

## NATIONAL SPORTS DAY

### **ACTIVITY: National Sports Day Celebration**

**DATE: 29 August 2025**

Today, we proudly celebrated **National Sports Day** and extended our warm wishes to everyone on this special occasion. The day holds great significance as the nation salutes the spirit of sports and pays tribute to the legendary **Major Dhyan Chand**, whose remarkable legacy continues to inspire generations.

To mark the occasion, students enthusiastically took part in the **Fit India Pledge**, reaffirming their commitment to health, fitness, and discipline. The celebrations also included engaging **yoga and fitness activities**, which not only promoted physical well-being but also encouraged students to adopt healthy habits in their daily lives.



Adding a cultural touch, children also played **indigenous games of India**—traditional games that have been enjoyed for centuries and are deeply rooted in our heritage. These games brought immense joy, teamwork, and energy to the celebrations, while reminding students of the richness of India's cultural legacy in sports.