

NOURISH TODAY, FLOURISH TOMORROW

EVENT: Class Assembly on 'National Nutrition Week'

DATE: 1 September 2025

CONDUCTED BY: Class 6C

Class 6C conducted today's morning assembly on the theme **National Nutrition Week**. The program emphasized the significance of **healthy eating habits and balanced nutrition** in our daily lives.

A highlight of the assembly was the heartfelt recitation of the poem "*Nourish Today, Flourish Tomorrow*", which inspired everyone to make mindful food choices for a healthier future.

The assembly also witnessed the distribution of certificates to students who had participated in the **Geeta Chanting competition**, motivating them to continue their journey with dedication and enthusiasm.

