the weight of the following-

- a) a car – kg
- b) a leaf - g
- c) a paper – g
- d) a flour bag- kg
- e) weight of your body – kg

ENGLISH

Practice Assignment: Revise Helping Verbs (is/am/are) for class test on Monday (6.10.2025)