

XAVRONICLE

SEASONAL ECHOES OF A MAGICAL TIME
GRADES IX-XII

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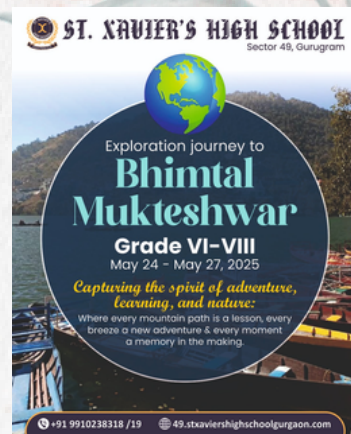
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SCHOLAR'S DAY

ST. XAVIER'S HIGH SCHOOL, SECTOR 49 HOSTED SCHOLARS' DAY: AFICIONADO 2024, A GRAND CELEBRATION OF ACADEMIC EXCELLENCE AND STUDENT ACHIEVEMENT. THE EVENT WAS GRACED BY ESTEEMED DIGNITARIES INCLUDING CHIEF GUEST DR. JAYANTI DUTTA, A RENOWNED CLINICAL PSYCHOLOGIST AND ACADEMICIAN, GUEST OF HONOUR REV. BENDANG TOSHI, DIRECTOR-PRINCIPAL MS. RITU MEHTA, ALONG WITH THE SCHOOL LEADERSHIP TEAM. THE CEREMONY BEGAN WITH THE TRADITIONAL LAMP LIGHTING, JOINED BY THE GRANDPARENTS OF THE SCHOLARS, FOLLOWED BY A SOULFUL HYMN AND BLESSINGS FROM REVEREND TOSHI, SETTING A SERENE AND MEANINGFUL TONE. DIRECTOR-PRINCIPAL MS. RITU MEHTA ADDRESSED THE GATHERING, HIGHLIGHTING THE VALUE OF PERSEVERANCE AND EXCELLENCE IN EDUCATION.

THE PROCESSIONAL MARCH BY SCHOLARS OF GRADES VI-VIII, 100% ATTENDEES, AND SUPER SCHOLARS SHOWCASED PRIDE AND ACCOMPLISHMENT. THE FELICITATION CEREMONY HONoured THEIR ACADEMIC ACHIEVEMENTS, INSPIRING CONTINUED COMMITMENT TO LEARNING. A VIBRANT DANCE PERFORMANCE ADDED CREATIVE FLAIR, WHILE CHIEF GUEST DR. DUTTA SHARED WORDS OF WISDOM ON PASSION, HARD WORK, AND DEDICATION. THE EVENT CONCLUDED WITH A HEARTFELT VOTE OF THANKS BY HEADMISTRESS MS. GEETA KANWAR, FOLLOWED BY THE SCHOOL SONG AND NATIONAL ANTHEM, INSTILLING A SENSE OF PRIDE AND UNITY AMONG ALL PRESENT.



INTERNATIONAL YOGA DAY

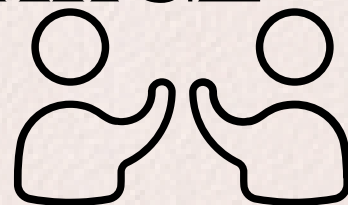
ST. XAVIER'S HIGH SCHOOL, SECTOR 49 CELEBRATED INTERNATIONAL YOGA DAY WITH A SERENE AND PURPOSEFUL ASSEMBLY. THE EVENT WAS ORGANIZED IN ALIGNMENT WITH THE GLOBAL THEME "YOGA FOR ONE EARTH, ONE HEALTH," HIGHLIGHTING THE CONNECTION BETWEEN PERSONAL WELL-BEING AND PLANETARY HARMONY.

STUDENTS AND STAFF GATHERED TO EXPERIENCE THE TRANSFORMATIVE POWER OF YOGA THROUGH A GUIDED SESSION LED BY MS. VANDANA GUPTA, A RENOWNED YOGA TRAINER AND REIKI PRACTITIONER. HER EXPERT GUIDANCE HELPED PARTICIPANTS ENGAGE IN BREATHING EXERCISES AND YOGA POSTURES THAT PROMOTED BALANCE, CALM, AND MINDFULNESS.

THE ATMOSPHERE WAS FILLED WITH UNITY, STILLNESS, AND RENEWED ENERGY AS PARTICIPANTS PRACTICED TOGETHER. THE SESSION ENCOURAGED SELF-AWARENESS, INNER PEACE, AND A DEEPER UNDERSTANDING OF HOLISTIC HEALTH. THE SCHOOL COMMUNITY EMBRACED THE SPIRIT OF YOGA AS A MEANS OF HEALING BOTH THE SELF AND THE PLANET.



INDO RUSSIAN EXCHANGE PROGRAMME



DAY 1: ARRIVAL & ENGINEERING DAYS

XAVIERIANS BEGAN THEIR INTERNATIONAL EXCHANGE IN ST. PETERSBURG WITH AN ENGAGING INTRODUCTION TO RUSSIA'S INNOVATION HUBS AS PART OF ENGINEERING DAY. THE EXPERIENCE HIGHLIGHTED THE COMING TOGETHER OF CULTURES, AS STUDENTS TRANSITIONED FROM CLASSROOMS IN GURUGRAM TO COLLABORATIVE SPACES IN RUSSIA. LIVING WITH HOST FAMILIES, SHARING MEALS, AND ADAPTING TO NEW ENVIRONMENTS HELPED THEM FORM BONDS THAT TRANSCENDED LANGUAGE, PROVING THAT TRUE EXCHANGE BEGINS WHEN HEARTS CONNECT. THE DAY LAID THE FOUNDATION FOR CROSS-CULTURAL FRIENDSHIPS AND GLOBAL THINKING, WHERE FUTURE POSSIBILITIES WERE SHAPED THROUGH INTERACTION AND MUTUAL RESPECT.



INDO RUSSIAN EXCHANGE PROGRAMME

DAY2: PAVLOVSK PALACE & PARK

STUDENTS EXPLORED THE GRANDEUR OF PAVLOVSK PALACE AND PARK, IMMERSING THEMSELVES IN THE ARCHITECTURAL AND CULTURAL HERITAGE OF IMPERIAL RUSSIA. WALKING THROUGH ITS HISTORIC GROUNDS, THEY GAINED INSIGHTS INTO CENTURIES OF HISTORY THAT SPOKE NOT JUST THROUGH MONUMENTS, BUT ALSO THROUGH THOUGHTFUL REFLECTION. THE VISIT OFFERED A DEEPER UNDERSTANDING OF RUSSIAN ART, TRADITION, AND VALUES, ENHANCING THEIR GLOBAL PERSPECTIVE AND APPRECIATION FOR WORLD HISTORY.



INDO RUSSIAN EXCHANGE PROGRAMME

DAY 3: SAINT PETERSBURG MINING UNIVERSITY & MUSEUMS

THE THIRD DAY TOOK STUDENTS TO THE ESTEEMED SAINT PETERSBURG MINING UNIVERSITY AND SEVERAL LOCAL MUSEUMS, WHERE THEY OBSERVED THE INTERSECTION OF SCIENCE AND ART. FROM STUDYING MINERAL FORMATIONS TO ADMIRING TIMELESS ARTISTIC CREATIONS, XAVIERIANS DISCOVERED HOW CURIOSITY AND EXPLORATION HAVE DRIVEN HUMAN ADVANCEMENT THROUGH TIME. THE VISIT REINFORCED THE IMPORTANCE OF INTEGRATING STEM EDUCATION WITH CULTURAL APPRECIATION, NURTURING WELL-ROUNDED LEARNERS EQUIPPED TO THRIVE IN GLOBAL CLASSROOMS.



INDO RUSSIAN EXCHANGE PROGRAMME

DAY 4: MEETING WITH CITY GOVERNMENT

THE HIGHLIGHT OF THE FOURTH DAY WAS A FORMAL MEETING WITH KEY OFFICIALS FROM THE CITY GOVERNMENT. REPRESENTING ST. XAVIER'S HIGH SCHOOL WITH DISTINCTION, DIRECTOR MR. MOHIT SACHDEVA ENGAGED IN DIPLOMATIC DIALOGUE WITH DIGNITARIES INCLUDING MR. ANATOLY YATSKO (DEPUTY HEAD, EDUCATION DEPARTMENT, NEVSKY DISTRICT), MS. ELENA BALAKINA (HEAD, DEPARTMENT OF CERTIFICATION AND ADVANCED TRAINING OF TEACHING STAFF), AND MR. ALEKSEI MICHAILOV (CHAIRMAN, COMMITTEE FOR THE STATE PRESERVATION OF CULTURAL AND HISTORICAL MONUMENTS). THE INTERACTION UNDERScoreD THE SCHOOL'S COMMITMENT TO YOUTH LEADERSHIP, INTERNATIONAL COLLABORATION, AND CULTURAL DIPLOMACY, PROVIDING STUDENTS WITH A FIRST-HAND VIEW OF HOW GLOBAL EDUCATIONAL TIES ARE FOSTERED THROUGH RESPECTFUL DIALOGUE AND VISIONARY LEADERSHIP



BHIMTAL-MUKTESHWAR EXPEDITION

DAY 1: MYSTIC LANDSCAPES OF BHIMTAL & MUKTESHWAR

XAVERIANS OF GRADE X EMBARKED ON A THRILLING ESCAPADE TO THE SERENE HEIGHTS OF BHIMTAL AND MUKTESHWAR, SURROUNDED BY THE MAJESTIC PANORAMA OF THE HIMALAYAS. THEIR JOURNEY BEGAN WITH CHEERFUL ANTICIPATION, MARKED BY A SCENIC DRIVE AND A HEARTY BREAKFAST AT KATHGODAM. ON ARRIVAL, THE STUDENTS WERE MESMERISED BY THE ROLLING HILLS, LUSH GREENERY, AND TRANQUIL AMBIENCE. THE DAY CONCLUDED WITH A WHOLESOME DINNER AND MUCH-NEEDED REST AMIDST NATURE'S CALM. THE MYSTIC CHARM OF MUKTESHWAR OFFERED A DEEP SENSE OF AWE, REFLECTION, AND CONNECTION WITH NATURE. THE ENRICHING EXPERIENCE SET THE PERFECT TONE FOR THE DAYS OF EXPLORATION AHEAD.



DAY 2: NATURE'S SPLENDOUR AND RUSTIC CHARM EXPLORED AT BHALU GAAD & APPLE ORCHARD

ST. XAVIER'S HIGH SCHOOL, SECTOR 49 EMBRACED THE NATURAL WONDERS OF UTTARAKHAND ON THE SECOND DAY OF THE ESCAPADE WITH AN INVIGORATING VISIT TO THE PICTURESQUE BHALU GAAD WATERFALLS. TREKKING THROUGH FOREST TRAILS AND THE SOOTHING SOUND OF CASCADING WATER OFFERED STUDENTS A REFRESHING AND ADVENTUROUS EXPERIENCE AMIDST PRISTINE SURROUNDINGS. THE EXPLORATION CONTINUED WITH A VISIT TO A LOCAL APPLE ORCHARD, WHERE STUDENTS OBSERVED TRADITIONAL FARMING PRACTICES AND TASTED FRESH, JUICY APPLES STRAIGHT FROM THE TREES. THE DAY BROUGHT STUDENTS CLOSER TO NATURE AND RURAL LIFE, ENCOURAGING REFLECTION AND APPRECIATION FOR THE REGION'S AGRICULTURAL RICHNESS. LAUGHTER AND CURIOSITY FILLED THE AIR AS XAVERIANS ENGAGED WITH LOCAL CULTURE IN A MEANINGFUL WAY. THE DAY ENDED WITH HEARTS FULL OF WONDER AND A DEEPER CONNECTION TO THE LAND THEY EXPLORED.



DAY 3: THRILLS, TEAMWORK AND DEVOTION EXPERIENCED AT MUKTESHWAR

ST. XAVIER'S HIGH SCHOOL, SECTOR 49 CONTINUED ITS UTTARAKHAND ESCAPADE WITH A DYNAMIC THIRD DAY THAT BEAUTIFULLY BLENDED SPIRITUALITY, ADVENTURE, AND CAMARADERIE. THE DAY COMMENCED WITH A SERENE VISIT TO THE REVERED MUKTESHWAR TEMPLE, WHERE XAVERIANS OFFERED PRAYERS AND ABSORBED THE DIVINE ENERGY OF THE SACRED SITE. THIS WAS FOLLOWED BY ADRENALINE-FILLED ZIP LINING AND ROPE COURSE CHALLENGES THAT PUSHED THE STUDENTS TO TEST THEIR COURAGE AND ENDURANCE. TEAM-BUILDING ACTIVITIES ENCOURAGED UNITY, COMMUNICATION, AND MUTUAL SUPPORT AMONG THE PARTICIPANTS. AS EVENING APPROACHED, A HIGH-ENERGY DJ NIGHT BROUGHT STUDENTS TOGETHER ON THE DANCE FLOOR, CELEBRATING THE SPIRIT OF FRIENDSHIP AND JOY. THE DAY CONCLUDED WITH CHERISHED MEMORIES AND A STRONGER SENSE OF TOGETHERNESS AMONG ALL.



DAY 4: REFLECTIONS OF EUPHORIA EXPERIENCED AT BHIMTAL

ST. XAVIER'S HIGH SCHOOL, SECTOR 49 CONCLUDED ITS BHIMTAL MUKTESHWAR EXCURSION WITH A PEACEFUL VISIT TO THE SCENIC BHIMTAL LAKE, WHERE STUDENTS SOAKED IN THE SERENITY AND REFLECTED ON THEIR MEMORABLE JOURNEY. SURROUNDED BY NATURE'S SPLENDOUR, THE YOUNG VOYAGERS FOUND A MOMENT OF CALM TO CHERISH THE ADVENTURE THEY HAD LIVED. A DELIGHTFUL LUNCH AT KATHGODAM ADDED FLAVOUR TO THE DAY FILLED WITH LAUGHTER AND SHARED STORIES. THE RETURN JOURNEY WAS WRAPPED IN NOSTALGIA AS STUDENTS REMINISCED ABOUT NEW FRIENDSHIPS AND UNFORGETTABLE EXPERIENCES. THE EXCURSION PROVED TO BE MORE THAN A TRIP—IT WAS A CELEBRATION OF DISCOVERY, BONDING, AND JOY. EACH STUDENT RETURNED WITH A HEART FULL OF MEMORIES AND A SPIRIT ENRICHED BY EXPLORATION.



ANTI BULLYING SESSION

ST. XAVIER'S HIGH SCHOOL, SECTOR 49 CONDUCTED A MANDATORY WEBINAR ON ANTI-BULLYING AWARENESS, REAFFIRMING THE SCHOOL'S UNWAVERING COMMITMENT TO THE SAFETY AND EMOTIONAL WELL-BEING OF ITS STUDENTS. THE SESSION WAS FACILITATED BY THE SCHOOL COUNSELLORS AND AIMED AT EDUCATING PARENTS ABOUT THE VARIOUS MEASURES UNDERTAKEN TO CREATE A RESPECTFUL AND SECURE SCHOOL ENVIRONMENT.

THE WEBINAR FOCUSED ON PREVENTIVE STRATEGIES IMPLEMENTED BY THE SCHOOL, RECOGNISING EARLY SIGNS OF BULLYING, AND OUTLINING THE STRUCTURED PROCEDURES IN PLACE FOR TIMELY INTERVENTION AND RESOLUTION. PARENTS WERE GUIDED ON PRACTICAL WAYS TO COLLABORATE EFFECTIVELY WITH THE SCHOOL IN SUPPORTING STUDENTS' MENTAL AND EMOTIONAL HEALTH. THE INFORMATIVE SESSION PROMOTED AWARENESS, EMPATHY, AND SHARED RESPONSIBILITY, STRENGTHENING THE SCHOOL-HOME PARTNERSHIP IN ENSURING A SAFE AND INCLUSIVE LEARNING SPACE FOR ALL.



INTER HOUSE BASKETBALL COMPETITION

THE INTER-HOUSE BASKETBALL COMPETITION AT ST. XAVIER'S HIGH SCHOOL, SECTOR 49 WAS A THRILLING DISPLAY OF ATHLETICISM, TEAMWORK, AND HOUSE SPIRIT. THE COURT BUZZED WITH ENERGY AS STUDENTS DRIBBLED, PASSED, AND SCORED WITH PRECISION, SHOWCASING THEIR PASSION FOR THE GAME. WITH QUICK FOOTWORK, STRONG DEFENSE, AND STRATEGIC PLAY, EACH HOUSE BROUGHT THEIR BEST TO THE TOURNAMENT, MAKING EVERY MATCH A SPECTACLE.

THE FINALS SAW AN INTENSE SHOWDOWN WHERE DETERMINATION AND COORDINATION TOOK CENTER STAGE. AFTER A SERIES OF EXHILARATING MATCHES, PATRICK HOUSE EMERGED VICTORIOUS IN THE BOYS' CATEGORY, WHILE NICHOLAS HOUSE SECURED THE WIN IN THE GIRLS' DIVISION. THE WINNING TEAMS WERE APPLAUDED FOR THEIR OUTSTANDING PERFORMANCE, AND THE COMPETITION SERVED AS A CELEBRATION OF SPORTSMANSHIP, RESILIENCE, AND UNITY. THE EVENT ALSO HIGHLIGHTED THE VALUE OF DISCIPLINE AND COOPERATION, AS PLAYERS LEARNED TO TRUST THEIR TEAMMATES AND RISE TO CHALLENGES. IT WAS A MEMORABLE EXPERIENCE THAT LEFT BOTH PLAYERS AND SPECTATORS INSPIRED AND PROUD.



INVESTITURE CEREMONY 2025-26



A proud and inspiring day unfolded on May 3, 2025, as St. Xavier's High School formally instated its recently tagged Student Council in a grand Investiture form. The event was graced by our recognized Chief Guest, Mr. Sumit Kumar Additional Commissioner, Municipal Corporation, Gurugram, whose words of stimulant added depth to the occasion.



The form celebrated leadership, responsibility, and School values through emblematic rituals, inspiring addresses, and sincere pledges. Congratulations to all our new council members — may you uphold your duties with courage, commitment, and modesty!



LABOUR'S DAY ASSEMBLY

St. Xavier's High School, Sector 49 commemorated Labour Day with a heartfelt special assembly that celebrated the dignity of labour and the value of gratitude in everyday life. The highlight of the event was a powerful Nukkad Natak performance by the students, which conveyed a strong social message about respecting every role in society, regardless of status or profession.

The performance captured the audience's attention with its energy, creativity, and meaningful narrative, showcasing the immense talent and sensitivity of Xavierians. The event not only honoured the contribution of workers across all walks of life but also encouraged students to recognise and appreciate the efforts behind everyday services.

Through this celebration, students demonstrated their awareness of social values and responsibility, reinforcing the importance of empathy and equality. The event was a fine blend of student talent, impactful storytelling, and community awareness, leaving a lasting impression on all present.



CAREER LAUNCHER WEBINAR

IN THE MONTH OF MAY, ST. XAVIER'S HIGH SCHOOL, SECTOR 49, ORGANIZED AN INFORMATIVE AND INTERACTIVE CAREER LAUNCHER WORKSHOP FOR STUDENTS OF GRADES 11 AND 12. THE SESSION WAS SPECIALLY DESIGNED FOR STUDENTS FROM THE COMMERCE AND HUMANITIES STREAMS, AS WELL AS THOSE WHO ARE NOT APPEARING FOR JEE OR NEET.

THE WORKSHOP AIMED TO SPREAD AWARENESS ABOUT THE CUET (COMMON UNIVERSITY ENTRANCE TEST)—A KEY EXAM FOR ADMISSION TO VARIOUS CENTRAL AND OTHER UNIVERSITIES. EXPERTS FROM CAREER LAUNCHER GUIDED STUDENTS ON THE EXAM'S PATTERN, SYLLABUS, TIME MANAGEMENT, AND SMART STRATEGIES TO PREPARE EFFECTIVELY.

ADDITIONALLY, STUDENTS WERE GIVEN INSIGHTFUL TIPS ON STREAM-SPECIFIC CAREER OPTIONS, FUTURE OPPORTUNITIES, AND HOW TO PLAN AHEAD CONFIDENTLY.

THE SESSION CONCLUDED WITH A LIVELY QUESTION-AND-ANSWER ROUND, WHERE STUDENTS GOT A CHANCE TO CLEAR THEIR DOUBTS. USEFUL PAMPHLETS AND MATERIAL WERE ALSO DISTRIBUTED TO HELP THEM ACCESS ADDITIONAL RESOURCES AND CONTINUE THEIR JOURNEY OF CAREER EXPLORATION.

OVERALL, THE WORKSHOP WAS HIGHLY BENEFICIAL AND MOTIVATING FOR STUDENTS, EQUIPPING THEM WITH THE RIGHT INFORMATION AND MINDSET TO MAKE WELL-INFORMED DECISIONS ABOUT THEIR FUTURE.

INTERNSHIP AT BITS PILANI AND BITS GOA

Our outstanding team from St. Xavier's High School, Sec-49, Gurugram deserves a hearty round of congratulations for placing second in the Innovative Pitching Competition at the BITS Pilani Young Entrepreneurs Bootcamp - Goa Chapter!

Our students, Pavni Aggrawal (XI), Avni Singh (XI), Nandini Rai (X), and Gauhar Bilandani (IX), were among the 33 finalist teams from all around India. They wowed the judges with their innovative idea: a safety-focused app for women travelling alone in India.



Sincere congrats to the students of St. Xavier's High School, Sec-49, Gurugram, who had been chosen for the esteemed BITS Pilani Summer School Program!

With this accomplishment, a fascinating academic journey full of learning, creativity, and personal development has begun. Their commitment, curiosity, and desire to succeed outside of the classroom are demonstrated by their inclusion in such a distinguished program.

XAV SPORTS CHAMPIONSHIP 2025

The XAV Sports Championship 2025 was proudly held at St. Xavier's High School, Sec-49, Gurugram. It was a lively celebration of sportsmanship, teamwork, and school pride!

Leading schools in Gurugram, such as DPS, Shalom Hills, Presidium, Satya School, MRIS Sec-46, Lotus Valley, and many more, enthusiastically participated in the competition. Across an exciting schedule of events, including basketball, football, cricket, lawn tennis, and swimming, students competed fiercely but sportily.

Young athletes showed passion, discipline, and true sportsmanship as they gave it their all on the courts, fields, and pools. The occasion served as a celebration of the youth's unbreakable spirit and solidarity via competition.



ST. XAVIER'S HIGH SCHOOL
Sector 49, Gurugram

XAV

SPORTS CHAMPIONSHIP 2025

Showcasing power, precision & action

April 23-April 24, 2025
Wednesday - Thursday
8:30 am onwards

Football	Lawn Tennis	Swimming	Basketball	Cricket
U-13	U-12	U-12 & U-14	U-15	U-13
Boys	Mixed	Boys & Girls	Boys & Girls	Boys



BEING RESOLUTE

GRADE X-C DELIVERED A DYNAMIC AND INSPIRING MORNING ASSEMBLY CENTERED ON THE THEME "BEING RESOLUTE," SPARKING A WAVE OF MOTIVATION ACROSS THE SCHOOL. THE ASSEMBLY OPENED WITH A THOUGHT-PROVOKING TED-STYLE TALK THAT URGED STUDENTS TO STAY COMMITTED TO THEIR GOALS, NO MATTER THE OBSTACLES. THIS WAS FOLLOWED BY A POWERFUL MUSICAL PERFORMANCE OF "HALL OF FAME," RESONATING WITH THE SPIRIT OF COURAGE AND PERSISTENCE. THE HIGHLIGHT OF THE MORNING WAS THE FELICITATION CEREMONY WHERE OUR HONORABLE DIRECTOR PRINCIPAL CELEBRATED THE HARD WORK AND ACHIEVEMENTS OF BOARD TOPPERS, INSPIRING EVERY STUDENT TO STRIVE FOR EXCELLENCE. THE ENTHUSIASM, ENERGY, AND UNITY DISPLAYED BY GRADE X-C MADE THIS ASSEMBLY A TRUE TESTAMENT TO RESILIENCE, TALENT, AND UNWAVERING DETERMINATION.

A TRULY UNFORGETTABLE MORNING THAT LEFT EVERY HEART IGNITED WITH PURPOSE AND PRIDE!





CBP WORKSHOP ON GENDER SENSITIVITY

A POWERFUL CBP WORKSHOP ON GENDER SENSITIVITY WAS HELD AT ST. XAVIER'S HIGH SCHOOL IN SECTOR 49, GURUGRAM, WITH THE HELP OF MR. MADAN LAL SAWHNEY, CBSE MASTER TRAINER. ABOUT 60 TEACHERS FROM DIFFERENT GURUGRAM SCHOOLS CAME TOGETHER FOR THE PROGRAM TO PARTICIPATE IN A DAY OF EDUCATION, INTROSPECTION, AND CHANGE.

IN ADDITION TO CHALLENGING GENDER STEREOTYPES AND PROMOTING THE USE OF INCLUSIVE LANGUAGE AND LESSON DESIGN, THE EVENT INCLUDED STIMULATING CONVERSATIONS, REAL-WORLD CASE STUDIES, AND INTERACTIVE EXERCISES. AFTER THE EVENT, EDUCATORS FELT MORE ASSURED AND PREPARED TO DESIGN CLASSROOMS THAT ARE MORE INCLUSIVE, RESPECTFUL, AND GENDER-BALANCED



POSCO WORKSHOP

TIN PARTNERSHIP WITH PROJECT CACA, ST. XAVIER'S HIGH SCHOOL, SECTOR 49, GURUGRAM, HELD A CAPACITY BUILDING WORKSHOP ON THE POSCO ACT FOR ITS ADMINISTRATIVE AND HOUSEKEEPING PERSONNEL ON SATURDAY, JULY 5, 2025.

THE POSCO ACT'S GOAL, REPORTING PROCEDURES, THE VALUE OF CONFIDENTIALITY, AND A SUMMARY OF CHILD-FRIENDLY COURTS WERE THE MAIN TOPICS OF THE SESSION, WHICH WAS LED BY MS. ANSHU PRIYA AND PRESENTED IN HINDI FOR ACCESSIBILITY. THE SESSION REINFORCED THE SCHOOL'S COMMITMENT TO CHILD SAFETY BY ENHANCING THE SUPPORT STAFF'S AWARENESS, ACCOUNTABILITY, AND LEGAL SENSITIVITY.

WE SINCERELY CONGRATULATE THE DIRECTOR PRINCIPAL, MS. RITU MEHTA, FOR HER INSPIRING LEADERSHIP IN CREATING A CULTURE OF AWARENESS AND SAFETY WITHIN THE SCHOOL COMMUNITY..



INTER SCHOOL CRICKET TOURNAMENT



WE ARE PLEASED TO REPORT THAT, DESPITE FACING SOME OF THE BEST SCHOOLS IN THE AREA, ST. XAVIER'S HIGH SCHOOL, SECTOR 49, GURUGRAM, PLACED AN OUTSTANDING SECOND IN THE FUTURE CHAMPS 3.0 INTER SCHOOL CRICKET TOURNAMENT!

OUR YOUNG CRICKET PLAYERS DEMONSTRATED PERSEVERANCE, COLLABORATION, AND UNRELENTING PASSION, DEMONSTRATING THAT GREAT CHAMPIONS ARE CHARACTERISED BY THEIR SPORTSMANSHIP AND SPIRIT.

INDIVIDUAL HONOURS: BEST BOWLER - RAUNAK GHOSH
BEST BATSMAN - HARITH NARULA KARAAN RAGHAV WAS THE MATCH'S FIGHTER.

A SPECIAL THANK YOU TO COACH MR. ROHIT RAWAT FOR HIS UNWAVERING SUPPORT AND DIRECTION. THIS ACCOMPLISHMENT EMBODIES TEAM XAVIER'S SPIRIT AND WORK ETHIC, WHERE EACH GAME IS A STEP CLOSER TO GREATNESS!



INTERNATIONAL YOGA DAY CELEBRATION



ST. XAVIER'S HIGH SCHOOL

Sector 49, Gurugram

INTERNATIONAL Yoga Day

June 21, 2025

Theme- 'Yoga for One Earth, One Health'

Time: 8:00 AM | Venue: School Atrium

*Let's Breathe in Harmony to Breathe Out Healing
For Ourselves and the Planet!*

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INTERNATIONAL YOGA DAY WAS CELEBRATED WITH GREAT ENTHUSIASM AT ST. XAVIER'S HIGH SCHOOL ON 21ST JUNE 2025, HIGHLIGHTING THIS YEAR'S THEME – "YOGA FOR ONE EARTH, ONE HEALTH." THE SESSION WAS GRACEFULLY LED BY MS. VANDANA GUPTA, A TRAINED YOGA PRACTITIONER UNDER THE GUIDANCE OF YOGA GURU MS. SINDU SANJITH.

THE EVENT SAW ACTIVE PARTICIPATION FROM STAFF AND PARENTS, BEGINNING WITH A WARM WELCOME AND GUEST FELICITATION. THE YOGA SESSION WAS THOUGHTFULLY STRUCTURED INTO FOUR PARTS – A SOULFUL PRAYER CONNECTING WITH THE FIVE ELEMENTS, CALMING PRANAYAMA EXERCISES, REJUVENATING YOGA ASANAS INCLUDING SURYA NAMASKAR AND HATHA YOGA POSTURES, AND A PEACEFUL MANTRA MEDITATION SESSION FOCUSED ON OM CHANTING.

MS. VANDANA EMPHASIZED THE POWER OF PRESENCE THROUGH MEDITATION, LEAVING PARTICIPANTS WITH A SENSE OF INNER PEACE AND BALANCE. THE SESSION CONCLUDED WITH A COLLECTIVE PLEDGE TO EMBRACE YOGA AS A WAY OF LIFE.

THE CELEBRATION REAFFIRMED THE ROLE OF YOGA IN PROMOTING PHYSICAL, MENTAL, AND SPIRITUAL WELL-BEING, LEAVING EVERYONE INSPIRED TO ADOPT A HEALTHIER LIFESTYLE.

ASSEMBLY ON DISCIPLINE & ACHIEVEMENT

GRADE 10A CAPTIVATED THE AUDIENCE WITH A POWERFUL ASSEMBLY THEMED "DISCIPLINE IS THE BRIDGE TO ACHIEVEMENT." KICKING OFF WITH AN ENGAGING INTERACTIVE SESSION, STUDENTS AND TEACHERS EXPLORED THE ESSENCE OF DISCIPLINE THROUGH THOUGHT-PROVOKING QUESTIONS AND WITTY REFLECTIONS.

A SOULFUL MUSICAL PERFORMANCE FOLLOWED, BEAUTIFULLY ILLUSTRATING DISCIPLINE AS A GUIDING RHYTHM, NOT A RESTRICTION. THE HIGHLIGHT WAS A HEARTFELT DISCIPLINE OATH TAKEN BY ALL, PLEDGING COMMITMENT TO TIME, CONSISTENCY, AND RESPONSIBILITY. THE EVENT CONCLUDED WITH INSPIRING WORDS FROM OUR DIRECTOR PRINCIPAL, MS. RITU MEHTA: "DISCIPLINE IS NOT ABOUT CONTROL; IT IS THE ART OF SELF-MASTERY."

KUDOS TO 10A FOR DELIVERING AN ASSEMBLY THAT WAS NOT JUST INSIGHTFUL BUT TRULY INSPIRING.

