

## NO EXAM BIGGER THAN DETERMINATION

**EVENT: Assembly on Coping up with Exam Stress**

**DATE: 22 August 2025**

**CONDUCTED BY: Class 9C**

Exams are a part of every student's journey, but they should never overshadow confidence and positivity. To help everyone stay calm and focused, Class IX-C conducted an enlightening assembly on the theme **“How to Cope Up with Exam Stress.”**

The assembly began with a soulful prayer, reminding us that no exam is bigger than our determination and faith. Students highlighted the importance of discipline, explaining how a calm and organized mind is the strongest weapon against stress and anxiety.

A special highlight of the assembly was a **self-composed poem titled “Chill Maar, Exam Hai Yaar!”** The poem beautifully conveyed the message that exams are just a way to test our knowledge, not our worth, and that with the right mindset, we can overcome any challenge.

Through this assembly, students were motivated to replace stress with self-belief, proper planning, and a positive attitude. It was truly an inspiring start to the day, leaving everyone with a clear message: *Stay calm, stay confident, and give your best—success will follow!*

